Self-completion questionnaire (10-15 yrs)

INTERVIEWER: WRITE IN FROM CAPI SCREEN

Serial

Person number

First name

Interviewer number

Month

W10 NI
COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered by marking an “x” in the box next to the answer you want to give, as in the example below.

Please complete the questionnaire in black or blue ink, keeping your answers within the boxes. This questionnaire will be read by a scanner so please mark your answers in the spaces provided. If you have made a mistake in your answer or changed your mind please completely fill the box to show the mistake and then put an “x” in the box next to the correct answer.

Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example question

Did you have breakfast today?

Yes [ ]

No [ ]

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.
1. Please write in your date of birth.

Day [ ] [ ] [ ] Month [ ] [ ] [ ] Year [ ] [ ] [ ] [ ] [ ] [ ] [ ]

2. Are you male or female?

Male [ ] Female [ ]

3. How many hours do you spend watching television programmes or films on a normal school day? Please remember to include time spent watching programmes and films on a computer or mobile device as well as on a TV, DVD etc.

None [ ] Less than an hour [ ] 1–3 hours [ ] 4–6 hours [ ] 7 or more hours [ ]

4. How many hours do you spend watching television programmes or films on a weekend, that is on Saturday or Sunday? Again, please include time spent watching programmes and films on a computer or mobile device as well as on a TV, DVD etc.

None [ ] Less than an hour [ ] 1–3 hours [ ] 4–6 hours [ ] 7 or more hours [ ]

5. Do you ever use a computer at home? This includes computers for playing games but not games consoles.

Yes [ ] No [ ] Don’t have a computer at home [ ]

6. How often do you use a computer at home for doing schoolwork or coursework?

Every day [ ] At least once a week [ ] At least once a month [ ] Less often than once a month [ ] Never [ ]

7. How many hours do you spend using the computer at home for playing games on a normal school day?

None [ ] Less than an hour [ ] 1–3 hours [ ] 4–6 hours [ ] 7 or more hours [ ]
8. How often do you use the computer at home for connecting to the internet, including for playing games?
- Every day
- At least once a week
- At least once a month
- Less often than once a month
- Never

9. Do you have a social media profile or account on any sites or apps?
- Yes
- No

10. How many hours do you spend chatting or interacting with friends through a social media web-site or app like that on a normal school day?
- None
- Less than an hour
- 1–3 hours
- 4–6 hours
- 7 or more hours

11. Do you or anyone else in your house have a games console such as a PlayStation, X-Box, Wii or something like that?
- Yes
- No

12. How many hours do you spend playing games on a games console on a normal school day?
- None
- Less than an hour
- 1–3 hours
- 4–6 hours
- 7 or more hours

13. Do you ever play multi-player on-line games?
- Yes
- No
- Don’t know
The next few questions are about you and your family.

14 In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you?
- None
- 1–2 times
- 3–5 times
- 6–7 times

15 About how many hours do you spend doing or helping with housework in an average week, such as time spent tidying your bedroom, cooking, cleaning or doing laundry?
- Don’t do any housework
- Less than one hour
- 1–3 hours
- 4–6 hours
- 7 or more hours

16 In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were?
- Never
- 1–2 times
- 3–9 times
- 10 or more times

17 How many close friends do you have – friends you could talk to if you were in some kind of trouble?
- Write in number

18 Do you have a steady boyfriend or girlfriend?
- Yes
- No

19 Please say whether you strongly agree, agree, disagree, or strongly disagree, that the following statements apply to yourself.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I feel I have a number of good qualities</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I feel that I do not have much to be proud of</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I certainly feel useless at times</td>
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<tr>
<td>I am able to do things as well as most other people</td>
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<tr>
<td>I am a likeable person</td>
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<tr>
<td>I can usually solve my own problems</td>
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<tr>
<td>All in all, I am inclined to feel I am a failure</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>At times I feel I am no good at all</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
### Now some questions about how you spend your free time.

