

*This document provides a list of the questions included in the mainstage individual questionnaire of the Understanding Society survey as at February 2019 (Wave 11). It is purely for informative purposes and does not constitute an exact copy of the survey. Questions have been simplified, abbreviated or slightly edited for ease of reading. Not all questions will be asked of all respondents, depending on answers given.*

## Contents

Household composition .....	3
Accommodation.....	4
Household spending .....	7
Demographics .....	7
Device and online use .....	8
Initial conditions.....	8
Educational aspirations.....	10
Young adults.....	10
Family background.....	11
Ethnicity & national identity .....	11
Religion .....	12
Harassment .....	13
Disability.....	15
Broad discrimination.....	15
Health conditions.....	15
Health service use.....	16
Smoking.....	16
Nutrition.....	17
Exercise .....	17
Social care .....	18
Caring .....	22
Partnership history.....	23
Fertility history.....	23
Annual event history .....	23
Annual event history - Marital status .....	25
Annual event history – Children / pregnancy .....	25
Annual event history - Health conditions .....	27
Annual event history - Education.....	28
Annual event history - Employment .....	29
Current employment .....	31
Employees.....	31

Self-employment.....	33
Job satisfaction.....	34
Physical work .....	34
NEST consent .....	34
Non-employment.....	35
Mothers return to work.....	35
Second jobs .....	36
Gig economy .....	36
Childcare .....	36
Family networks.....	37
Parents and children .....	40
Benefits .....	40
Pension drawdown .....	42
Household finances.....	42
Child maintenance .....	43
Retirement planning .....	47
Self-completion.....	48
Self-completion - general election.....	48
Self-completion - health.....	48
Self-completion – life satisfaction.....	51
Self-completion – loneliness .....	51
Self-completion – alcohol consumption .....	51
Self-completion – partner .....	52
Self-completion – young adults .....	53
Self-completion - non co-resident relationships.....	56
Self-completion – child development.....	57
Self-completion – parenting styles .....	59
Self-completion - identity .....	60
Self-completion – social support .....	61
Positive / negative events.....	62
Consents.....	62
Education consents.....	62
HMRC consents.....	63
Higher education consents .....	63

## Household composition

- What is your date of birth?
- Are you male or female?
- What is your first, or given, name?
- What is your surname, or family name?
- What title do you use?
- Are you normally resident at this address?
- Of the following list of people, please indicate whether you are still currently living with each of them. Please include students who may be away at boarding school or those currently in institutions but have this address as their main residence.
- Last time, [name] was away at university and living in halls of residence. Is [name] still living in university halls of residence?
- Does [name] live with you as their main residence?
- Last time [name] was in prison. Is [name] still in prison?
- Does [name] live with you as their main residence?
- Is there anyone else who has this address as their main residence, for example new babies, lodgers or students moving home from university?
- What is the first name, or given name, of this other person?
- What is [NAME]'s surname, or family name?
- What title does [NAME] use?
- Why are you / is [NAME] now in this household?
- In the past, have you / has [NAME] been in a household that has participated in this study? This could either be as part of this household or in a different household.
- In what month and year did you start living with the other people in this household?
- In what month and year did [leaver's name] go to prison?
- In Understanding Society, we would normally include someone away at boarding school/ working away from home as part of this household if it is their main residence. Is this the main residence for [leaver's name], even if they are now somewhere else?
- Is [leaver's name] still resident at this address?
- Who else is still resident here?
- Did [leaver's name] move to the same address with any other household members?
- Who else did [leaver's name] move with?
- Why did [leaver's name] move or is no longer living with you?
- In what month and year did [leaver's name] move or stop living with you?
- To what address did [name] move?
- What is [leaver's name]'s contact telephone number?
- Since personal circumstances can change over time, we would just like to check some important information.
- What is [name] 's / [your] ] legal marital status?
- Does [name] 's / [your] ] spouse or civil partner live with [ [NAME] / [you] ] in this household?
- And, [are you / is [NAME] living with someone in this household as a couple?
- [Are you] / [Is name] in paid employment?
- In which language would you/ [NAME] like to be interviewed?
- Who in this household is responsible for paying the bills, such as rent, mortgage, gas or electricity?
- The last time you were interviewed at this household, you said that [name] had left. We have been unable to locate them but would still like to speak to them. Do you have any information about how to contact them?

## Accommodation

- Is this property...

1 a house or bungalow

2 a purpose built flat or maisonette

3 a converted flat or maisonette

4 a dwelling with business premises

5 a bedsit

6 Sheltered accommodation

7 Institutional accommodation (What type of institutional accommodation is it?)

8 Or something else?

- Is your accommodation...

1 Detached

2 Semi-detached

3 an end terrace

4 or terraced?

- Are there fewer than 10 dwellings in your building or are there 10 or more?
- When you were interviewed on [date] , you said you had [Beds] bedroom(s), excluding any you may sublet and [Rooms] other rooms, excluding kitchens and bathrooms. Is that still the case?
- How many bedrooms are there here excluding any bedrooms you may let or sublet?
- How many other rooms do you have in your accommodation, excluding kitchens and bathrooms?
- (If owned) Does your household own this accommodation outright, is it being bought with a mortgage, is it rented or does it come rent-free?
- In whose name is this (house/flat/room) owned?
- About how much would you expect to get for your home if you sold it today?
- How did you come to own this property outright? Have you...

1 Bought it for cash

2 Paid off a mortgage or loan

- In what year did you buy or first become the owner of this property?
- How much did you pay for the property?
- In what year did you first start paying a mortgage on this house/flat?
- How much did you borrow originally when you bought the property or took out your mortgage, that is excluding any later additions to the mortgage?
- How many years has the mortgage still to run?
- Is your mortgage or loan ...

1 A repayment mortgage or loan

2 An endowment mortgage

3 Part repayment and part endowment

4 Interest only

5 Part interest only and part repayment

6 Flexible mortgage

97 Some other type of mortgage or loan?

- Have you taken out any additional mortgage on this house/flat since/ becoming the owner of the property ?
- How much in total is this additional mortgage or loan?
- What was this additional mortgage, loan or drawdown used for?

- Approximately how much is the total amount secured against this property, including your mortgage and any other loans secured on the property? If possible, please check your annual mortgage statement for each loan or mortgage secured on the property.
- How much was your last total monthly instalment on all mortgages or loans for this property?
- Does the accommodation go with the present job of anyone in the household?
- (If renting) In whose name is this (house/flat/room) rented?
- Who is the accommodation rented from or provided by?
- Do you rent your accommodation...

1 Furnished

2 Partly furnished

3 Or unfurnished?

- How much was the last rent payment, including any services or water charges but after any rebates?
- What period did this cover?
- Did your last rent include any payment for any of the following things?

1 Water and/or sewerage charges (GB)

2 Heating or lighting or hot water

3 Council Tax (GB) / Rates (NI)

96 None of these

- Was any Housing Benefit such as a rent rebate or rent allowance deducted from the last rent payment?
- So what would the last rent payment have been if Housing Benefit had not been deducted from it?
- What period would that cover?
- Which of the following types of domestic fuel do you have in your accommodation...

1 Electricity

2 Gas, including Calor Gas

3 Oil

4 Other fuel, including solid fuel

96 None of these

- Do you pay your gas and electric as one bill or separately?
- In the last year, how much has your household spent on gas and electricity combined?
- How do you pay for your gas and electricity?
- In the last year, how much has your household spent on electricity?
- How do you pay for your electricity?
- In the last year, how much has your household spent on gas, including Calor Gas?
- How do you pay for your gas?
- In the last year, how much has your household spent on oil?
- In the last year, how much has your household spent on other fuel, including solid fuel?
- Do you have any form of central heating, including any electric storage heaters, in your (part of the) accommodation?
- Which Council Tax band this accommodation is in?

Many people find it hard to keep up with their housing payments.

- In the last twelve months, have you ever found yourself behind with your rent/mortgage?
- In the last twelve months, have you ever found yourself behind with paying your Council Tax?

Sometimes people are not able to pay every household bill when it falls due.

- Are you up to date with all your household bills such as electricity, gas, water rates, telephone and other bills or are you behind with any of them?

- Which of the following items do you have in your (part of the) accommodation.

- 1 Television set
- 2 DVD/Blu-Ray player
- 5 Deep freeze or fridge freezer (EXCLUDE: fridge only)
- 6 Washing machine
- 7 Tumble drier
- 8 Dish washer
- 9 Microwave oven
- 12 Landline telephone
- 13 Mobile telephone (anyone in household)
- 96 None of the above?

- How do you get television on the main set in your home?

- 1 Satellite dish
- 2 Cable TV
- 3 Freeview / Freesat / Other free digital service
- 4 Through a telephone line connection / broadband
- 5 Other

- Does your household have any of the following types of computer in your (part of the) accommodation...

- 1 Desktop computer
- 2 Laptop computer
- 3 Netbook computer
- 4 Tablet computer
- 5 Other
- 96 None of the above

- Does your household have access to the internet from home?

- How does your household access the internet from home?

- 1 Home computer / Laptop / Netbook / Tablet computer
- 2 Digital Television
- 3 Mobile phone
- 4 Games console
- 5 Other

- Do you have WiFi access at home?

## Household spending

The next questions are about how much your household has spent in the last four weeks on food eaten at home and food bought outside the home.

- About how much has your household spent in total on food and groceries in the last four weeks from a supermarket or other food shop or market? Please do not include alcohol but do include non-food items such as paper products, home cleaning supplies and pet foods.
- About how much have you and other members of your household spent in total on meals, snacks or non-alcoholic drinks purchased outside the home in the last four weeks? Please include items bought from takeaways, restaurants, sandwich shops, work or school canteens but do not include alcohol.
- About how much have you and other members of your household spent in total on alcohol in the last four weeks? Please include alcohol purchased from a supermarket or off licence and from pubs, restaurants or other venues.
- In winter, are you able to keep this accommodation warm enough?
- How many cars or vans in total does your household own or have continuous use of?
- If you sold your vehicle(s) approximately how much would you expect to get at current prices minus anything you still owe on it/them?

The next questions are about you and your experiences.

## Demographics

- What is your sex?
- What is your date of birth?
- Have you personally lived at this address your whole life?
- When did you personally move to this address?
- If you could choose, would you stay here in your present home or would you prefer to move somewhere else?
- Even though you may not want to move, do you expect you will move in the coming year?
- Do you know when you might be likely to move?
- Do you know where you might be moving to?
- Which of these best describes your current employment situation?

1 Self-employed

2 In paid employment (full or part-time)

3 Unemployed

4 Retired

5 On maternity leave

6 Looking after family or home

7 Full-time student

8 Long-term sick or disabled

9 On a government training scheme

10 Unpaid worker in family business Unpaid, family business

11 Working in an apprenticeship

97 Doing something else

- What is your current legal marital status?
- Do you normally have access to a car or van that you can use whenever you want to?
- Do you have a full UK driving licence?

## Device and online use

- Do you personally have a mobile phone?
- Is your mobile a smartphone?
- Do you have a tablet computer or iPad?
- How often do you use the internet for your personal use?
- Which of the following devices do you use to connect to the Internet for personal use?

Desktop computer

Laptop

Smartphone

Tablet

Feature phone / non-touchscreen mobile phone

E-book reader (e.g., Kindle)

Smartwatch

Other

- Which other devices do you use?
- How often do you use the internet for personal use in the following activities?

Browsing websites

Email

Looking at content on social media/websites and apps (e.g., looking at text, images, videos on Facebook, Twitter, Instagram)

Making purchases (e.g., booking train tickets, buying clothes, ordering food)

Online banking

Playing games

Streaming videos

1 Every day

2 Several times a week

3 Several times a month

4 Once a month

5 Less than once a month

6 Never

## Initial conditions

- Were you born in the UK, that is in England, Scotland, Wales or Northern Ireland?
- In which country were you born?
- In which UK county were you born?
- In what year did you first come to this country to live, even if you have spent time abroad since?
- Are you a UK citizen, a citizen of your country of birth or a citizen of another country? If you have citizenship of more than one country please list all of them.
- What is your present citizenship? If you have dual citizenship please include both.
- Did you obtain your highest educational or school qualification in the UK?
- What is the highest educational or school qualification you have obtained?
- In which country did you obtain this educational or school qualification?

- Which higher degree qualification do you have?
- How many A Levels (or equivalent) do you have?
- How many Highers (or equivalent) do you have?
- How many Ordinary Grades A-C or Credit Standard Grades/Intermediate 2/National 5 (or equivalent) do you have?
- How many CSE grades 1 did you get?
- Do you have any CSE, O Level or GCSE qualifications?
- How many CSE grades 1 / O Level grades A-C / GCSE grades A\*-C / GCSE grades 9-4 or equivalent did you get?
- Did these include Maths and/or English?
- Did you obtain any vocational qualifications in the UK?
- Which of the following vocational or other qualifications do you have, if any?

