

Self-completion questionnaire (10-15 yrs)

Serial				Person number
First name		Interviewer n	umber	Month

Understanding Society

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Your personal details are only used so we can:

- contact you each year to invite you to help us with another round of the survey
- send you information about some of the results of the study

Your personal details are never made available to any other companies or individuals outside the Understanding Society team at the Institute for Social and Economic Research, Kantar and NatCen Social Research.

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https://www.understandingsociety.ac.uk/participants/data-confidentiality

By completing and returning this questionnaire, you are indicating that you are happy for us to use your answers in this way.

COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered by marking an "x" in the box next to the answer you want to give, as in the example below.

Please complete the questionnaire in black or blue ink, keeping your answers within the boxes. This questionnaire will be read by a scanner so if you change your mind, please completely fill the box next to the mistake and then put an "x" in the box next to the correct answer.

Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example question

16

Did you have breakfast today?



No 18

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.



	1	Please write	in your date o	of birth.		
	Day		YPDOBD Mo	nth		YPDOBM
	2	Are you male	e or female?			
Y	PSEX/		Male	Femal	e	
		we have son n time.	ne questions	s about to	echno	logy use and
	3	Do you have you can born		lowing dev	ices, e	ither of your own or that
			S	Smartphon	e	YPDEVICE1
		Mobile phor	ne other than s	martphon	e	YPDEVICE2
				A table	et	YPDEVICE3
				Televisio	n	YPDEVICE4
	A gan	ning console li	ke an Xbox, Pla	aystation o Switc		YPDEVICE5
	4		school day, ho nartphone, ga			o you spend using a omputer?
	YPTVV	IDHRS		Non	e	
			Less th	nan an hou	r	
				1–3 hour	s	
				4–6 hour	s	
			7 or	more hour	·s	
+				4		+

5 On a weekend, to you spend using computer?					
YPTVVIDHRW		Nor	ne		
	Less th	ıan an hoı	ur 📗		
		1–3 hou	rs		
		4–6 hou	rs		
	7 or 1	more hou	rs		
6 How often do yo	u use any	of these o	levices fo	r	
	Every day	At least once a week	At least once a month	Less than once a month	Never
Watching programmes, videos or movies					YPDVPVM
Video calling					YPDVVC
Playing games					YPDVPG
School work or studying					YPDVHM
Posting pictures, videos, or other things					YPDVCRT
7 Are there other a	activities y	ou use th	ese devic	es for? YPI	DVACTO

The next questions are about friendships and socialising.					
8 How many close friends would you say you have?					
YPNPAL Write in number					
These days, it is possible to make new friends via the internet. Do yo have any close friends that you have never met in person?	u				
YPVIRFND Yes No					
In a typical week, how often do you get together with friends in person (outside of school or work)?					
YPFNDMEET Every day or almost every day YPFNDMEET					
Several times a week					
About once a week					
Less often					
In a typical week, how often do you get together with friends online (including on your mobile phone, on social media, or through online gaming)?					
YPFNDONL Every day or almost every day					
Several times a week					
About once a week					
Less often					

12 Do you hav	e a social media profile or account on any sites or apps?	
YPSOCWEB	Yes → 13 No → 15	
1 1 1	I <u>school day</u> , how many hours do you spend chatting or with friends through social media, gaming websites or	
YPNETCHT	None	
	Less than an hour	
	1–3 hours	
	4–6 hours	
	7 or more hours	
14 you spend	nd, that is on a <u>Saturday or Sunday</u> , how many hours do hatting or interacting with friends through social media sites or apps?	
YPNETCHTW	None	
	Less than an hour	
	1 - 3 hours	
	4 - 6 hours	
	7 or more hours	

The next few questions are about you and your family.

In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you?

6-7 times

YPEATLIVU

1-2 times

3-5 times

About how many hours do you spend doing or helping with housework in an average week, such as time spent tidying your bedroom, cooking, cleaning or doing laundry?

YPHRSHSWK

Don't do any housework

Less than one hour

1–3 hours

4–6 hours

7 or more hours

In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were?

YPLATE

Never

1–2 times

3–9 times

10 or more times

18 If you have done somethi parents do any of the follo				
Tell you off or	shout at you		YPPUN1	
Ground you, stop you going ou from seeing	t or stop you your friends		YPPUN2	
Take away po	ocket money	,	YPPUN3	
Punish you in som	ne other way		YPPUN4	
None	of the above		YPPUN5	
Do you have a steady boy	friend or gir	lfriend	?	
YPSBFGF Yes	No			
_		o agrad	diaganas	
Please say whether you st disagree, that the following	ng statement Strongly			Strongly
	Strongly agree	ts apply	y to yourse	lf.
disagree, that the following lifeel I have a number of good	Strongly agree	ts apply	y to yourse	Strongly disagree
I feel I have a number of good qualities I feel that I do not have much to	Strongly agree	ts apply	y to yourse	Strongly disagree YPESTA
I feel I have a number of good qualities I feel that I do not have much to be proud of	Strongly agree	ts apply	y to yourse	Strongly disagree YPESTA YPESTI
I feel I have a number of good qualities I feel that I do not have much to be proud of I certainly feel useless at times I am able to do things as well as	Strongly agree	ts apply	y to yourse	Strongly disagree YPESTA YPESTI YPESTB
I feel I have a number of good qualities I feel that I do not have much to be proud of I certainly feel useless at times I am able to do things as well as most other people	Strongly agree	ts apply	y to yourse	Strongly disagree YPESTA YPESTI YPESTB YPESTJ
I feel I have a number of good qualities I feel that I do not have much to be proud of I certainly feel useless at times I am able to do things as well as most other people I am a likeable person I can usually solve my own	Strongly agree	ts apply	y to yourse	Strongly disagree YPESTA YPESTI YPESTB YPESTJ YPESTC