**20** How often do you...

**Put an “x” in one box for each line**

<table>
<thead>
<tr>
<th></th>
<th>Most days</th>
<th>At least once a week</th>
<th>At least once a month</th>
<th>Several times a year</th>
<th>Once a year or less</th>
<th>Never / almost never</th>
</tr>
</thead>
<tbody>
<tr>
<td>Go to a party, dance, disco or nightclub</td>
<td></td>
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<tr>
<td>Go to the cinema</td>
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<tr>
<td>Do painting, drawing, printmaking or sculpture</td>
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<tr>
<td>Go to the theatre (for example play, pantomime or opera)</td>
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<tr>
<td>Use a computer to create original artworks or animation</td>
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<tr>
<td>Go to watch live sport</td>
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<tr>
<td>Go to a pub or bar</td>
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<tr>
<td>Just hang around/mess about near your home</td>
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</tr>
<tr>
<td>Just hang around/mess about in the high street or the town/city centre</td>
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<td></td>
</tr>
</tbody>
</table>

### 21 And how often do you...

**Put an “x” in one box for each line**

<table>
<thead>
<tr>
<th></th>
<th>Most days</th>
<th>At least once a week</th>
<th>At least once a month</th>
<th>Several times a year</th>
<th>Once a year or less</th>
<th>Never / almost never</th>
</tr>
</thead>
<tbody>
<tr>
<td>Go to youth clubs, scouts, girl guides or other organised activities</td>
<td></td>
<td></td>
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<tr>
<td>Go to a library (not your school library)</td>
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<tr>
<td>Go to museums or galleries</td>
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<tr>
<td>Go to visit an historic place or stately home</td>
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<tr>
<td>Do voluntary or community work (including doing this as part of school)</td>
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</tr>
<tr>
<td>Go to a political meeting/march, rally or demonstration</td>
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</tr>
</tbody>
</table>

### 22 Over the past month how many books have you read for pleasure? Please do not include comics or magazines. If you have not read any books please enter zero.

Write in number of books: |
23 Please read each of the following statements and put an “x” in the box that best applies to you.

Put an “x” in one box for each line

<table>
<thead>
<tr>
<th></th>
<th>Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>We discuss books at home</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>We discuss TV programmes we have watched at home</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>My parents/other adults at home buy me books as gifts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>My parents/other adults take me to museums or art galleries</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>My parents/other adults take me to watch sporting events</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>My parents/other adults take me to theatre or to see a dance performance or classical music</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

24 Do you play a musical instrument?

- Yes
- No

25 Which of the following regular classes do you do outside school, if any? Please put an “x” in the boxes next to all the things you do.

- Music
- Art
- Dance
- Sport
- Tutorials for school subjects
- Religious classes
- None of these
- Something else (WRITE IN)
The next few questions are about how you feel about different aspects of your life.

The faces express various types of feelings. Below each face is a number where ‘1’ is completely happy and ‘7’ is not at all happy.

Please put an “x” in the box which comes closest to expressing how you feel about each of the following things...

A. Your school work?

B. Your appearance?

C. Your family?

D. Your friends?

E. The school you go to?

F. Which best describes how you feel about your life as a whole?
The next questions are about school and what you want to happen in the future.

27 How important do you think it is for you to do well in your GCSE exams or National Qualifications (if you live in Scotland)?

- Very important
- Important
- Not very important
- Not at all important

28 The age young people must stay in education or training differs somewhat across the UK. What would you most like to do when you have completed your final GCSE / National Qualification year at around age 16?

- Get a full-time job
- Stay at school or college to do A levels/Highers
- Get an apprenticeship
- Do some other form of training
- Do something else
- Don’t know

29 Would you like to go on to do further full-time education at a college or University after you finish school?

- Yes
- No
- Don’t know

30 In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day or single lesson?

- Yes
- No
- Don’t know
Here are a few questions about health.