1 Youth training certificate

2 Key Skills

3 Basic skills

4 Entry level qualifications (Wales)

5 Modern apprenticeship/trade apprenticeship

6 RSA/OCR/Clerical and commercial qualifications (e.g. typing/shorthand/book-keeping /commerce)

7 City and Guilds

8 GNVQ/GSVQ

16 NVQ/SVQ

11 HNC/HND

12 ONC/OND

13 BTEC/BEC/TEC/EdExcel/LQL BTEC/BEC/TEC/EdExcel/LQL

14 SCOTVEC, SCOTEC or SCOTBEC SCOTVEC/SCOTEC/SCOTBEC

15 Other vocational, technical or professional qualification

96 None of the above

- What level apprenticeship qualifications do you have?
- What level RSA/OCR qualifications do you have?
- What level City and Guilds qualifications do you have?
- What level GNVQ/GSVQ qualifications do you have?
- What level NVQ/SVQ qualifications do you have?
- What level BTEC/BEC/TEC/EdExcel/LQL qualifications do you have?
- What level SCOTVEC/SCOTEC/SCOTBEC qualifications do you have?
- Did you obtain any vocational qualifications outside the UK?
- How old were you when you left school?
- Where was your school...
- What is/was the name of your school?
- How old were you when you left college or university, or when you finished or stopped your course?
- Since leaving full-time education, have you ever had a paid job?
- What was your own first job after leaving full-time education? What was the exact job title and describe the work you did.
- Were you working as an employee or were you self-employed?
- Did you have employees?
- Did you have any managerial duties or were you supervising any other employees?

## Educational aspirations

Are you...

- 1 At School
- 2 At Sixth Form College
- 3 At Further Education (FE) College
- 4 At Higher Education (HE) College
- 5 or at University?

- What are the highest level exams you would like to gain before you leave school/ college?
- What would you most like to do when you have completed this exam or qualification?
- How important do you think it is for you to do well in these exams or other qualifications?
- How likely is it that you will seek higher education at a college or university, even if you take a gap year?
- What is the main reason you might not go to college or university?

## Young adults

The next questions are about what you want to do in the future.

- At what age would you like to leave home?
- What job would you like to do once you leave school, finish your training or finish full-time education?

Different things can be important when deciding what type of occupation you want to follow. How important each of the following aspects are for you. When thinking about an occupation, how important is....

- Future job security?
- Having a job with a high income?
- Finding an occupation that leaves you with a lot of time for leisure?
- Finding an occupation which interests you?
- Finding an occupation which makes a contribution to society?
- Finding an occupation which leaves you with enough time for family life?
- Finding an occupation in which you can help others?

On a scale from 0% to 100%, where 0% means 'No chance of happening' and 100% means 'Totally likely to happen', how likely it is that the following events will happen in your life in the future (if they have not happened already).

How likely is it that you will...

- Gain training or a University place in your preferred field?
- Successfully finish your training or University studies?
- Find a job in your field?
- Be successful and get ahead?
- Become long-term unemployed?
- Be kept back in your job due to family reasons. e.g. raising children?
- Be self-employed?
- Work abroad at some time?
- Marry (or form a civil partnership) at some time?
- Live together unmarried with a partner?

- Have a child?
- Have several children?

## Family background

- Thinking back to when you were 14 years old, was your father working at that time?
- What job was your father doing at that time?
- Was your mother working when you were 14?
- What job was your mother doing at that time?
- In which country was your father born?
- Has your father ever lived in the UK?
- In which country was your mother born?
- Has your mother ever lived in the UK?

## Ethnicity & national identity

- What do you consider your national identity to be? You may choose as many or as few as apply.

1 English

2 Welsh

3 Scottish

4 Northern Irish

5 British

6 Irish

97 Other (what other national identity is that?)

- What is your ethnic group?
- How important is the language spoken in your home when you were a child to your sense of who you are? Is it very important, fairly important, not very important or not at all important to your sense of who you are?
- How important is the English language to your sense of who you are?
- How important is your religion to your sense of who you are?
- How important is the religion you were brought up in to your sense of who you are?
- How important is the region or city where you live to your sense of who you are?
- How important is the country where you were born to your sense of who you are?
- How important is the region or city where you grew up to your sense of who you are?
- How important is the country your mother was born in to your sense of who you are?
- How important is the country your father was born in to your sense of who you are?
- How important is the country your mother's mother was born in to your sense of who you are?
- How important is the country your mother's father was born in to your sense of who you are?
- How important is the country your father's mother was born in to your sense of who you are?
- How important is the country your father's father was born in to your sense of who you are?
- How important is the colour of your skin to your sense of who you are?
- How do you feel when you meet someone who speaks the same language spoken in your home when you were a child? Do you feel very happy, fairly happy, neither happy nor unhappy, fairly unhappy or very unhappy?
- How do you feel when you meet someone who has the same religion as you?
- How do you feel when you meet someone who has the same religion as you were brought up in?
- How do you feel when you meet someone who comes from the same country as you?

- How do you feel when you meet someone who comes from the same region or city as you were brought up in?
- How do you feel when you meet someone who comes from the same region or city where you live?
- How do you feel when you meet someone who comes from the same country as your mother?
- How do you feel when you meet someone who comes from the same country as your father?
- How do you feel when you meet someone who comes from the same country as your mother's mother?
- How do you feel when you meet someone who comes from the same country as your mother's father?
- How do you feel when you meet someone who comes from the same country as your father's mother?
- How do you feel when you meet someone who comes from the same country as your father's father?
- How do you feel when you meet someone who has the same skin colour as you?
- Do you feel proud of the language spoken at home when you were a child?
- Do you feel proud of your religion?
- Do you feel proud of the religion you were brought up in?
- Do you feel proud of the country where you were born?
- Do you feel proud of the region or city you were brought up in?
- Do you feel proud of the region or city you live in?
- Do you feel proud of the country where your mother was born?
- Do you feel proud of the country where your father was born?
- Do you feel proud of the country where your mother's mother was born?
- Do you feel proud of the country where your mother's father was born?
- Do you feel proud of the country where your father's mother was born?
- Do you feel proud of the country where your father's father was born?
- Do you feel proud of the colour of your skin?
- How often do you eat food that is typical of the country where you were born?
- How often do you eat food that is typical of the country where your mother was born?
- How often do you eat food that is typical of the country where your father was born?
- How often do you eat food that is typical of the country where your mother's mother was born?
- How often do you eat food that is typical of the country where your mother's father was born?
- How often do you eat food that is typical of the country where your father's mother was born?
- How often do you eat food that is typical of the country where your father's father was born?

## Religion

- Do you regard yourself as belonging to any particular religion?
- Which religion were you brought up in?
- What is your religion, even if you are not practising?
- Do you consider that you are actively practising your religion?
- Which religion were you brought up in?
- Which religion do you regard yourself as belonging to?

## Harassment

The next few questions are about how safe you feel in different places.

- In the last 12 months, have you felt unsafe in any of these places? If so, which ones?

- 1 At school
- 2 At college or university
- 3 At work
- 4 On public transport
- 5 At or around a bus or train station
- 6 In commercial places like shopping centres, shops or petrol stations
- 7 In places of entertainment like theatres, cinema, cafes or restaurants
- 8 At pubs, nightclubs, discos or clubs
- 9 In car parks
- 10 Outside, such as on the street, in parks or sports grounds
- 11 At home
- 97 Other places

Did you feel unsafe for any of these reasons? If so, which ones?

- 1 Your sex
- 2 Your age
- 3 Your ethnicity
- 4 Your sexual orientation
- 5 Your health or disability
- 6 Your nationality
- 7 Your religion
- 8 Your language or accent
- 9 Your dress or appearance
- 96 None of the above

- In the last 12 months, have you avoided going to or being in any of these places? If so, which ones?

- 1 School
- 2 College or university
- 3 Other places

- Did you avoid these places for any of these reasons? If so, which ones?

- 1 Your sex
- 2 Your age
- 3 Your ethnicity
- 4 Your sexual orientation
- 5 Your health or disability
- 6 Your nationality
- 7 Your religion
- 8 Your language or accent
- 9 Your dress or appearance
- 96 None of the above

- In the last 12 months, have you been insulted, called names, threatened or shouted at, in any of these places? If so, which ones?

- 1 At school

- 2 At college or university
- 3 At work
- 4 On public transport
- 5 At or around a bus or train station
- 6 In commercial places like shopping centres, shops or petrol stations
- 7 In places of entertainment like theatres, cinema, cafes or restaurants
- 8 At pubs, nightclubs, discos or clubs
- 9 In car parks
- 10 Outside, such as on the street, in parks or sports grounds
- 11 At home
- 97 Other places (What other places?)

- Were you insulted, called names, threatened or shouted at for any of these reasons? If so, which ones?

- 1 Your sex
- 2 Your age
- 3 Your ethnicity
- 4 Your sexual orientation
- 5 Your health or disability
- 6 Your nationality
- 7 Your religion
- 8 Your language or accent
- 9 Your dress or appearance
- 96 None of the above

- In the last 12 months, have you been physically attacked in any of these places? If so, which ones?

- 1 At school
- 2 At college or university
- 3 At work
- 4 On public transport
- 5 At or around a bus or train station
- 6 In commercial places like shopping centres, shops or petrol stations
- 7 In places of entertainment like theatres, cinema, cafes or restaurants
- 8 At pubs, nightclubs, discos or clubs
- 9 In car parks
- 10 Outside, such as on the street, in parks or sports grounds
- 11 At home
- 97 Other places (What other places?)

- Were you physically attacked for any of these reasons? If so, which ones?

- 1 Your sex
- 2 Your age
- 3 Your ethnicity
- 4 Your sexual orientation
- 5 Your health or disability
- 6 Your nationality
- 7 Your religion
- 8 Your language or accent
- 9 Your dress or appearance
- 96 None of the above

## Disability

The next questions are about your health.

- Do you have any long-standing physical or mental impairment, illness or disability? 'Long-standing' meaning anything that has troubled you over a period of at least 12 months or that is likely to trouble you over a period of at least 12 months.
- Even though you don't have any long-standing health problems, do you have any health problems or disabilities that mean you have substantial difficulties with any of the following areas of your life?

- 1 Mobility (moving around at home and walking)
- 2 Lifting, carrying or moving objects
- 3 Manual dexterity (using your hands to carry out everyday tasks)
- 4 Continence (bladder and bowel control)
- 5 Hearing (apart from using a standard hearing aid)
- 6 Sight (apart from wearing standard glasses)
- 7 Communication or speech problems
- 8 Memory or ability to concentrate, learn or understand
- 9 Recognising when you are in physical danger
- 10 Your physical co-ordination (e.g. balance)
- 11 Difficulties with own personal care (e.g. getting dressed, taking a bath or shower)
- 12 Other health problem or disability
- 96 None of these

## Broad discrimination

- Would you describe yourself as being a member of a group that is discriminated against in this country?
- On what grounds is your group discriminated against?

- 1 Colour or race
- 2 Nationality
- 3 Religion
- 4 Language
- 5 Ethnic group
- 6 Age
- 7 Gender
- 8 Sexuality
- 9 Disability
- 10 Other (what other grounds is that?)

## Health conditions

Has a doctor or other health professional ever told you that you have any of these conditions?

- 1 Asthma
- 2 Arthritis (What type of arthritis was that?)
- 3 Congestive heart failure
- 4 Coronary heart disease
- 5 Angina
- 6 Heart attack or myocardial infarction
- 7 Stroke
- 8 Emphysema

- 10 Hypothyroidism or an under-active thyroid
- 11 Chronic bronchitis
- 12 Any kind of liver condition Any kind of liver condition
- 13 Cancer or malignancy (What type of cancer or malignancy was that?)
- 14 Diabetes (What type of diabetes was that?)
- 15 Epilepsy
- 16 High blood pressure/hypertension
- 18 Other long standing/chronic condition
- 19 Multiple Sclerosis
- 20 H.I.V.
- 21 COPD (Chronic Obstructive Pulmonary Disease)
- 22 An emotional, nervous or psychiatric problem (What type of emotional, nervous or psychiatric problem was that?)
- 96 None of these

- What other health conditions has a doctor or other health professional told you that you had?
- What age were you when you were first told you had this condition?
- Do you still have this condition?

### Health service use

- In the last 12 months, approximately how many times have you talked to, or visited a GP or family doctor about your own health? Please do not include any visits to a hospital.
- In the last 12 months, approximately how many times have you attended a hospital or clinic as an out-patient or day patient?
- In the last 12 months, have you been in hospital or clinic as an in-patient overnight or longer?
- In the last 12 months, in all, how many days have you spent in a hospital or clinic as an in-patient?
- Was any of this for childbirth?

### Smoking

- Do you smoke cigarettes?
- Approximately how many cigarettes a day do you usually smoke, including those you roll yourself?
- Would you like to give up smoking altogether?
- What are your main reasons for wanting to give up?

- 1 Because of a health problem I have at present
- 2 Better for my health in general
- 3 To reduce the risk of getting smoking related illnesses
- 4 Because of the smoking ban in public places and at work
- 5 Family and friends want me to stop
- 6 Financial reasons (can't afford it)
- 7 Worried about the effect on my children
- 8 Worried about the effect on other family members
- 9 Something else

- Do you ever use electronic cigarettes (e-cigarettes)?

## Nutrition

- The next few questions are about your eating habits.
- How many days a week do you usually eat breakfast?
- What type of milk do you usually use?
- What type of bread do you usually eat?
- Including tinned, frozen, dried and fresh fruit, on how many days in a usual week do you eat fruit?
- On the days when you eat fruit, how many portions (e.g. an apple, an orange, some grapes) do you eat?
- Including tinned, frozen and fresh vegetables, on how many days in a usual week do you eat vegetables? Do not include potatoes, crisps or chips.
- On the days when you eat vegetables, how many portions (i.e. 3 heaped tablespoons) do you eat? Please do not include potatoes.

## Exercise

The next questions are about the time you spent being physically active in the last 7 days. Please answer each question even if you do not consider yourself to be an active person.

Think about the activities you do at work, as part of your house and gardening, to get from place to place, and in your spare time for recreation, exercise or sport.

Now, think about all the vigorous activities which take hard physical effort that you did in the last 7 days. Vigorous activities make you breathe much harder than normal and may include heavy lifting, digging, aerobics, or fast bicycling. Think only about those physical activities that you did for at least 10 minutes at a time.

