Self-completion questionnaire (10 - 15 yrs)

<table>
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<th>Point.No</th>
<th>Address</th>
<th>HH.No</th>
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<td>First name</td>
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<td>F/Area</td>
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Understanding Society

ESW
P2822 W1
10-15s
COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered simply by ticking the box next to the answer, as in the example below. Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example Question

Q16 Did you have breakfast today?

Yes ☑
No          ➔ 18

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.
1. Please write your date of birth.

Day  Month  Year

2. Please tick whether you are male or female.

Male  Female

3. Do you ever use a computer at home? This includes computers for playing games but not games consoles.

Yes  No

Don’t have a computer at home

4. How often do you use a computer at home for doing schoolwork or course work?

Every day
At least once a week
At least once a month
Less often than once a month
Never
5. How many hours do you spend using the computer at home for playing games on a normal school day?

   - None
   - Less than an hour
   - 1-3 hours
   - 4-6 hours
   - 7 or more hours

6. How often do you use the computer at home for connecting to the Internet, including for playing games?

   - Every day
   - At least once a week
   - At least once a month
   - Less often than once a month
   - Never

7. Do you belong to a social web-site such as Bebo, Facebook or MySpace?

   - Yes
   - No
8. How many hours do you spend chatting or interacting with friends through a social web-site like that on a normal school day?

<table>
<thead>
<tr>
<th>None</th>
<th>Less than an hour</th>
<th>1-3 hours</th>
<th>4-6 hours</th>
<th>7 or more hours</th>
</tr>
</thead>
</table>

9. Do you or anyone else in your house have a games console such as Playstation, X-Box, Wii or something like that?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>10</th>
<th>11</th>
</tr>
</thead>
</table>

10. How many hours do you spend playing games on a games console on a normal school day?

<table>
<thead>
<tr>
<th>None</th>
<th>Less than an hour</th>
<th>1-3 hours</th>
<th>4-6 hours</th>
<th>7 or more hours</th>
</tr>
</thead>
</table>

11. How many hours do you spend watching TV, including video and DVDs, on a normal school day?

YPTVVIDHRS

- None
- Less than an hour
- 1-3 hours
- 4-6 hours
- 7 or more hours

12. Do you have your own personal mobile phone?

YPMOBU

- Yes
- No

13. How many close friends do you have – friends you could talk to if you were in some kind of trouble?

YPNPAL

Write in number
The next few questions are about you and your family.

14 In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you?

- None
- 1-2 times
- 3-5 times
- 6-7 times

15 Do you feel supported by your family, that is the people who live with you?

- I feel supported by my family in most or all of the things I do
- I feel supported by my family in some of the things I do
- I do not feel supported by my family in the things I do

16 Suppose you felt upset or worried about something and you wanted to talk about it. Who would you turn to first within your family? Please tick one box only.

- Mum or stepmum
- Dad or stepdad
- A brother or sister (or step-brother/sister)
- Another relative living with you
- Another relative not living with you
- No-one within my family
17. In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were?

- Never
- 1-2 times
- 3-9 times
- 10 or more times

18. Do you have any brothers or sisters living with you at home?

- Yes
- No

19. How often do any of your brothers or sisters do any of the following to you at home?

- Hit, kick, or push you
- Take your belongings
- Call you nasty names
- Make fun of you

Options:
- Never
- Not much (1-3 times in last 6 months)
- Quite a lot (more than 4 times in the last 6 months)
- A lot (a few times every week)
### 20. How often do you do any of the following to your brothers or sisters at home?

<table>
<thead>
<tr>
<th>Action</th>
<th>Never (1-3 times in last 6 months)</th>
<th>Not much (more than 4 times in the last 6 months)</th>
<th>Quite a lot (a few times every week)</th>
<th>A lot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hit, kick, or push them</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Take their belongings</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Call them nasty names</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Make fun of them</td>
<td></td>
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</table>

### 21. The next few questions are about your relationship with your parents even if either of them live in a different household to you.