31. In general, would you say your health is...
   - Excellent
   - Very good
   - Good
   - Fair
   - Poor

32. Do you have a long-term health problem or disability that limits your day-to-day activities? By long term we mean anything that has lasted, or is expected to last, at least 3 months.
   - Yes, limited a lot
   - Yes, limited a little
   - No

33. Do you ever smoke cigarettes at all? Please do not include electronic cigarettes (e-cigarettes).
   - Yes
   - No

34. Please read the statements below and tick the box beside the statement that describes you best.
   - I have smoked only once or twice
   - I used to smoke but I don’t now
   - I sometimes smoke, but not every week
   - I usually smoke between one and six cigarettes a week
   - I usually smoke more than six cigarettes a week

35. Have you ever used e-cigarettes?
   - I have never used e-cigarettes
   - I have only tried using e-cigarettes once or twice
   - I used e-cigarettes in the past, but never use them now
   - I sometimes use e-cigarettes but less than once a month
   - I use e-cigarettes at least once a month but less than once a week
   - I use e-cigarettes at least once a week

Just to remind you, all your answers are confidential and will not be seen by anyone in your household.

36. Have you ever had an alcoholic drink? That is a whole drink, not just a sip.
   - Yes
   - No
Have you ever tried any of the following...

- Glue/solvent sniffing
- Cannabis (also known as marijuana, dope, hash or skunk)
- Any other illegal drug (including ecstasy, cocaine, speed)

How many times have you ever used or taken any illegal drugs?

- Never
- Once or twice
- Three or four times
- Five to ten times
- More than ten times

How many times in the last four weeks have you had an alcoholic drink?

- Most days
- Once or twice a week
- 2 or 3 times
- Once only
- Never

Thinking back over the last four weeks, how many times (if any) have you had five or more drinks on one occasion? (A ‘drink’ is one pint/bottle/can of beer or cider, 2 alcopops, one small glass of wine, a single measure of spirits).

- None
- Once
- Twice
- Three to five times
- Six to nine times
- Ten times or more

On how many occasions (if any) have you been intoxicated or drunk from drinking alcohol, for example staggered when walking, not being able to speak properly, throwing up or not remembering what happened?

- Never
- Once or twice
- Three or four times
- Five to ten times
- More than ten times

In your lifetime

- 0
- 1-2
- 3-5
- 6-9
- 10-19
- 20-39
- 40 or more

During the last twelve months

During the last four weeks

Have you ever tried any of the following...

- Glue/solvent sniffing
- Cannabis (also known as marijuana, dope, hash or skunk)
- Any other illegal drug (including ecstasy, cocaine, speed)

How many times have you ever used or taken any illegal drugs?

- Never
- Once or twice
- Three or four times
- Five to ten times
- More than ten times
And how much do you think PEOPLE RISK harming themselves, physically and in other ways, if they...

Put an “x” in one box for each line

<table>
<thead>
<tr>
<th>No risk</th>
<th>Slight risk</th>
<th>Moderate risk</th>
<th>Great risk</th>
<th>Don’t know</th>
</tr>
</thead>
</table>
| Try cannabis (marijuana or hash) once or twice
| Smoke cannabis (marijuana or hash) occasionally
| Smoke cannabis (marijuana or hash) regularly
| Try ecstasy once or twice
| Take ecstasy regularly
| Try an amphetamine (uppers, pep pills, speed) once or twice
| Take amphetamines regularly

How difficult do you think it would be for you to get cannabis (marijuana or hash) if you wanted?

<table>
<thead>
<tr>
<th>Impossible</th>
<th>Very difficult</th>
<th>Fairly difficult</th>
<th>Fairly easy</th>
<th>Very easy</th>
<th>Don’t know</th>
</tr>
</thead>
</table>

How much do you think PEOPLE RISK harming themselves, physically and in other ways, if they...