- During the last 7 days, on how many days did you do vigorous physical activities?
- How much time did you usually spend doing vigorous physical activities on one of those days?
- How much time in total did you spend over the last 7 days doing vigorous physical activities?

Now think about activities which take moderate physical effort that you did in the last 7 days. Moderate physical activities make you breathe somewhat harder than normal and may include carrying light loads, bicycling at a regular pace, or doubles tennis. Do not include walking. Again, think only about those physical activities that you did for at least 10 minutes at a time.

- During the last 7 days, on how many days did you do moderate physical activities?
- How much time did you usually spend doing moderate physical activities on one of those days?
- How much time in total did you spend over the last 7 days doing moderate physical activities?

Now think about the time you spent walking in the last 7 days. This includes at work and at home, walking to travel from place to place, and any other walking that you might do solely for recreation, sport, exercise, or leisure.

- During the last 7 days, on how many days did you walk for at least 10 minutes at a time?
- How much time did you usually spend walking on one of those days?
- How much time in total did you spend over the last 7 days walking?

## Social care

The next few questions are about tasks that some people may need help with and about help that you may have received in the last month. Please think only about help you need because of long-term physical or mental ill-health, disability or problems relating to old age.

- Do you usually manage to get up and down stairs or steps...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you usually manage to get around the house (except for any stairs)...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you usually manage to get in and out of bed...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you usually manage to cut your toenails...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you usually manage to bath, shower or wash all over...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you usually manage to go out of doors and walk down the road...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you manage to use the toilet, including getting up and down...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?
- Do you manage to eat, including cutting up food...
  - 1 On your own
  - 2 Only with help from someone else
  - 3 or Not at all?
- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- Do you manage to wash your face and hands...

1 On your own

2 Only with help from someone else

3 or Not at all?

- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- Do you manage to dress or undress, including putting on shoes and socks...

1 On your own

2 Only with help from someone else

3 or Not at all?

- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- Do you manage to take the right amount of medicine at the right times...

1 On your own

2 Only with help from someone else

3 or Not at all?

- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- Do you manage to shop for food, including getting to the shops, choosing the items, carrying the items home and then unpacking and putting

the items away...

1 On your own

2 Only with help from someone else

3 or Not at all?

- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- Do you manage to do routine housework or laundry...

1 On your own

2 Only with help from someone else

3 or Not at all?

- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- Do you manage to do paperwork or paying bills...

1 On your own

2 Only with help from someone else

3 or Not at all?

- Do you find it very easy, fairly easy, fairly difficult or very difficult to do this on your own?

- In the last month, who has helped you with personal things around the home including getting up and down stairs or steps, getting around the house (except for any stairs), getting in and out of bed, cutting your toenails, bathing, showering or washing all over, using the toilet, including getting up and down, eating, including cutting up food, washing your face and hands, dressing and undressing, including putting on shoes and socks, taking the right amount of medicine at the right times:

1 Husband / Wife / Partner

2 Son (including stepson, adopted son or son-in-law)

3 Daughter (including stepdaughter, adopted daughter or daughter-in-law)

4 Grandchild (including great grandchildren)

5 Brother / Sister (including step/adopted/in-laws)

6 Niece / Nephew

7 Mother / Father (including mother-in-law/father-in-law)

8 Other family member

9 Friend

10 Neighbour

96 None of the above

- Which of these people helped you with personal things around the home including getting up and down stairs or steps, getting around the house (except for any stairs), getting in and out of bed, cutting your toenails, bathing, showering or washing all over, using the toilet, including getting up and down, including cutting up food, washing your face and hands, dressing and undressing, including putting on shoes and socks, taking the right amount of medicine at the right times, in the last month?

1 Home care worker / Home help / Personal Assistant

2 A member of the reablement / intermediate care staff team

3 Occupational Therapist / Physiotherapist / Nurse

4 Voluntary helper

5 Warden / Sheltered housing manager

6 Cleaner

7 Council's handyman

96 None of the above

- In the last month, who has helped you to go outdoors and walk down the road, shop for food, including getting to the shops, choosing items, carrying items home and unpacking them, to do routine housework, to do paperwork or pay bills:

1 Husband / Wife / Partner

2 Son (including stepson, adopted son or son-in-law)

3 Daughter (including stepdaughter, adopted daughter or daughter-in-law)

4 Grandchild (including great grandchildren)

5 Brother / Sister (including step/adopted/in-laws)

6 Niece / Nephew

7 Mother / Father (including mother-in-law/father-in-law)

8 Other family member

9 Friend

10 Neighbour

96 None of the above

- Which of these people helped you to go outdoors and walk down the road/ shop for food, including getting to the shops, choosing items, carrying items home and unpacking them / to do routine housework / to do paperwork or pay bills:

1 Home care worker / Home help / Personal Assistant

2 A member of the reablement / intermediate care staff team

3 Occupational Therapist / Physiotherapist / Nurse

4 Voluntary helper

5 Warden / Sheltered housing manager

6 Cleaner

7 Council's handyman

96 None of the above

- In the last week, how many hours have they helped you in person with these kinds of tasks?

1 No help in the last week

2 Less than one hour

3 1 - 4 hours

4 5 - 9 hours

5 10 - 19 hours

- 6 20 - 34 hours
- 7 35 - 49 hours
- 8 50 - 99 hours
- 9 100 hours or more

Now a few questions about paying for the care you receive.

- Do you usually deal with paying for your care or does a family member or friend manage this for you?

Here are some of the different ways Local Authorities, councils, or social services arrange payment for people's care.

- Which of these apply to care you receive?

1 Direct Payments where you get the money to spend on the support you choose

4 You tell the council how to spend the money

5 You let the council decide how to spend the money

96 None of these

- Has the local authority or council made an assessment of what you can afford for any of your care needs? This is sometimes called an income assessment or means testing.
- How was the help arranged?

1 Arranged without involvement from the local authority, council or social service

2 Local authority, council or social services arranged this help for me

3 Local authority, council or social services told me about the help but I arranged it myself or my family arranged it for me.

97 Other

- Do you or your spouse / partner pay or give any money for the help given ? Please include any payments made for this care, even if not made directly to the care provider.
- How much money do you or your spouse / partner pay for the help given? Please include any payments made for this care, even if not made directly to the care provider.
- And, what period did that cover?
- Does this payment cover all the cost of this help or some of the cost of this help?
- How do you usually pay or give money for the care provided for helping you?

1 My own personal income, savings, pension or benefit (such as Attendance Allowance)

2 My Direct Payment or Personal or Individual Budget from the Local Authority, Council or Social Services

3 From another source

- (In addition to what you pay), as far as you are aware does anyone else or any organisations pay or give money for the care you receive - for example the council or a family member? Please do not count any benefits such as Carers Allowance or Attendance Allowance.

1 Yes, the council, local authority, or social services

2 Yes, a family member with their own money

3 Yes, other

4 No, nobody else pays

- Does the local authority, council or social services pay directly or is it through your Direct Payment or a Personal Budget?
- How much money is paid from the direct payment or personal budget for helping you?
- And what period did that cover?
- How much money is paid from the direct payment or personal budget for helping you?
- What period did that cover?

- Do you or your spouse / partner pay or give any money for the help given? Please include any payments made for this care, even if not made directly to the care provider.
- How much money do you or your spouse/ partner pay for the help given? Please include any payments made for this care, even if not made directly to the care provider.
- What period did that cover?
- Does this payment cover all the cost of this help or some of the cost of this help?
- How do you usually pay or give money for the care provided?

1 My own personal income, savings, pension or benefit (such as Attendance Allowance)

2 My Direct Payment or Personal or Individual Budget from the Local Authority, Council or Social Services

3 From another source

- (In addition to what you pay), as far as you are aware does anyone else or any organisations pay or give money for the care you receive - for example the council or a family member? Please do not count any benefits such as Carers Allowance or Attendance Allowance.
- Does the local authority, council or social services pay directly or is it through your Direct Payment or a Personal Budget?
- How much money is the provider paid from the direct payment or personal budget for helping you?
- What period did that cover?
- Has the council or local authority made an assessment or review of your care needs in the last 12 months?
- This card describes a Personal Budget that your local authority may have allocated for you. Have you been allocated a Personal Budget?
- What is the value of your Personal Budget?
- What period does that cover?
- Here are some of the different ways Local Authorities, councils, or social services arrange payment for people's care. Are you taking any of your Personal Budget as a Direct Payment?
- How much do you contribute in user charges for your Personal Budget?
- What period does that cover?
- In addition to your user charges, do you pay to top up your Personal Budget at all? This might be to pay for a more expensive option than the council has allowed for, or to pay for more care than the council suggested.
- How much do you pay to top up your Personal Budget?
- What period does that cover?
- Do you receive any care paid for by the council or the local authority?
- How much does the council or local authority pay for your care?
- What period does that cover?
- Apart from any care paid for by the local authority, do you pay for any care privately at the moment?
- How much do you pay for the care you purchase privately?
- What period does that cover?

## Caring

- Is there anyone living with you who is sick, disabled or elderly whom you look after or give special help to (for example, a sick, disabled or elderly relative, husband, wife or friend etc)?
- Who do you look after?
- Do you provide some regular service or help for any sick, disabled or elderly person not living with you?
- How many people do you care for?
- Who is the first person that you look after or help? (What is their relationship to you?)

- Who is the second person that you look after or help? (What is their relationship to you?)

- 1 Parent/parent-in-law
- 2 Grandparent
- 3 Aunt/uncle
- 4 Other relative
- 5 Friend or neighbour
- 6 Client(s) of voluntary organisation
- 97 Other

- Thinking about everyone who you look after or provide help for, both those living with you and not living with you - in total, how many hours do you spend each week looking after or helping them?
- Thinking about everyone who lives with you that you look after or provide help for - does this extra work looking after (name(s)) prevent you from doing a paid job or as much paid work as you might like to do? Would you say you are...

- 1 Unable to work at all
- 2 Unable to do as much paid work as you might
- 3 Or this doesn't prevent you from working?

- How often do you have to miss school / sixth form college/ further education college to look after (name(s))?

## Partnership history

The next question are about important events that there may have been in your life, such as marriage and the birth of children.

As you know, some couples choose to live together without actually ever getting married.

- Apart from your current husband/wife/partner, have you ever lived with someone as a couple without being married?
- In what month and year did you first live with someone as a couple?
- Did you go on to marry the person you lived with at the time?
- In what month and year did you stop living as a couple with this partner?
- Altogether, how many times have you been married or in a civil partnership?
- In what month and year did you marry or form a civil partnership for the first time?

## Fertility history

The next questions are about any children you may have had, including step or adopted children and biological children.

- Have you ever had any adopted or step children living with you?
- How many adopted or step children have you had in all?
- Have you ever [fathered/had] any biological children?
- What is the date of birth of your eldest (first born) biological child?

## Annual event history

The next questions ask about changes that may have happened to you since you were last interviewed.

- Have you yourself lived at this address continuously since the last time you were interviewed?
- Thinking about the reasons why you haven't lived continuously at this address since you were last interviewed, did you move from this address for:

1 Family related reasons. What family related reason was that?

- 1 Married/moved in with partner
- 2 Separated/divorced/split up from spouse/partner
- 3 Moved in with family/moved back with family
- 4 Moved away from family
- 5 Moved in with friends
- 6 Moved to be closer to family/friends
- 7 Moved with spouse/partner due to their relocation
- 8 None of the above/Other reason

2 Education related reasons. What education related reason was that?

- 1 Moved to term-time accommodation/college or university
- 2 Left education/ended course
- 3 None of the above/Other reason

3 Employer related reasons. What employer related reason was that?

- 1 Employer moved job to another workplace
- 2 Got a different job with the same employer which meant moving workplace
- 3 Moved to start a new job with a new employer
- 4 Moved to be nearer work but didn't move workplace
- 5 Moved to start own business
- 6 Decided to relocate own business
- 7 Salary increased so could afford to move home
- 8 Moved to look for work
- 9 Retirement (self or spouse)
- 10 None of the above/Other reason

4 Housing related reasons. What housing related reason was that?

- 1 Wanted somewhere bigger
- 2 Wanted somewhere smaller/cheaper
- 3 Wanted own accommodation or to form a household
- 4 To buy somewhere
- 5 Health reasons (e.g. house too damp, house not healthy)
- 6 Wanted bungalow / no stairs / ground floor flat
- 7 Needed care in sheltered accommodation/care/nursing home
- 8 Disliked previous house/flat
- 9 Wanted better accommodation
- 10 Wanted more privacy/previous accommodation overcrowded
- 11 Wanted a change
- 12 Evicted from rented accommodation/repossessed/other forced moves
- 13 Council offered new accommodation
- 14 None of the above/Other reason

5 Area related reasons. What area related reason was that?

- 1 Disliked absence of facilities/isolation
- 2 Wanted to move to a more rural environment
- 3 Disliked traffic (including noise or danger from traffic)
- 4 Disliked crime, vandalism, etc/area unsafe
- 5 Noise (other than traffic)
- 6 Unfriendly area/Disliked neighbours

- 7 Wanted to move to specific place
- 8 Disliked area
- 9 None of the above/Other reason

6 Other reason. What other reason was that?

- Did you move directly from that address into this address or did you live somewhere else in between?
- What month and year did you move to this address?