#### Most children have occasional quarrels with their parents.

**How often do you quarrel with your mother?**

- Most days
- More than once a week
- Less than once a week
- Hardly ever
- Don’t have a mother
22. How often do you quarrel with your father?

- Most days  
- More than once a week  
- Less than once a week  
- Hardly ever  
- Don’t have a father

23. How often do you talk to your mother, about things that matter to you?

- Most days  
- More than once a week  
- Less than once a week  
- Hardly ever  
- Don’t have a mother

24. How often do you talk to your father, about things that matter to you?

- Most days  
- More than once a week  
- Less than once a week  
- Hardly ever  
- Don’t have a father
Now for some questions about how you see yourself as a person. For each item, please tick the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you aren’t absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

<table>
<thead>
<tr>
<th>I try to be nice to other people, I care about their feelings</th>
<th>Not true</th>
<th>Somewhat true</th>
<th>Certainly true</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am restless, I cannot stay still for long</td>
<td></td>
<td></td>
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<tr>
<td>I get a lot of headaches, stomach-aches or sickness</td>
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<td></td>
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<tr>
<td>I usually share with others (food, games, pens, etc.)</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>I get very angry and often lose my temper</td>
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<td></td>
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<tr>
<td>I am usually on my own, I generally play alone or keep to myself</td>
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<tr>
<td>I usually do as I am told</td>
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<td></td>
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<tr>
<td>I worry a lot</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>I am helpful if someone is hurt, upset or feeling ill</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I am constantly fidgeting or squirming</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>I have one good friend or more</td>
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<td></td>
<td></td>
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<tr>
<td>I fight a lot. I can make other people do what I want</td>
<td>Not true</td>
<td>Somewhat true</td>
<td>Certainly true</td>
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<tr>
<td>------------------------------------------------------</td>
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<tr>
<td>I am often unhappy, down-hearted or tearful</td>
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<td>Other people my age generally like me</td>
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<tr>
<td>I am easily distracted, I find it difficult to concentrate</td>
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<tr>
<td>I am nervous in new situations. I easily lose confidence</td>
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<tr>
<td>I am kind to young children</td>
<td></td>
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<tr>
<td>I am often accused of lying or cheating</td>
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<td></td>
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<tr>
<td>Other children or young people pick on me or bully me</td>
<td></td>
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<td></td>
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<tr>
<td>I often volunteer to help others (parents, teachers, children)</td>
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<td></td>
<td></td>
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<tr>
<td>I think before I do things</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>I take things that are not mine from home, school or elsewhere</td>
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<td></td>
<td></td>
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<tr>
<td>I get on better with adults than with people my own age</td>
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<tr>
<td>I have many fears, I am easily scared</td>
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<tr>
<td>I finish the work I’m doing</td>
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</table>
The next few questions are about how you feel about different aspects of your life. The faces express various types of feelings. Below each face is a number where ‘1’ is completely happy and ‘7’ is not at all happy. Please tick the box which comes closest to expressing how you feel about each of the following things....

A Your school work?

B Your appearance?

C Your family?
D Your friends? [EMOTICONS]

E The school you go to? [EMOTICONS]

F Which best describes how you feel about your life as a whole? [EMOTICONS]
The next questions are about school and what you want to happen in the future.

27 How important do you think it is for you to do well in your GCSE exams or Standard Grades (if you live in Scotland)?

- Very important
- Important
- Not very important
- Not at all important

28 At the moment, young people can leave school at 16. What would you most like to do when you are 16?

- Get a full time job
- Study full time
- Get a job and study
- Do something else
- Don’t know

29 Would you like to go on to do further full-time education at a college or University after you finish school?

- Yes
- No
- Don’t know
30. My parents are interested in how I do at school.

YPPARSCH
Always or nearly always
Sometimes
Hardly ever
Never
Not sure

31. My parents come to school parent evenings.

YPPAREVE
Always or nearly always
Sometimes
Hardly ever
Never
Not sure

32. In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day or single lesson?

YPTRUANT
Yes
No
33. How often do other pupils at your school misbehave or cause trouble in your classes?