Put an “x” in one box for each line

<table>
<thead>
<tr>
<th>No risk</th>
<th>Slight risk</th>
<th>Moderate risk</th>
<th>Great risk</th>
<th>Don’t know</th>
</tr>
</thead>
</table>
| Smoke cigarettes occasionally
| Smoke one or more packs of cigarettes per day
| Have one or two alcoholic drinks nearly every day
| Have four or five alcoholic drinks nearly every day
| Have five or more alcoholic drinks each weekend

Try cannabis (marijuana or hash) once or twice
Smoke cannabis (marijuana or hash) occasionally
Smoke cannabis (marijuana or hash) regularly
Try ecstasy once or twice
Take ecstasy regularly
Try an amphetamine (uppers, pep pills, speed) once or twice
Take amphetamines regularly
45. How often in the past month have you had a fight with someone that involved physical violence, such as hitting, punching, or kicking?

- None
- Once
- 2–5 times
- 6–9 times
- 10 or more times

46. In the past year, have you deliberately broken or damaged property that didn’t belong to you?

- Never
- Once or twice
- Several times
- Often

47. In the past year, have you taken something from a shop, supermarket, or department store without paying?

- Never
- Once or twice
- Several times
- Often

48. What is your religion? If you have no religion put an “x” in the box “No religion”.

- Catholic
- Presbyterian
- Church of Ireland
- Methodist
- Baptist
- Free Presbyterian
- Brethren
- Protestant – not specified
- Other Christian
- Buddhist
- Hindu
- Jewish
- Muslim
- Sikh
- No religion
- Any other religion
- I don’t know
Now a few questions about the environment.
How often you personally do each of the following things?

49. How often do you leave the TV on standby?
   - Always
   - Very often
   - Quite often
   - Not very often
   - Never
   - We have no TV at home

50. How often do you switch off lights in rooms that aren’t being used?
   - Always
   - Very often
   - Quite often
   - Not very often
   - Never

51. How often do you keep the tap running while you brush your teeth?
   - Always
   - Very often
   - Quite often
   - Not very often
   - Never

52. Do you believe that people in the UK will be affected by climate change in the future?
   - Yes
   - No
   - Don’t know

The next questions are about what you want to do in the future.

53. At what age do you want to get married?
   If you don’t want to get married then write in zero.
   Please write in age

54. At what age would you like to start a family?
   If you don’t want any children, write in zero.
   Please write in age

55. Thinking of your own future, what would you like to be doing with your life in about ten years’ time from now?
   Write in as much as you like in the space provided.

56. At what age would you like to leave home?
   Please write in age

57. What job would you like to do once you leave school or finish your full-time education?
In this section you will see a number of patterns with a missing piece like the one in the example below. You will need to write the number of the missing piece of the pattern in the box provided. The problems get harder as you go along, but you can work at your own pace and you do not have to answer any if you don’t want to.

Example question and answer.

The missing piece is number 58

Raven Progressive Matrix # Example

The content of this question has been removed due to copyright. Please refer to the user guide for details.
59  The missing piece is number  

Raven Progressive Matrix #2

The content of this question has been removed due to copyright. Please refer to the user guide for details.

60  The missing piece is number  

Raven Progressive Matrix #3

The content of this question has been removed due to copyright. Please refer to the user guide for details.
Raven Progressive Matrix #6
The content of this question has been removed due to copyright. Please refer to the user guide for details.

Raven Progressive Matrix #7
The content of this question has been removed due to copyright. Please refer to the user guide for details.
The content of this question has been removed due to copyright. Please refer to the user guide for details.
Thank you for your help

You have now completed the questionnaire.

Please place the questionnaire in the envelope and hand it back to your interviewer.

Or please return to the address below:

Kantar
Unit 6 Cliveden Office Village
Lancaster Road
Cressex Business Park
High Wycombe
Buckinghamshire
HP12 3YZ