#### Annual event history - Marital status

- Has your legal marital status changed at all since you were last interviewed?
- What did your legal marital status become with this change?
- What is the month and year of that change to your legal marital status?
- You say you became divorced / your civil partnership was dissolved on (date). Is the date you have given me the date your divorce / dissolved partnership became final or the date you separated and stopped living with your [husband/wife/partner]?
- Is your divorce/ dissolved civil partnership legally final?
- In what month and year did your divorce or annulment/ dissolved civil partnership become final?
- Since you were last interviewed, have you had any periods of cohabitation lasting three months or more? Please include your current husband/wife/partner.
- How many periods of cohabitation lasting three months or more have you had since you were last interviewed, including periods of cohabitation with your current husband/wife/partner?
- What is the month and year you started [this/your first/your next] period of cohabitation?
- Since you were last interviewed, have you fathered any children, including any children who are not living with you here?
- How many children have you had since you were last interviewed?

#### Annual event history – Children / pregnancy

The next questions are about any children you may have had.

- Since you were last interviewed, have you been pregnant at all, even if this did not result in a live birth?
- In what month and year did you become pregnant?
- Did you receive any form of fertility treatment before becoming pregnant?
- Which of these types of fertility treatments did you receive?

1 In vitro fertilisation treatment

2 Medication

3 Sperm donation

4 Egg donation

5 Artificial insemination

6 Other treatment

96 None of these

- Last time you were interviewed, you were pregnant.
- Did this/your next pregnancy result in a live birth with a normal delivery or by caesarean section?
- How did this pregnancy end?

1 Miscarriage Miscarriage

2 Stillbirth Stillbirth

3 Termination Termination

4 Ectopic or tubal Ectopic or tubal

- How many months pregnant were you when this pregnancy ended. Was it less than 3 months, between 3 and 6 months, or 6 months or more?
- Did you smoke at all during this pregnancy, including before you were aware that you were pregnant?
- During which months of this pregnancy did you smoke? Did you smoke in...
- On average, how many cigarettes did you smoke per day during months one to three of this pregnancy?
- On average, how many cigarettes did you smoke per day during months four to six of this pregnancy?
- On average, how many cigarettes did you smoke per day during months seven to nine of this pregnancy?
- How often did you drink alcohol during this pregnancy?
- In an average week, how many units did you drink?
- On the days when you did drink alcohol, on average how many units did you drink in a day?
- Did you have a multiple birth such as twins or triplets with this pregnancy?
- Have you had any more pregnancies since you were last interviewed?
- Is your [first/second/third/fourth] child still living with you?

1 Yes

2 No

3 Died

- In which year did that happen?
- [Are/were] they a boy or a girl?
- What is his/her month and year of birth?
- How old was he/she when he/she last lived with you?

(If new child since previous interview)

- Is [CHILD'S NAME] is a [boy/girl] and what is their date of birth?
- What is [CHILD'S NAME] 's sex?
- Was [CHILD'S NAME] born within one week of the expected due date?
- Was [CHILD'S NAME] born early or late?
- How many weeks [early/late] was [CHILD'S NAME] ?
- How much did [CHILD'S NAME] weigh when they were born?
- Did [CHILD'S NAME] weigh more than 5.5lbs (2.5kg)?
- How easy or difficult is it for you to calm or soothe [CHILD'S NAME] when he/she is upset?
- How often does [CHILD'S NAME] usually fuss and cry during a typical 24 hour period (e.g. yesterday)?
- How long does it usually take you to settle [CHILD'S NAME] for his or her night time sleep once you have started the process?
- How many times does [CHILD'S NAME] usually wake him/herself up at night?
- How true are the following statements about [CHILD'S NAME]?:
  - [CHILD'S NAME] refuses to eat.
  - [CHILD'S NAME] seems to have no appetite.
- Did you breastfeed [CHILD'S NAME] , even if only for a short time?
- And how old was [NAME] when you stopped breastfeeding him/her altogether?
- Last time you were interviewed, you were breastfeeding [child's name]. Are you still breastfeeding [child's name]?
- How old was [child's name] when you stopped breastfeeding altogether?
- Are [CHILD1] and [CHILD2] twins?
- Are [CHILD1] and [CHILD2] identical twins?

### Annual event history - Health conditions

- Since you were last interviewed, has a doctor or other health professional newly diagnosed you as having any of the following conditions?

1 Asthma

2 Arthritis. What type of arthritis was that?

- 1 Osteoarthritis
- 2 Rheumatoid arthritis
- 3 Other type of arthritis
- 4 More than one of the above
- 5 Don't know

3 Congestive heart failure

4 Coronary heart disease

5 Angina

6 Heart attack or myocardial infarction

7 Stroke

8 Emphysema

11 Chronic bronchitis

21 COPD (Chronic Obstructive Pulmonary Disease)

10 Hypothyroidism or an under-active thyroid

12 Any kind of liver condition

13 Cancer or malignancy. What type of cancer or malignancy was that?

- 1 Bowel/colorectal
- 2 Lung
- 3 Breast
- 4 Prostate
- 5 Liver
- 6 Skin cancer or melanoma
- 7 Other

14 Diabetes. What type of diabetes was that?

- 1 Type 1 diabetes
- 2 Type 2 diabetes
- 3 Gestational diabetes / during pregnancy
- 4 Other type of diabetes
- 5 More than one of the above
- 6 Don't know

15 Epilepsy

16 High blood pressure/hypertension

22 An emotional, nervous or psychiatric problem. What type of emotional, nervous or psychiatric problem was that?

- 1 Anxiety
- 2 Depression
- 3 Psychosis or schizophrenia
- 4 Bipolar disorder or manic depression
- 5 An eating disorder
- 6 Post-traumatic stress disorder
- 7 Other

19 Multiple Sclerosis

20 H.I.V. H.I.V.

97 Other long standing/chronic condition, please specify

96 None of these

- What other long standing/chronic health conditions has a doctor or other health professional told you that you had?

- 1 Asthma
- 3 Congestive heart failure
- 4 Coronary heart disease
- 5 Angina
- 6 Heart attack or myocardial infarction
- 7 Stroke
- 8 Emphysema
- 10 Hypothyroidism or an under-active thyroid
- 11 Chronic bronchitis
- 12 Any kind of liver condition
- 15 Epilepsy
- 16 High blood pressure/hypertension
- 19 Multiple Sclerosis
- 20 H.I.V.
- 21 COPD (Chronic Obstructive Pulmonary Disease)
- 23 Osteoarthritis
- 24 Rheumatoid arthritis
- 25 Other arthritis
- 26 Bowel/colorectal cancer
- 27 Lung cancer
- 28 Breast cancer
- 29 Prostate cancer
- 30 Liver cancer
- 31 Skin cancer or melanoma
- 32 Other cancer
- 33 Type 1 diabetes
- 34 Type 2 diabetes Type 2 diabetes
- 35 Gestational diabetes/during pregnancy
- 36 Other diabetes
- 37 Anxiety
- 38 Depression
- 39 Psychosis or schizophrenia
- 40 Bipolar disorder or manic depression
- 41 An eating disorder
- 42 Post-traumatic stress disorder
- 43 Other emotional, nervous or psychiatric problem
- 97 Other long standing/chronic condition
- 96 None of these None of these

- Do you still have (condition)?
- Have you been in hospital or clinic as an in-patient overnight or longer since you were last interviewed because of this health condition?
- How many days have you spent in hospital or clinic as an in-patient since you were last interviewed because of this health condition?

#### Annual event history - Education

- Last time you were interviewed, you were in full-time education. Have you been in continuous full-time education since then? Being on holiday from school or between school and University counts as being in full-time education even if you had a job at that time.
- What is the month and year you finished that period of full-time education?

- Have you had any / other periods of full-time education since? When did that start?
- Has that period of full-time education ended? When did it end?
- Have you gained any formal qualifications from your full-time education since you were last interviewed?
- What qualifications have you gained?
- Which higher degree qualification did you get?
- How many A Levels (or equivalent) did you get?
- How many Highers (or equivalent) did you get?
- How many Credit Standard Grades/Intermediate 2/National 5 (or equivalent) did you get?
- How many GCSE grades A\*-C / GCSE grades 9-4 did you get?
- Did these include Maths and/or English?
- What level of apprenticeship qualification did you get?
- What level RSA/OCR qualifications did you get?
- What level City and Guilds qualifications did you get?
- What level GNVQ/GSVQ qualifications did you get?
- What level BTEC/BEC/TEC/EdExcel/LQL qualifications did you get?
- What level SCOTVEC/SCOTEC/SCOTBEC qualifications did you get?
- In the last 12 months, have you done any [other] training schemes or courses, even if they are not finished yet? Please include any part-time or evening courses, training provided by an employer, day release schemes, apprenticeships and government training schemes.
- How many training schemes or courses have you been on?
- Thinking about your [first/second/third] training scheme or course, was this provided by your employer either on or off the job, was it a government training scheme, a college or university degree or diploma, or was it some other type of training scheme or course?
- During the last 12 months, on how many days did you attend that training course?
- On average and not including breaks, lunch or travel time, how many hours [each/that] day did you spend on that course?
- Has that training scheme or course ended?
- For which, if any, of these reasons have you done this training?

1 To help you get started in your job

2 To improve your skills in your current job

3 To maintain professional status and/or meet occupational standards

4 To prepare you for a job you might do in the future

5 To help you get a promotion

6 Health and Safety Training

7 For hobbies or leisure

- Did you gain any qualifications from that training scheme or course?
- What qualifications did you gain from any of your training schemes or courses?
- Did you obtain your highest educational or school qualification in the UK?
- What is the highest educational or school qualification you have ever obtained?
- Do you have any CSE, O Level or GCSE qualifications?
- How many CSE grades 1 / O Level grades A-C / GCSE grades A\*-C / GCSE grades 9-4 or equivalent did you get?
- Did these include Maths and/or English?

### Annual event history - Employment

- Last time you were interviewed, you were (job status). Have you been continuously (job status) since then?

- On what date did you stop being (job status) / working in the job you were doing?
- Why did you stop doing that job?

- 1 Promoted
- 2 Left for better job
- 3 Made redundant
- 4 Dismissed/sacked
- 5 Temporary job ended
- 6 Took retirement
- 7 Health reasons
- 8 Left to have baby
- 9 Look after family
- 10 Look after other person
- 11 Moved area
- 97 Other reason (what other reason was that?)

- Immediately following that period of (job status), did you have a period of paid work or did you do something else?
- What were you doing? Were you...

- 1 Unemployed/looking for work
- 2 Retired
- 3 On maternity/paternity leave
- 4 Looking after the family or home
- 5 In full-time education/student
- 6 Long-term sick or disabled
- 7 On a government training scheme
- 8 Something else

- Has this period of being / activity ended or is this what you are doing now?
- On what date did you stop doing this activity?
- Have you worked continuously for the same employer since you were last interviewed?
- Are you still working at the same workplace as the job you had when you were last interviewed?
- Have you been working continuously in the same job since you were last interviewed?
- Have you had any periods of maternity or paternity leave since you were last interviewed?
- On what date did you stop working in the job you were doing when you were last interviewed?
- Why did you stop doing that job?
- Was that next job your current job?
- Was that job full-time or part-time, where part-time is working less than 30 hours a week?
- In that job were you employed or self-employed?
- On what date did you end that job?
- Why did you stop doing that job?
- What was the main thing about your current job that attracted you to it?

- 1 Better money
- 2 Better career prospects
- 3 More responsibility
- 4 More secure job
- 5 More interesting work
- 6 Wanted specific type of job
- 7 To be own boss
- 8 More opportunity to use own initiative
- 9 Closer to home - less travelling time to work
- 10 Shorter/fewer hours

- 11 More flexible hours
- 12 Health reasons
- 13 Suited respondent's qualifications, training or experience
- 14 Work less demanding/easier
- 15 Preferred to previous job
- 97 Other (what other thing was that?)

- On what date did you stop doing that and start your next job or other activity?

### Current employment

- Did you do any paid work last week - that is in the seven days ending last Sunday - either as an employee or self-employed?
- Even though you weren't working did you have a job that you were away from last week?
- What was the main reason you were away from work last week?

- 1 Maternity/Paternity leave
- 2 Other leave/holiday
- 3 Sick/injured
- 4 Attending training course
- 5 Laid off/on short time
- 6 On strike
- 7 Other personal/family reasons
- 97 Other reasons

- Leaving aside your own personal intentions and circumstances, is your job...

- 1 A permanent job
- 2 Or is there some way that it is not permanent?

In what way is the job not permanent, is it...

- 1 Seasonal work
- 2 Done under contract for a fixed period or a fixed task
- 3 Agency temping
- 4 Casual type of work
- 97 Other

- What does the firm/organisation you work for mainly make or do at the place where you work?
- Is (job description) still an accurate description of your occupation in your main job?
- What was your main job last week? What was the exact job title and describe fully the sort of work you do.
- Are you still an employee / self-employed?
- On what date did you start working in your present job?
- If you have been promoted or changed grades, what was the date of that change or the date when you started doing the job you are doing now for your present employer or working self-employed.

### Employees

- How are you paid for that work?

- 1 By the organisation or company you actually did the work for,
- 2 Or by a different organisation or company?

- Do you pay your own National Insurance and Tax or is this usually deducted by the organisation(s) you work for, for example, your client, employer, agency etc.
- Last time you were interviewed, you said you were a manager/ had no managerial or supervisory responsibilities. Is that still the case?
- Do you have any managerial duties or do you supervise any other employees?
- Is the number of people employed at the place you work still (...) people?
- How many people are employed at the place where you work?
- Do you work for a private firm or business or other limited company or do you work for some other type of organisation?
- What kind of non-private organisation do you work for?
- Thinking about your (main) job, how many hours, excluding overtime and meal breaks, are you expected to work in a normal week?
- How many hours overtime do you usually work in a normal week?
- How much of that overtime is usually paid overtime?
- Do you work mainly...