- In most or all of your classes
- Less often but in more than half of your classes
- In about half your classes
- Now and then
- This is not a problem at all

34. And how often would you say you yourself misbehave or cause trouble in your class?

- In most or all of your classes
- Less often but in more than half of your classes
- In about half your classes
- Now and then
- Never

Now some questions about bullying at school.

35. How often do you get physically bullied at school, for example getting pushed around, hit or threatened, or having belongings stolen?

- Never
- Not much (1-3 times in last 6 months)
- Quite a lot (more than 4 times in last 6 months)
- A lot (a few times every week)
How often do you get bullied in other ways at school such as getting called names, getting left out of games, or having nasty stories spread about you on purpose?

YPFROBULLY

Never □

Not much (1-3 times in last 6 months) □

Quite a lot (more than 4 times in last 6 months) □

A lot (a few times every week) □

Do you physically bully other children at school by hitting or pushing them around, threatening or stealing their things?

YPFRPBULLY

Never □

Not much (1-3 times in last 6 months) □

Quite a lot (more than 4 times in last 6 months) □

A lot (a few times every week) □

Do you physically bully other children in other ways at school such as calling them names, leaving them out of games or spreading nasty stories about them on purpose?

YPFROBULLY

Never □

Not much (1-3 times in last 6 months) □

Quite a lot (more than 4 times in last 6 months) □

A lot (a few times every week) □
Here are a few questions about health and nutrition.

39. How many portions of fresh fruit or vegetables do you eat on a typical day? One portion is one piece of fruit or one serving of a vegetable or salad item.

- 5 or more portions
- 3 – 4 portions
- 1 – 2 portions
- None

40. And how many days in a usual week do you eat fast food such as McDonalds, Burger King, KFC or other take-aways like that?

- Every day, or nearly every day
- About once a week
- Every now and then
- Never or hardly ever

41. How many days in a usual week do you eat crisps or sweets or have fizzy drinks such as Coke or lemonade?

- Every day, or nearly every day
- About once a week
- Every now and then
- Never or hardly ever
42. How many days in a usual week do you play sports, do aerobics or do some other keep fit activity?

- Every day
- 5-6 days
- 3-4 days
- 1-2 days
- Less often than once a week
- Never or hardly ever

43. What is the main way you usually travel to school?

- Walk all the way
- Ride a bike
- By bus or tube
- By car
- By train
- Some other way/combination

44. Do you ever smoke cigarettes at all?

- Yes
- No
Please read the statements below and tick the box beside the statement that describes you best.

I have smoked only once or twice
I used to smoke but I don’t now
I sometimes smoke, but not every week
I usually smoke between one and six cigarettes a week
I usually smoke more than six cigarettes a week

Have you ever had an alcoholic drink?
That is a whole drink, not just a sip.

Yes
No

Do you have any friends who drink alcohol regularly, that is at least once a week?

Yes
No

And would you say that you drink regularly, that is at least once a week?

Yes
No
49. How many times in the last four weeks have you had an alcoholic drink?

- Most days
- Once or twice a week
- 2 or 3 times
- Once only
- Never

50. What is your religion? If you have no religion tick “No religion”.

- No religion
- Church of England/Anglican
- Roman Catholic
- Church of Scotland
- Other Christian
- Muslim/Islam
- Hindu
- Jewish
- Sikh
- Other
- I don’t know
And which of the following groups do you think you belong to? Please choose one section and tick the box that applies to you.

**White**
- British
- English
- Scottish
- Welsh
- Northern Irish
- Irish
- Gypsy or Irish Traveller
- Any other White Background

**Mixed**
- White and Black Caribbean
- White and Black African
- White and Asian
- Any other mixed background

**Asian or Asian British**
- Indian
- Pakistani
The final two questions are about what you want to do in the future.

52. At what age would you like to leave home?

YPLVHM Please write in age:

53. What job would you like to do once you leave school or finish full-time education?

YPSOC YPSOC00 YPSOC10
Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer

Or please return to the address below:

National Centre for Social Research
Unit B2, Admiralty Park, Station Road, Holton Heath, Poole, BH16 6HX