1 At home

2 At your employer's premises

3 Driving or travelling around

4 Or at one or more other places? Or at one or more other places?

97 Other

- The last time you were paid, what was your gross pay - that is including any overtime, bonuses, commission, tips or tax refund but before any deductions for tax, National Insurance or pension contributions, union dues and so on?
- How long a period did that cover?
- What was your take home pay last time, that is after any deductions were made for tax, National Insurance, pensions, union dues etc?
- How long a period did that cover?
- Your take home pay last time was (...). Is this the amount you usually receive (before any statutory sick pay or statutory maternity, paternity or adoption pay)?
- How much are you usually paid?
- How long a period did that cover?
- Is that before or after any deductions for tax, National Insurance, union dues and so on or are there usually no deductions at all made from your salary?
- How is your pay calculated, in particular are you salaried or paid by the hour?
- If you were to work more hours than usual during some week, would you receive additional pay for these extra hours of work?
- Is this extra pay a set amount or does it vary from time to time?
- About how much would you be paid per hour for those extra hours?
- Is your hourly rate of pay for basic hours of work a set amount or does it vary?
- What is your hourly rate of pay for your basic hours of work?
- How are you paid for any overtime you work?
- What is your hourly rate of pay for overtime?
- About how much time does it usually take for you to get to work each day, door to door (in minutes)?
- How do you usually get to your place of work?

1 Drive myself by car or van

2 Get a lift with someone from household

3 Get a lift with someone outside the household

4 Motorcycle/moped/scooter

- 5 Taxi/minicab
- 6 Bus/coach
- 7 Train
- 8 Underground/Metro/Tram/Light railway
- 9 Cycle
- 10 Walk
- 97 Other

- Which do you use for the furthest part of your journey to work?

We would like to add to the information you have provided using information about your place of employment. We will not contact your place of employment. We will only add publicly available information, such as that held by local councils, or information held by the Office for National Statistics which we would access in accordance with a strict data sharing agreement which maintains the confidentiality of that data. If you are happy for us to do so, please provide the company name and your workplace address, including postcode.

### Self-employment

- Do you have any employees?
- How many people do you employ?
- How many hours in total do you usually work in a week in your job?

Which of these best describes your employment situation...

- 1 Running a business or a professional practice
- 2 Partner in a business or a professional practice
- 3 Working for myself
- 4 A sub-contractor
- 5 Doing freelance work
- 6 Or self-employed in some other way?

- Do you pay your own National Insurance and Tax or is this usually deducted by the organisation(s) you work for, for example, your client, employer, agency etc.
- In this job/business are annual business accounts prepared for HM Revenue and Customs for tax purposes?
- Are you working on your own account or are you in partnership with someone else?
- What is the most recent period for which accounts have been prepared for HM Revenue and Customs?
- What was the amount of (your share of) the profit or loss figure shown on these accounts for this period?
- Does this figure relate to profit or loss?
- Is that figure before deduction of income tax?
- Is that figure before deduction of National Insurance?
- Do you have separate bank or building society accounts for your work and your private finances?
- Do you draw money from your work account for any non-business purposes, such as any of these?
- Thinking of the last 12 months, on average how much have you taken EACH MONTH for these non-business purposes?
- Apart from any drawings from the bank/building society, do you receive any other income from this job/business, for personal use?
- On average, how much is that each month?
- After paying for any materials, equipment or goods that you use(d) in your work, what was your weekly or monthly income, on average, from this job/business over the last 12 months?

- Was that weekly or monthly income?
- Is that figure before deduction of income tax?
- Is that figure before deduction of National Insurance?
- Where do you mainly work? Is it...

- 1 At home
- 2 From your own home
- 3 From separate business premises
- 4 From a van or stall
- 5 From client's or customer's premises
- 6 Driving or travelling around
- 97 Or from some other place?

- About how much time does it usually take for you to get to work each day, door to door?
- How do you usually get to your place of work?
- Which do you use for the furthest part of your journey to work?

- On a scale of 1 to 7 where 1 means 'Completely dissatisfied' and 7 means 'Completely satisfied', how dissatisfied or satisfied are you with your present job overall?
- Thinking about the type of work that you do, in general would you say that you are...

- 1 Very physically active
- 2 Fairly physically active
- 3 Not very physically active
- 4 Or not at all physically active in your job?

### Job satisfaction

- On a scale of 1 to 7 where 1 means 'Completely dissatisfied' and 7 means 'Completely satisfied', how dissatisfied or satisfied are you with your present job overall?

### Physical work

Think about the type of work that you do, in general would you say that you are...

- 1 Very physically active
- 2 Fairly physically active
- 3 Not very physically active
- 4 Or not at all physical active in your job?

### NEST consent

We would like to add any records held by the National Employment Savings Trust (NEST), the government-backed pension scheme, to the responses you have given to this study. If you have an account with NEST, these records will include information they hold on your pension savings through employers who've enrolled you into NEST, and any savings you've made yourself into the scheme. Linking the information will help us to get a fuller picture about who saves with NEST and how their retirement savings are building up.

All information will be used for research purposes only. It will be used by academic or policy researchers under restricted access arrangements which make sure that the information is used responsibly and is held securely. If you decide that you no longer wish to take part in the study you can withdraw your consent at any time. If you withdraw consent, we will retain your NEST information up until that point after which time no further links to the personal data will be made.

Under Data Protection Legislation we need you to give your consent for us to pass your name, post code, sex and date of birth to the National Employment Savings Trust (NEST) Corporation or a contractor conducting the linkage, so that they can identify whether you have a NEST account, and if so, to link this information to your survey responses. Are you happy to give us your consent?

## Non-employment

- Have you looked for any kind of paid work or government training scheme in the last four weeks?
- Although you are not looking for paid work at the moment, would you like to have a regular paid job even if only for a few hours a week?
- If a job or a place on a government training scheme had been available in the week ending last Sunday, would you have been able to start within two weeks?
- In the past four weeks what active steps have you taken to find work? Have you...

- 1 Applied directly to an employer
- 2 Studied or replied to advertisements
- 3 Searched for jobs/information about jobs on the internet
- 4 Contacted a private employment agency or job centre
- 5 Asked friends or contacts
- 6 Taken steps to start your own business
- 96 Or none of these steps?

- In what month and year did you leave your last paid job?
- What did the firm/organisation you worked for mainly make or do (at the place where you worked)?
- What was your job?
- Were you working as an employee or were you self-employed?
- Did you have any employees?
- Did you have any managerial duties or were you supervising any other employees?
- How many people did you employ /were employed at the place where you worked?
- How likely do you think it is that you will begin paid work in the next twelve months?

## Mothers return to work

- You have recently had a new baby, do you plan to return to work at any time in the future?

- 1 Yes
- 2 No
- 3 Maybe

- Why is that? (if no or maybe)

- 1 I prefer to look after my child(ren) myself
- 2 I cannot earn enough to pay for childcare
- 3 I cannot find suitable childcare
- 4 There are no jobs in the right place for me
- 5 There are no jobs with the right hours for me
- 6 There are no jobs available for me
- 7 I am in full-time education
- 8 I am on a training course
- 9 My family would lose benefits if I was earning
- 10 I am caring for an elderly or ill relative or friend
- 11 I cannot work because of poor health

- 12 I prefer not to work
- 13 My husband/partner disapproves
- 97 Some other reason

- How old will [CHILD NAME] [and [CHILD NAME] ] {if more than one youngest child e.g. twins} be at the time you would hope to start working?
- Would you prefer to return to work full-time or part-time?

## Second jobs

- Do you currently earn any money from a second job, odd jobs, or from work that you might do from time to time, apart from any main job you have?
- What is it that you do (and what does the firm or person you work for make or do)?
- Are you an employee or self-employed?
- How many hours do you usually work in a month in your second/odd job(s), excluding meal breaks but including any overtime you might do?
- Before tax and other deductions, how much do you earn from your second and all other occasional jobs in a usual month?

## Gig economy

- Thinking about the past month, which, if any, of the following have you done in order to make money using a website, platform or app?
  - 1 Carried passengers in your vehicle (e.g. taxi rides)
  - 2 Delivered food and drink from restaurants and food outlets to people
  - 3 Provided courier services (e.g. package and postal deliveries, messenger services, etc.)
  - 4 Performed manual tasks (e.g. cleaning, decorating, building, home fixtures and repairs, pet-sitting, etc.)
  - 5 Performed non-manual tasks (e.g. web and software development, writing and translation, accounting, legal and admin services, marketing and media, audio and visual services, etc.)
- 96 None of these
- How many hours do you usually work in total doing this? Please include any unpaid time looking for tasks, applying for jobs etc.
- What period does that cover?
- Was this amount included in any job income you told me about earlier?
- Which job(s)?

## Childcare

- Do you ever use any type of childcare for your child/ children? By 'childcare' we mean care carried out by anyone other than yourself (or your partner).
- What arrangements do you use to look after your child / children when you are working?
  - 1 Looked after by husband/wife/partner
  - 2 Old enough to look after themselves
  - 3 I only work during school hours
  - 4 I work at home
  - 5 Other type of arrangement
- Are the childcare arrangements for looking after [CHILD NAME] during school term-time the same as during school holidays?

- Is the number of hours per week used to look after [CHILD NAME] the same during school term-time and in school holidays?
- First thinking about during school term-time. What are your usual arrangements for looking after [CHILD NAME]?

0 No types of childcare or nursery education used

1 Nursery school or nursery class

2 Special day school or nursery or unit for children with special educational needs

3 Day nursery or creche

4 Playgroup or pre-school

5 Childminder

6 Nanny or au pair or childcarer in the home

7 Baby-sitter who comes to your home

8 Breakfast club or After school club, on school/nursery school site

9 Breakfast club or After school club, not on school/nursery school site

10 Holiday club/scheme

11 Ex-husband/wife/partner/the child's non resident parent

12 The child's grandparent(s)

13 The child's older brother/sister

14 Another relative

15 A friend or neighbour

16 Other nursery education provider

17 Other childcare provider

- Of these childcare arrangements, which three have you used the most?
- How many hours per week does [CHILD NAME] usually spend being looked after by [see above] during school term-time?
- What are your usual arrangements for looking after [CHILD NAME] during the school holidays?
- Of these childcare arrangements, which three do you use the most?

## Family networks

The next few questions are about contact you have with family members not living here with you.

- Excluding relatives who are living in this household with you at the moment, which of these types of relatives you have alive at the moment?

1 Mother

2 Father

3 Son(s)/daughter(s)

4 Brothers/sisters

5 Grandchildren

6 Grandparents

7 Great Grandchildren

8 Great Grandparents

9 Step/adoptive mother

10 Step/adoptive father

96 None of these

- Which person do you have the most contact with, your biological mother or your step/adoptive mother?
- Which person do you have the most contact with, your biological father or your step/adoptive father?
- How old is your mother?

- How old is your father?
- How many living relatives do you have, excluding those living here at the moment?
- Do your parents live together in the same household?
- Does your biological mother live alone?
- Does your biological father live alone?
- Are any of your children living outside the household aged under 16?
- Do any of your children under 16 living outside the household currently live in your country of birth?
- What arrangements do you use to look after your [child/children] under 16 living in your country of birth?

- 1 Looked after by my partner or ex-partner
- 2 Looked after by my/my partner's or ex-partner's parents
- 3 Looked after by other relatives
- 4 Looked after by friends
- 5 Old enough to look after themselves
- 6 Other

- Do you intend to bring your children under 16 living in your country of birth to the UK in the next 3 years?
- How often do you visit, see or contact your child(ren) under 16 living outside the household?
- Do they stay with you for weekends or school holidays on a regular basis, an irregular basis, or not at all?
- About how many nights each week, fortnight or month does your child/do your children usually stay overnight with you?
- What period does that cover?
- (Even though you are not in contact with your children,) About how long would it take you to get to where your child(ren) under 16 live(s)? Think of the time it usually takes door to door.
- How close a relationship do you have with your child(ren) under 16 living outside the household? Would you say it is...

- 1 Very close
- 2 Quite close
- 3 Not very close
- 4 Or not close at all?

- Thinking about your mother. Other than via Skype or webcam, how often do you see your mother?
- How often do you have contact by telephone, email, letter, Skype or webcam with your mother?
- About how long would it take you to get to where your mother lives? Think of the time it usually takes door to door.
- Thinking now about your father. Other than via Skype or webcam, how often do you see your father?
- How often do you have contact by telephone, email, letter, Skype or webcam with your father?
- About how long would it take you to get to where your father lives? Think of the time it usually takes door to door.
- Nowadays, do you regularly or frequently do any of these things for your parent(s)?

- 1 Giving them lifts in your car (if you have one)
- 2 Shopping for them
- 3 Providing or cooking meals
- 4 Helping with basic personal needs like dressing, eating or bathing
- 5 Washing, ironing or cleaning

- 6 Dealing with personal affairs e.g. paying bills, writing letters
- 7 Decorating, gardening or house repairs
- 8 Financial help
- 97 Anything else
- 96 None of these None of these

- Do you regularly or frequently receive any of these things from your parent(s)?

- 1 Getting a lift in their car (if they have one)
- 2 Shopping for you
- 3 Providing or cooking meals
- 4 Looking after your children
- 5 Washing, ironing or cleaning
- 6 Dealing with personal affairs e.g. paying bills, writing letters
- 7 Decorating, gardening or house repairs
- 8 Financial help
- 97 Anything else
- 96 None of these

- Thinking now about your children aged 16 or over. If you have more than one son or daughter aged 16 or over not living with you please think about the one with whom you have the most contact. Apart from via Skype or webcam, how often do you see your son/daughter?
- How often do you have contact by telephone, email, letter, Skype or webcam with your son/daughter (aged 16 or over)?
- About how long would it take you to get to where your son/daughter (aged 16 or over) lives? Think of the time it usually takes door to door.
- Nowadays, do you regularly or frequently do any of these things for your children aged 16 or older who are not living here?

- 1 Giving them lifts in your car (if you have one)
- 2 Shopping for them
- 3 Providing or cooking meals
- 4 Looking after their children
- 5 Washing, ironing or cleaning
- 6 Dealing with personal affairs e.g. paying bills, writing letters
- 7 Decorating, gardening or house repairs
- 8 Financial help
- 97 Anything else
- 96 None of these

- And do you regularly or frequently receive any of these things from your children aged 16 or older not living here?

- 1 Getting lifts in their car (if they have one)
- 2 Shopping for you
- 3 Providing or cooking meals
- 4 Help with basic personal needs like dressing, eating or bathing
- 5 Washing, ironing or cleaning
- 6 Dealing with personal affairs e.g. paying bills, writing letters
- 7 Decorating, gardening or house repairs
- 8 Financial help
- 97 Anything else
- 96 None of these

- Thinking about your children aged under 16 who are not living with you, do you send or give money for child support?
- About how much did you send or give for child support last time you gave money?
- How often do you give this money?

## Parents and children

The next questions are about you, your children, the school they attend and the things you do together.

- How important do you think it is for your child / children to complete their A level / Higher Grades exams?
- How important do you think it is for your child / children to stay in education or training after they leave school? This could be education at 6th form or to study for other qualifications, other training courses, or training on schemes such as apprenticeships?
- Is [CHILD NAME] still attending [school name] in [town]?
- Is [CHILD NAME] 's school a state school or is it a private, fee paying school?
- How often do you help [CHILD NAME] with [her/his] homework?
- Does [CHILD NAME] receive any additional tutoring outside school for any of [his/her] school subjects?
- Which subjects is this for?
- Would you personally like to see [CHILD NAME] go on to university or college when they finish their schooling?
- How often do you and your child/ children spend time together on leisure activities or outings outside the home such as going to the park or zoo, going to the movies, sports or to have a picnic?
- In the past 7 days, how many times have you eaten an evening meal together with your child/ children and other family members who live with you?
- Most children have quarrels with their parents at some time. How often do you quarrel with your child/ any of your children
- Children vary a great deal in how often they talk to their parents about things that matter to them. How often does your child / do any of your children talk to you about things that matter to them?
- How often do you allow your child / any of your children to help set rules?
- Are the rules you have strictly enforced or not very strictly enforced?

*[Card questions on how often parents praise / slap / yell at / cuddle their children)*

## Benefits

One of the most important parts of our research is how people are getting by financially these days. We have found that we need to ask about a number of different types of income, otherwise our results could be misleading. Please think about ALL of the extra sources of income you receive, as well as any benefits or tax credits.

- Are you currently receiving any of these payments, either just yourself or jointly?

1 Income Support

2 Job Seeker's Allowance

3 Child Benefit

4 Universal Credit

96 None of these

- Are you receiving Child Tax Credit, either just yourself or jointly?
- Are you receiving any of these types of payments, either just yourself or jointly?

- 1 NI Pension or State Retirement (Old Age) Pension
- 2 A pension from a previous employer
- 3 A pension from a spouse's previous employer
- 4 Pension Credit including Guarantee Credit & Savings Credit
- 5 Private Pension or Annuity
- 6 Widow's or War Widow's Pension
- 7 Widowed Mother's Allowance, Parent's Allowance or Bereavement Allowance
- 8 War Disablement Pension
- 96 None of these

- You say you receive the State Retirement Pension. Does this include any income from the State Earnings Related Pension Scheme, also known as SERPS?
- Are you currently receiving any of these payments ,either just yourself or jointly?

- 1 Incapacity Benefit
- 2 Employment and Support Allowance
- 3 Severe Disablement Allowance
- 4 Carer's Allowance
- 5 Disability Living Allowance
- 12 Personal Independence Payments
- 7 Attendance Allowance
- 8 Industrial Injury Disablement Benefit
- 10 Sickness and Accident Insurance
- 97 Any other disability related benefit or payment
- 96 None of these

- Do you know whether the Employment and Support Allowance is in the....

- 1 Work-Related Activity Group
- 2 Support Group
- 3 Not sure/Don't know

- Are you currently receiving any of these payments, either just yourself or jointly?

- 1 Foster Allowance
- 2 Maternity Allowance
- 3 In-Work Credit for Lone Parents
- 4 Return to Work Credit
- 5 Working Tax Credit
- 6 Council Tax Reduction
- 7 Rate Rebate
- 8 Housing Benefit
- 9 Rent Rebate
- 97 Any other state benefit or credit
- 96 None of these

- Aside from these types of income, are you currently receiving any of these types of payments, either just yourself or jointly?

- 2 Education Grant other than a Student Loan or Tuition Fee Loan
- 3 Trade Union or Friendly Society Payment
- 4 Maintenance or Alimony
- 5 Payments from a family member not living with you
- 6 Rent from Boarders or Lodgers (not family members) living here with you
- 7 Rent from any other property even if that only covers that property's mortgage or running costs
- 97 Or any other regular payment
- 96 None of these

- How much was the last payment of [benefit] you received (to nearest £)?
- What period did that cover?
- Do you receive that solely in your name or jointly with someone else?
- With whom do you receive [benefit]?
- Was this amount received before tax was owed or after tax was paid?
- And are you currently receiving any other payments of [benefit]?

## Pension drawdown

Thinking further about pensions, with a defined contribution pension you build up a pot of money that you can then use to provide an income in retirement. This differs from defined benefit schemes, which promise a specific income in retirement. Changes to the law mean it is now easier to withdraw cash sums from pension pots in some circumstances.

- Do you have any defined contribution pension pots that you can now withdraw cash sums from?
- Have you withdrawn anything from those pension pots in the last 12 months?
- In the last 12 months how much in total have you withdrawn?
- Was this amount included in any pension income you reported earlier?
- Is this amount before deduction of income tax?

## Household finances

- In the past 12 months how much have you personally received in the way of dividends or interest from any savings and investments you may have?
- Would it amount to £ 500 or more?
- Would it amount to £ 1000 or more?
- Would it amount to £ 5000 or more?
- Would it amount to £ 10000 or more?
- Would it amount to £ 2500 or more?
- Would it amount to £ 100 or more?
- How well would you say you yourself are managing financially these days? Would you say you are...

- 1 Living comfortably
- 2 Doing alright
- 3 Just about getting by
- 4 Finding it quite difficult
- 5 or finding it very difficult?

- Looking ahead, how do you think you will be financially a year from now, will you be...

- 1 Better off
- 2 Worse off than you are now
- 3 or about the same?

## Child maintenance

- Is [CHILD NAME] currently in full-time education or training, not including higher education?

Maintenance arrangements are sometimes made by parents, if they do not live together, to help support any children. These can be regular payments made through Court Orders, through the Child Maintenance Service or just made privately between the parents without involving the CMS or Courts. A private or family based arrangement could also include payments for specific things like school fees, clothing or holidays, or even involve non-financial help like shared care.

- Has the Child Maintenance Service, or CMS, made a calculation, instructing a previous partner to pay maintenance to you or any children?
- Which children do these payments cover?
- Are these payments paid directly to you from the child's mother/father, or are they collected on your behalf by the Child Maintenance Service?
- How much are you supposed to receive?
- How long does that cover?
- Thinking about the maintenance calculated by the Child Maintenance Service to be paid to you, do you usually receive....

- 1 All of it
- 2 Some of it
- 3 Or none of it?
- 4 Paid by DWP/CMS
- 5 Varies

- How much do you actually receive?
- How long does that cover?
- Are these payments usually on time?
- Overall, how well do you think your CMS arrangement works?
- Which of the following are reasons why you do not receive any of these payments?

- 1 Waiting for CMS to enforce a maintenance payment
- 2 Other parent is not in work/is a student
- 3 Other parent cannot afford to pay
- 4 Other parent has refused to pay
- 5 Don't know where other parent is living
- 6 Other parent is in prison
- 7 Other parent is abroad
- 8 Other parent is potentially violent
- 9 Other parent disputes paternity
- 97 Other reason

- Is there any Court Order in force, not a Child Maintenance Service (CMS) calculation, that says that you should receive regular maintenance payments from a previous partner either on behalf of yourself, or any children?
- For which children do these court ordered payments cover?
- Under the Court Order, how much are you supposed to receive regularly from your previous partner(s) for your child/children?
- How long does that cover?
- Thinking about the amount you are supposed to receive for your child/children, do you usually receive all of it, some of it or none of it or does it vary?
- How much do you actually receive?
- How long does that cover?
- Are these payments usually on time?

Apart from CMS calculations or court orders, parents might make private, or family based, arrangements for the care of their children. These can be either formalised in writing or arranged informally. They might involve regular payments, payments for specific things like school fees, holidays or pocket money, or non-financial help such as providing clothing or sharing care.

- Do you have a private arrangement that you should receive either financial or non-financial contributions from a previous partner either on behalf of yourself, or any children?
- Is this private arrangement mainly financial or mainly non-financial?
- For which children does this voluntary arrangement cover?
- Under the private arrangement(s), how much are you supposed to receive regularly from your previous partner(s) for your child/children?
- How long does that cover?
- Thinking about the amount you are supposed to receive for your child/children, do you usually receive all of it, some of it, none of it, paid by DWP/CMS or does it vary?
- How much do you actually receive?
- How long does that cover?
- Are these payments usually on time?
- Overall, how well do you think your family-based arrangement works?

Which of the following are reasons why you are not currently receiving any child maintenance payments?

- 1 Waiting for an agreement to be made from court/CMS/other organisation
- 4 I prefer not to receive child maintenance
- 5 Other parent cannot afford to pay any maintenance
- 6 Other parent said they would not pay/refused to pay maintenance
- 7 Don't know where other parent is
- 8 Other parent is in prison
- 9 Receiving maintenance could cause friction
- 10 Other parent is abusive or violent
- 11 I don't want contact with my child's other parent
- 12 I don't want my child to have contact with my child's other parent
- 97 Other

- Apart from the regular payments already listed above, does your child's/children's mother/father help you in any of the following ways?

- 1 Pay bills
- 2 Pay for urgent repairs
- 3 Pay for furniture, bedding etc..
- 4 Pay for clothes/shoes

- 5 Pay for toys
- 6 Pay for school trips (or extra lessons such as music, dance or sport)
- 7 Pay for holidays
- 8 Provide childcare vouchers
- 9 Pay school fees
- 10 Make mortgage payments
- 11 Pay off your debt (e.g. bank overdraft, credit card)
- 97 Pay for something else not listed above
- 96 None of these

- Does your child's/children's mother/father help you in any of the following ways?

- 1 Providing childcare
- 2 Doing housework
- 3 DIY/home improvements
- 4 Helping child with school-work
- 97 Helps in any other way
- 96 None of these

Various circumstances can affect child support payment, so we would like to know a little more about your child's/children's other parent.

- Is the mother/father of all your children the same person?

Next are some questions about each person with whom you've had children. To avoid asking the same set of questions twice, we need to record which children you had with each of your partners. We don't need your partner's name, but we'll use a code to identify which children have the same parent.

- How often does [CHILD NAME] usually see [his/her] mother/father during term time?
- About how many nights each week, fortnight or month does [CHILD NAME] usually stay overnight with their mother/father during termtime?
- What period does that cover?
- How often does [CHILD NAME] usually see [his/her] mother/father during school holidays?
- About how many nights each week, fortnight or month does [CHILD NAME] usually stay overnight with their mother/father during school holidays?
- What period did that cover?
- When important decisions, such as relating to education or health, have to be made in [CHILD NAME] 's life, would you say that decisions are made...

- 1 ...mainly by you ...
- 2 mainly by non-resident parent
- 3 or, do you and non-resident parent have a roughly equal say?
- 4 it depends on the decision

- How often do you usually see [CHILD NAME] 's mother/father?
- How would you describe your relationship with [him/her] these days? Is it...

- 1 ...very friendly
- 2 ...quite friendly
- 3 ...not very friendly
- 4 ...very unfriendly
- 5 ...mixed - sometimes friendly, sometimes unfriendly?
- 6 Never see them

Next are some questions about [CHILD NAME] 's mother/father and the time when you separated. Which of these best describes the relationship you once had with [CHILD NAME] 's mother/father?

- 1 A married couple, living together
- 2 An unmarried couple, living together
- 3 An unmarried couple, not living together
- 4 Not a couple
- 5 We are still a couple, but we don't live together

- At the time your relationship with [CHILD NAME] 's mother/father ended, how long had you been in a relationship with them?
- Have you sought help from any support services for issues you may have as a result of ending this relationship?
- What is the name of the support service provider that you used?

- 1 4 Children
- 2 Action for Children
- 3 Barnardos
- 4 Children and Family Court Advisory Service (CAFCASS)
- 5 Centre for Separated Families
- 6 Citizens Advice Bureau
- 7 Community Legal Services
- 8 Families Need Fathers
- 9 Family Lives
- 10 Gingerbread
- 11 Marriage Care
- 12 Money Advice Service
- 13 National Domestic Violence Helpline
- 14 National Family Mediation
- 15 One Plus One
- 16 Relate
- 17 Resolution
- 18 Shelter
- 19 Tavistock Centre for Couple Relationships
- 20 Women's Aid
- 97 Other

- Is seeking help from a support service something that you would consider doing now or in the future?
- What was [CHILD NAME] 's mother/father's age last birthday?
- Is [CHILD NAME] 's mother/father currently living with someone as a couple?
- Is [CHILD NAME] 's mother/father currently married?
- Does [CHILD NAME] 's mother/father have any other natural children of [his/her] own?
- Are these natural children currently living with [him/her] ?
- Are any other children living with [him/her] ?
- Which of these best describes [his/her] current employment situation?

- 1 Self-employed
- 2 Working 30 or more hours per week
- 3 Working 16 hours or more per week but fewer than 30 hours
- 4 Working fewer than 16 hours per week
- 5 Unemployed
- 6 Retired

- 7 On maternity/paternity leave
- 8 Looking after family or home
- 9 Full-time student
- 10 Long-term sick or disabled
- 11 On a government training scheme
- 12 Unpaid worker in a family business
- 97 Doing something else

## Retirement planning

- Do you consider yourself to be currently retired, even if you do some paid work or have some other main activity?

There is a lot of policy interest in how people are planning for their long term future and retirement.

- At what age do you expect you will retire or will consider yourself to be retired?

This is a list of things that some people say are good about retirement. For each one, for you, would they be very important, moderately important, somewhat important, or not important at all.

Thinking about retirement, how important is...

- Being your own boss.
- Being able to take it easy.
- Having the chance to travel.
- Having more time for family and friends.
- Having more time for leisure activities.
- Having time to take part in community/voluntary work.

Here are things that some people say are bad about retirement. For each one, for you, would they worry you a lot, somewhat, a little or not at all:

- Not doing anything productive or useful.
- Illness or disability.
- Not having enough income to get by.
- Feeling lonely or isolated.
- Do you currently expect to receive any income or benefit from an employers occupational pension scheme when you retire?
- Do you currently expect to receive any income or benefit from a private pension scheme when you retire?
- (Apart from the pensions already mentioned) Do you currently expect to receive any income or benefit from (other) savings and investments when you retire?
- Does your husband/wife/partner belong to any pension scheme, either an occupational or private scheme under which you would receive benefits if you outlive them?
- How likely is it that you will do any paid employment, either full or part-time, after you retire or reach the compulsory age of retirement in your current job?
- Which of these things do you expect to use to provide for your retirement?

- 1 State retirement (Old Age) pension
- 2 Savings or investments
- 3 Releasing equity in your home by moving to a less expensive one
- 4 Renting out a property (other than your main home)

- 5 Sale of another property (other than your main home)
- 6 Inheritance in the future
- 7 Financial support from your partner or family
- 8 Earnings from part-time/freelance work
- 9 Occupational or personal pension from scheme not yet started
- 10 Something else
- 96 None of the above

- What do you expect your retirement income to be compared with your pre-retirement income?

- 1 Less than a quarter
- 2 About a quarter
- 3 About a third
- 4 About a half
- 5 About two thirds
- 6 About three quarters
- 7 About the same as before retiring
- 8 Have not thought about it

- Looking to the future, do you expect your income during retirement to be...

- 1 More than enough to meet your needs
- 2 Just about enough to meet your needs
- 3 Less than enough to meet your needs

## Self-completion

### Self-completion - general election

- Did you vote in this (past) year's general election?
- Which political party did you vote for?

- 1 Conservatives
- 2 Labour
- 3 Liberal Democrat
- 4 Scottish National Party
- 5 Plaid Cymru
- 6 Green Party
- 7 Ulster Unionist
- 8 SDLP
- 9 Alliance Party
- 10 Democratic Unionist
- 11 Sinn Fein
- 12 UK Independence Party
- 97 Other party

### Self-completion - health

- In general, would you say your health is...

- 1 Excellent
- 2 Very good

- 3 Good
- 4 Fair
- 5 Poor

The following questions are about activities you might do during a typical day.

- Does your health now limit you in these activities? Would you say they are limited a lot, a little or not at all?

- 1 Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf
- 2 Climbing several flights of stairs

- During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health? All of the time / most of the time / some of the time / a little of the time / none of the time:

- 1 Accomplished less than you would like
- 2 Were limited in the kind of work or other activities

- During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? All of the time / most of the time / some of the time / a little of the time / none of the time:

- 1 Accomplished less than you would like
- 2 Did work or other activities less carefully than usual

- During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

- 1 Not at all
- 2 A little bit
- 3 Moderately
- 4 Quite a bit
- 5 Extremely

These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

- How much of the time during the past 4 weeks... (all of the time / most of the time / some of the time / a little of the time / none of the time)

- 1 Have you felt calm and peaceful?
- 2 Did you have a lot of energy?
- 3 Have you felt downhearted and depressed?
- 4 Has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives)?

The next questions are about how you have been feeling over the last few weeks.

- Have you recently been able to concentrate on whatever you're doing?

- 1 Better than usual
- 2 Same as usual
- 3 Less than usual

4 Much less than usual

- Have you recently lost much sleep over worry?

1 Not at all

2 No more than usual

3 Rather more than usual

4 Much more than usual

- Have you recently felt that you were playing a useful part in things?

1 More so than usual

2 Same as usual

3 Less so than usual

4 Much less than usual

- Have you recently felt capable of making decisions about things?

1 More so than usual

2 Same as usual

3 Less so than usual

4 Much less capable

- Have you recently felt constantly under strain?

1 Not at all

2 No more than usual

- Have you recently felt you couldn't overcome your difficulties?

1 Not at all

2 No more than usual

3 Rather more than usual

4 Much more than usual

- Have you recently been able to enjoy your normal day-to-day activities?

1 More so than usual

2 Same as usual

3 Less so than usual

4 Much less than usual

- Have you recently been able to face up to problems?

1 More so than usual

2 Same as usual

3 Less able than usual

4 Much less able

- Have you recently been feeling unhappy or depressed?

1 Not at all

2 No more than usual

3 Rather more than usual

4 Much more than usual

- Have you recently been losing confidence in yourself?

- 1 Not at all
  - 2 No more than usual
  - 3 Rather more than usual
  - 4 Much more than usual
- Have you recently been thinking of yourself as a worthless person?

- 1 Not at all
- 2 No more than usual
- 3 Rather more than usual
- 4 Much more than usual

- Have you recently been feeling reasonably happy, all things considered?

- 1 More so than usual
- 2 About the same as usual
- 3 Less so than usual
- 4 Much less than usual

### Self-completion – life satisfaction

Here are some questions about how you feel about your life.

Please choose the number which you feel best describes how dissatisfied or satisfied you are with the following aspects of your current situation.

- Your health.
- The income of your household.
- The amount of leisure time you have.
- Your life overall.

- 1 Completely dissatisfied
- 2 Mostly dissatisfied
- 3 Somewhat dissatisfied
- 4 Neither satisfied nor dissatisfied
- 5 Somewhat satisfied
- 6 Mostly satisfied
- 7 Completely satisfied

### Self-completion – loneliness

- How often do you feel you lack companionship?
- How often do you feel left out?
- How often do you feel isolated from others?
- How often do you feel lonely?

- 1 Hardly ever or never
- 2 Some of the time
- 3 Often

### Self-completion – alcohol consumption

- In the past 12 months have you taken an alcoholic drink?
- Have you always been a non-drinker?
- Thinking about the past 12 months, how often do you have a drink containing alcohol?

- 1 Never
- 2 Monthly or less
- 3 2-4 times per month
- 4 2-3 times per week
- 5 4+ times per week

- How many drinks do you have on a typical day when you are drinking?

- 1 1-2 drinks
- 2 3-4 drinks
- 3 5-6 drinks
- 4 7-9 drinks
- 5 10+ drinks

- How often have you had 6 or more units (F)/ 8 or more units (M) on a single occasion in the last year?

- 1 Never
- 2 Less than monthly
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily

### Self-completion – partner

For each of the following questions, please indicate which best describes your relationship with your partner at the moment. Please select only one answer per question.

- How often do you have a stimulating exchange of ideas?
- How often do you calmly discuss something?
- How often do you work together on a project?

- 1 Never
- 2 Less than once a month
- 3 Once or twice a month
- 4 Once or twice a week
- 5 Once a day
- 6 More often

- How often do you discuss or consider divorce, separation or terminating your relationship?
- Do you ever regret that you married or lived together?
- How often do you and your partner quarrel?
- How often do you and your partner "get on each other's nerves"?
- Do you kiss your partner?

- 1 All of the time
- 2 Most of the time
- 3 More often than not
- 4 Occasionally
- 5 Rarely
- 6 Never

- Do you and your partner engage in outside interests together?

- 1 All of them

- 2 Most of them
- 3 Some of them
- 4 Very few of them
- 5 None of them

The responses below represent different degrees of happiness in your relationship. The middle point, "happy", represents the degree of happiness of most relationships.

- Please select the number which best describes the degree of happiness, all things considered, of your relationship.

- 1 Extremely unhappy
- 2 Fairly unhappy
- 3 A little unhappy
- 4 Happy
- 5 Very happy
- 6 Extremely happy
- 7 Perfect

### Self-completion – young adults

- How many close friends would you say you have? Please enter the number.
- Do you belong to any social networking web-sites?
- How many hours do you spend chatting or interacting with friends through social web-sites on a normal week day, that is Monday to Friday?
- Which of the following options best describes how you think of yourself?

- 1 Heterosexual or Straight
- 2 Gay or Lesbian
- 3 Bisexual
- 4 Other
- 5 Prefer not to say

The next few questions are about you and your family.

- In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you?

- 1 None
- 2 1 - 2 times
- 3 3 - 5 times
- 4 6 - 7 times

- Do you feel supported by your family, that is the people who live with you?

- 1 I feel supported by my family in most or all of the things I do
- 2 I feel supported by my family in some of the things I do
- 3 I do not feel supported by my family in the things I do

- Suppose you felt upset or worried about something and you wanted to talk about it. Who would you turn to first within your family? Please select one answer only.

- 1 Mum or stepmum
- 2 Dad or stepdad
- 3 A brother or sister (or step-brother/sister)

- 4 Another relative living with you
- 5 Another relative not living with you
- 6 No-one within my family

- Some young people who still live at home keep their parents informed about where they are. In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were?

- 1 Never
- 2 1 - 2 times
- 3 3 - 9 times
- 4 10 or more times

How often do any of your brothers or sisters do any of the following to you at home?

- Hit, kick or push you?
- Take your belongings?
- Call you nasty names?
- Make fun of you?

- 1 Never
- 2 Not much (1-3 times in last 6 months)
- 3 Quite a lot (more than 4 times in the last 6 months)
- 4 A lot (a few times every week)

How often do you do any of the following to your brothers or sisters at home?

- Hit, kick or push them?
- Take their belongings?
- Call them nasty names?
- Make fun of them?

- 1 Never
- 2 Not much (1-3 times in last 6 months)
- 3 Quite a lot (more than 4 times in the last 6 months)
- 4 A lot (a few times every week)

The next few questions are about your relationship with your parents even if either of them live in a different household to you.

- Most young people have occasional quarrels with their parents. How often do you quarrel with your mother?

- 1 Most days
- 2 More than once a week
- 3 Less than once a week
- 4 Hardly ever
- 5 Don't have a mother

- How often do you quarrel with your father?

- 1 Most days
- 2 More than once a week
- 3 Less than once a week
- 4 Hardly ever
- 5 Don't have a father

- How often do you talk to your mother, about things that matter to you?

- 1 Most days
- 2 More than once a week
- 3 Less than once a week
- 4 Hardly ever

- How often do you talk to your father, about things that matter to you?

- 1 Most days
- 2 More than once a week
- 3 Less than once a week
- 4 Hardly ever

- My parents are interested in how I do at school

- 1 Always or nearly always
- 2 Sometimes
- 3 Hardly ever
- 4 Never
- 5 Not sure

- My parents come to school parent evenings

- 1 Always or nearly always
- 2 Sometimes
- 3 Hardly ever
- 4 Never
- 5 Not sure

- Do you have a step-mother or father, or someone like a step-mother or father?
- How would you rate your relationship with your step-mother or father, or other person like this?

- 1 Very Good
- 2 Good
- 3 Fair
- 4 Poor
- 5 Very Poor

- Thinking about any information, advice or guidance which you may have received over the past 12 months about making decisions for your future job or career, have you used or spoken to any of the following...

Please select all that apply.

- 1 Friends and/or relatives
- 2 Teachers and/or a school or college careers advisor
- 3 Connexions
- 4 Apprenticeships website
- 5 DirectGov
- 8 Jobcentre Plus
- 7 Anyone else
- 96 None of the above

Now some questions about bullying at school.

- How often do you get physically bullied at school, for example getting pushed around, hit or threatened, or having belongings stolen?
- How often do you get bullied in other ways at school such as getting called names, getting left out of games or having nasty stories spread about you on purpose?
- Do you physically bully others at school by hitting or pushing them around, threatening or stealing their things?
- Do you bully others in other ways at school such as calling them names, leaving them out of games or spreading nasty stories about them on purpose?

1 Never

2 Not much (1-3 times in last 6 months)

3 Quite a lot (more than 4 times in the last 6 months)

4 A lot (a few times every week)

- In the last 12 months, have you tried any of the following...?

Glue/solvent sniffing?

Cannabis (also known as marijuana, dope, hash or skunk)?

Any other illegal drug (including ecstasy, cocaine, speed)?

Since (last interview date), how many times have you used or taken any illegal drugs?

1 Never

2 Once or twice

3 Three or four times

4 Five to ten times

5 More than ten times

## Self-completion - non co-resident relationships

- Do you have a steady relationship with someone you are not living with here, whom you think of as your 'partner'?
- In what month and year did this relationship start?
- Have you and/or your partner made a definite decision not to live together (at least for the time being)?
- Whose decision was it to live apart? Yours, your partner's or was it a joint decision?
- Is your partner male or female?
- Which category best describes what your partner is mainly doing at present?

1 Self-employed

2 In paid employment (full or part-time)

3 Unemployed

4 Retired

5 On maternity leave

6 Looking after family or home

7 Full-time student

8 Long-term sick or disabled

9 On a government training scheme

10 Unpaid worker in family business

11 Working in an apprenticeship

## 97 Doing something else

- About how long would it take you to get to where your partner lives? Think about the time it usually takes door to door.
- How often do you see [him/her] ?
- Do you intend to start living with your current partner during the next three years?
- How likely is it that you and your partner will ever marry (or form a civil partnership) in the future?

## Self-completion – child development

The next questions are about any of your children aged 3, 5 or 8.

- Thinking now about [CHILD NAME] , in general, would you say [CHILD NAME] 'S health is...

1 Excellent

2 Very good

3 Good

4 Fair

5 Poor

- Does [CHILD NAME] have long-term conditions that have been diagnosed by a health professional? By long-term we mean anything that [CHILD NAME] has had for at least 3 months or is expected to continue for at least the next three months.
- Does this limit [him/her] at play or from joining in any other activity normal for a child [his/her] age?
- To what extent do you agree with the following statements about [CHILD NAME] ?

- [CHILD NAME] is usually happy and content
- [CHILD NAME] is easily irritated and cries frequently
- [CHILD NAME] is difficult to comfort when crying
- [CHILD NAME] is curious and active
- [CHILD NAME] is communicative and likes to talk
- [CHILD NAME] shows empathy when others are sad
- I am worried about [CHILD NAME] 's health

1 Agree completely

2 Agree somewhat

3 Disagree somewhat

4 Disagree completely

For parents, it is always a big event when their child learns something new. Here is a list of things that children learn to do. Please indicate whether [CHILD NAME] can now do these things (yes / to some extent / no).

- Understands brief instructions such as "go get your shoes"
- Forms sentences with at least two words
- Speaks in full sentences (with four or more words)
- Listens attentively to a story for five minutes or longer
- Passes on simple messages such as "dinner is ready"
- Uses a spoon to eat, without assistance and without dripping
- Blows his/her nose without assistance
- Uses the toilet to do "number two"
- Puts on pants and underpants the right way around

- Brushes his/her teeth without assistance
- Walks forward down the stairs
- Opens doors with the door handle
- Climbs up playground climbing equipment and other high playground structures
- Cuts paper with scissors
- Paints/draws recognizable shapes on paper
- Calls familiar people by name, for example, says "Mummy" and "Daddy" or uses the father's first name
- Participates in games with other children
- Gets involved in role-playing games ("playing pretend")
- Shows a special liking for particular playmates or friends
- Calls his/her own feelings by name, e.g. "sad", "happy", "scared"

Next are some questions about what [CHILD NAME] is like. To what extent do you think the following set of statements are true about [CHILD NAME]? Please give your answers on the basis of [CHILD NAME] 's behaviour over the last six months (not true / somewhat true / certainly true / can't say).

- [CHILD NAME] is considerate of other people's feelings
- [CHILD NAME] is restless, overactive, cannot stay still for long
- [CHILD NAME] often complains of headaches, stomach-aches or sickness
- [CHILD NAME] shares readily with other children (treats, toys, pencils etc.)
- [CHILD NAME] often has temper tantrums or hot tempers
- [CHILD NAME] is rather solitary, tends to play alone
- [CHILD NAME] is generally obedient, usually does what adults request
- [CHILD NAME] has many worries, often seems worried
- [CHILD NAME] is helpful if someone is hurt, upset or feeling ill
- [CHILD NAME] is constantly fidgeting or squirming
- [CHILD NAME] has at least one good friend
- [CHILD NAME] often fights with other children or bullies them
- [CHILD NAME] is often unhappy, down-hearted or tearful
- [CHILD NAME] is generally liked by other children
- [CHILD NAME] is easily distracted, concentration wanders
- [CHILD NAME] is nervous or clingy in new situations, easily loses confidence
- [CHILD NAME] is kind to younger children
- [CHILD NAME] often lies or cheats
- [CHILD NAME] is picked on or bullied by other children
- [CHILD NAME] often volunteers to help others (parents, teachers, other children)
- [CHILD NAME] thinks things out before acting
- [CHILD NAME] steals from home, school or elsewhere
- [CHILD NAME] gets on better with adults than with other children
- [CHILD NAME] has many fears, easily scared
- [CHILD NAME] sees tasks through to the end, good attention span
- How often do you read to [CHILD NAME] ?

1 Every day

2 Several times a week

3 Once or twice a week

4 Once or twice a month

5 Less often

6 Not at all Not at all

- Does anyone else at home ever read to [CHILD NAME]?

- Who else at home reads to [CHILD NAME]? Select all that apply.

- 1 [CHILD NAME] 's mum or step-mum
- 2 [CHILD NAME] 's dad or step-dad
- 3 A brother or sister (or step-brother/step-sister)
- 4 Another relative living here
- 5 A non-relative living here

- How often does anyone else at home read to [CHILD NAME]?
- Does [CHILD NAME] have meals at regular times?
- Does [CHILD NAME] go to bed at a regular time?
- How many hours does [CHILD NAME] spend watching TV, including video and DVDs, on a normal school day?

- 1 None
- 2 Less than an hour
- 3 1-3 hours
- 4 4-6 hours
- 5 7 or more hours

- How many hours does [CHILD NAME] spend watching TV, including video and DVDs, on a weekend, that is on a Saturday or Sunday?
- Does [CHILD NAME] use a computer at home? This includes computers for playing games but not games consoles.
- How many hours does [CHILD NAME] spend per day using the computer at home for any reason? Please do not include any use of a games console.
- Does [CHILD NAME] or anyone else in your house have a games console such as Playstation, X\_Box, Wii or something like that?
- How many hours does [CHILD NAME] spend playing games on a games console on a normal school day?
- On a scale from 1 to 7 where 1 means "Completely Happy" and 7 means "Not at all happy", how happy is [CHILD NAME] in the school [he/she] goes to?
- Does [CHILD NAME] have any of the following problems at school? Please select all that apply.

- 1 Finds schoolwork difficult or challenging
- 2 Problems getting along with teacher(s)
- 3 Is bullied by other students
- 4 Bullies other students
- 5 Is just not interested in school
- 6 Other sorts of problems
- 7 No, no problems at school

- Using a scale from 1 to 7 where 1 means "Completely unwilling to take risks" and 7 means "Completely willing to take risks", how willing is [CHILD NAME] to take risks?
- Is [CHILD NAME] generally an impatient child, or a child with a lot of patience?
- Is [CHILD NAME] generally a child who takes a long time to reflect on things and thinks before acting, in other words, not at all impulsive, or is [CHILD NAME] a child who acts without much reflection, in other words, is very impulsive?

## Self-completion – parenting styles

The next questions are about any of your children aged 10. Here is a list of ways you could interact with your child. Please mark the answer that best indicates how often you usually do each.

- I am responsive to [CHILD NAME] 's feelings and needs.
- I use physical punishment as a way of disciplining [CHILD NAME] .
- I take [CHILD NAME] 's desires into account before asking [him/her] to do something.
- When [CHILD NAME] asks why [he/she] has to do something, I say 'because I say so' or 'I am your parent and I want you to'.
- I explain to [CHILD NAME] about how I feel about [his/her] good and bad behaviour.
- I spank [CHILD NAME] when [he/she] is disobedient.
- I encourage [CHILD NAME] to talk about [his/her] troubles and/or feelings.
- I find it difficult to discipline [CHILD NAME] .
- I encourage [CHILD NAME] to freely express [him/herself] even when disagreeing with parents.
- I punish by taking privileges away from [CHILD NAME] without telling [him/her] why.
- I emphasise the reasons for rules to [CHILD NAME]
- I give comfort and understanding when [CHILD NAME] is upset.
- I yell or shout when [CHILD NAME] misbehaves.
- I give praise when [CHILD NAME] is good.
- I give in to [CHILD NAME] when [he/she] causes a commotion or creates a fuss about something.
- I explode in anger towards [CHILD NAME] .
- I threaten [CHILD NAME] with punishment more often than actually giving it.
- I take into account [CHILD NAME] 's likes and dislikes when making plans for the family.
- I grab [CHILD NAME] when [he/she] is being disobedient.
- I state punishments to [CHILD NAME] and do not actually do them.
- I show respect for [CHILD NAME] 's opinions by encouraging [him/her] to express them.
- I allow [CHILD NAME] to give input into family rules.
- I scold and criticise to make [CHILD NAME] improve.
- I spoil [CHILD NAME] .
- I give [CHILD NAME] reasons why rules should be obeyed or followed.
- I use threats as punishment with little or no justification or explanation.
- I have warm, happy and comforting times together with [CHILD NAME] .
- I punish [CHILD NAME] by putting [him/her] somewhere alone with little or no explanation.
- I help [CHILD NAME] to understand the effect of behaviour by encouraging [CHILD NAME] to talk about the consequences of [his/her] own actions.
- I scold or criticise when [CHILD NAME] 's behaviour doesn't meet my expectations.
- I explain the consequences of [CHILD NAME] 's behaviour.
- I slap [CHILD NAME] when [he/she] misbehaves.

1 Never

2 Once in a while

3 About half the time

4 Very often

5 Always

## Self-completion - identity

We'd like to know how important various things are to your sense of who you are. Please think about each of the following and tell us whether you think it is important, not very important or not at all important to your sense of who you are.

- Your profession
- Your level of education
- Your ethnic or racial background
- Your political beliefs
- Your family

- Your gender
- Your age and life stage

## Self-completion – social support

Next are some questions about your spouse or partner.

(Thinking about your spouse or partner...)

- How much do they really understand the way you feel about things?
- How much can you rely on them if you have a serious problem?
- How much can you open up to them if you need to talk about your worries?
- How much do they criticise you?
- How much do they let you down when you are counting on them?
- How much do they get on your nerves?

- 1 A lot
- 2 Somewhat
- 3 A little
- 4 Not at all

Next are some questions about your family. Do you have any (other) immediate family, for example, any children, brothers or sisters, parents, cousins, aunts, uncles, grandparents or grandchildren?

(Thinking about your immediate family)...

- How much do they really understand the way you feel about things?
- How much can you rely on them if you have a serious problem?
- How much can you open up to them if you need to talk about your worries?
- How much do they criticise you?
- How much do they let you down when you are counting on them?
- How much do they get on your nerves?
- Do you have any friends?

- 1 A lot
- 2 Somewhat
- 3 A little
- 4 Not at all

The next questions are about your friends.

(Thinking about your friends...)

- How much do they really understand the way you feel about things?
- How much can you rely on them if you have a serious problem?
- How much can you open up to them if you need to talk about your worries?
- How much do they criticise you?
- How much do they let you down when you are counting on them?
- How much do they get on your nerves?

- 1 A lot
- 2 Somewhat

- 3 A little
- 4 Not at all

Think of the person you can best share your private feelings and concerns with.

Is this person male or female?

- 1 Male
- 2 Female
- 3 Have no-one to share feelings with

What is this person's relationship to you?

- 1 Husband/wife or partner
- 2 Son or daughter
- 3 Mother or father
- 4 Grandparent
- 5 Grandchild
- 6 Aunt/uncle/cousin
- 7 Other relative
- 8 Friend

### Positive / negative events

- Our final question asks you to say, in your own words, anything that has happened to you over the past year that has been of particular importance to you. This could include anything already covered or something which has not been mentioned.

### Consents

We are interested in linking information from various public records to your survey answers and just need to ask if you are happy for us to do so.

We would like to add information from your education record to your survey answers. This will create a more accurate picture of your life and experiences, and will be used for research and statistical purposes only. Your information is confidential and names and addresses will never be included in the results. We would like to link in information about your education to your survey responses on a yearly basis. If you decide that you no longer wish to take part in the study we will retain your education information up until that point. After this point we will make no further links. You can withdraw your consent at any time.

### Education consents

In order to locate your education records we need to send the data holder some personal information.

- Do you give permission to pass your name, address, sex, date of birth and last school attended to The Department for Education or a contractor conducting the linkage? (England)  
OR
- Do you give permission to pass your postcode, date of birth, gender and last school attended to the Scottish Government Learning Directorate or a contractor conducting the linkage? (Scotland)  
OR
- Do you give permission to pass your name, address, sex, date of birth and last school attended to The Department for Education and Skills or a contractor conducting the linkage? (Wales)

OR

- Do you give permission to pass your name, address, sex, date of birth and last school attended to The Department of Education and the Education Authority or a contractor conducting the linkage? (Northern Ireland)

Once your education records have been added to your survey responses, we will remove all your personal information so that your answers are anonymous.

### HMRC consents

We would like to add records held by HM Revenue and Customs, or HMRC, containing information on your employment and self-employment history, your income, National Insurance contributions and tax credits. All information will be used for research purposes only by academic or policy researchers under restricted access arrangements which make sure that the information is used responsibly and safely.

- Do you give permission for us to pass your name, address, sex and date of birth to HMRC for this purpose?

### Higher education consents

We would like to add records held by the Higher Education Statistics Agency, or HESA, to the answers you have given us. These records contain information on your higher education experiences, including the subjects you studied and the qualifications you received. All information will be used for research purposes only by academic or policy researchers under restricted access arrangements which make sure the information is used responsibly and safely.

- Do you give permission for us to pass your name, postcode, sex, date of birth and higher education institution to HESA or contractor working on their behalf for this purpose?
- From which higher education institution did you receive your first

Did you receive a degree from another Institution you have not mentioned yet?