N	ow some questions abo	out hov	w you s	pend y	our free	e time.	
2	How often do you						
		F	Put an "x	" in one	box for	each line	9
		Most days	At least once a week	At least once a month	Several times a year	Once a year or less	Never / almost never
YPFPARTY	Go to a party, dance or nightclub						
YPFCINEMA	Go to the cinema						
YPFPAINT	Do painting, drawing, printmaking or sculpture						
YPFTHEATF	Go to the theatre for example play, musical, (E pantomime or opera)						
YPFPCART	Use a computer to create original artworks or animation						
YPFLVESPT	Go to watch live sport						
YPFGO2PUE	Go to a pub or bar						
YPFHNGHM	Just hang around near your home						
hi YPFHN GTN	Just hang around in the gh street or the town/city centre						

22 And how often do yo	u						
	ı	Put an "x	" in one	box for	each line	e	
	Most days	At least once a week	At least once a month	Several times a year	Once a year or less	Never / almost never	
Go to youth clubs, Scouts, Girl Guides or other organised activities						YPFY	THCLUB
Go to a library (not your school library)						YPFI	IBRARY
Go to museums or galleries						YPFI	MUSEUN
Go to visit an historic place or stately home						YPF	HISTPLC
Do voluntary or community work (including doing this as part of school)						YPF	VOLUN
Go to a political meeting/ march, rally or demonstration						YPF	POLITM
Over the past month Please do not include books please enter ze	comics	-					
YPNBUKS Write in	number	of books	5				

+

Please read each of the following statements and put an "x" in the box that best applies to you.					
	Put ar	"x" in one l	oox for ea	ch line	
	Often	Sometimes	Rarely	Never	
We discuss books at home				YPDISBUK	
We discuss TV programme we have watched at home				YPDISTV	
My parents/other adults at home buy me books as gifts				YPGETBUK	
My parents/other adults take me to museums or art galleries				YPFADMUS	
My parents/other adults take me to watch sporting events				YPFADSPT	
My parents/other adults take me to the theatre or to see a dance performance or classical music				YPFADTTR	
Do you play a musical instrur					
YPMUSINST Yes	No				

26	Which of the following regular classes do you do outside school, if
20	any? Please put an "x" in the boxes next to all the things you do.

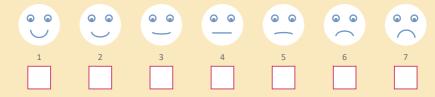
Music	YPOSC	LAS1
Art	YPOSCI	LAS2
Dance	YPOSCI	LAS3
Sport	YPOSO	CLAS4
Tutorials for school subjects	YPOSC	LAS5
Religious classes	YPOSCI	LAS6
None of these	YPOSCI	LAS7
Something else (WRITE IN)	YPOSC	LAS8TXT

The next few questions are about how you feel about different aspects of your life.

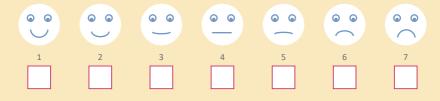
The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy.

Please put an "x" in the box which comes closest to expressing how you feel about each of the following things...

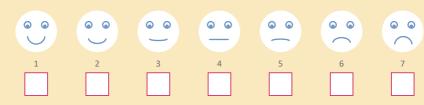
A Your school work? YPHSW



B Your appearance? YPHAP



C Your family? YPHFM



D Your friends? YPHFR















1







6



E The school you go to? YPHSC















1













F Which best describes how you feel about your life as a whole? YPHLF















1











28 Overall, do you l	Overall, do you like living in your neighbourhood?					
YPLLKNBRN	Yes No					
29 How much do yo	ou worry that you migh	nt be a victim of crime?				
YPCRWRA	A big worry					
	A bit of a worry					
	An occasional doubt					
	Not a worry at all					
How safe would after dark?	you feel walking alone	e in your neighbourhood				
YPCRWORB	Very safe					
	Fairly safe					
	A bit unsafe					
	Very safe					

The next questions are about school an	d what you want to
happen in the future.	

happen in the futu	ire.						
How important do you think it is for you to do well in your GCSE exams or National Qualifications (if you live in Scotland)?							
YPACVWELL	Very important						
	Important						
	Not very important						
	Not at all important						
the UK. What	g people must stay in educa would you most like to do v E / National Qualification y						
YPLVSC2DO	Get a full-time job	→ 34					
Stay at school	or college to do A levels/ Highers	→ 33					
	Get an apprenticeship	→ 33					
Do son	ne other form of training	→ 33					
	Do something else	→ 33					
	Don't know	→ 33					
3 3 3	e to go on to do further full after you finish school?	-time education at a college					
YP2UNI	Yes						
	No						
	Don't know						

34				ruant, that is missed y for a half day or
YPTRU	ANT	Yes	No	
Here	are a few quest	ions about h	ealth.	
35	In general, would	l you say your h	nealth is	
YPSRH	LTH	Exc	cellent	
		Very	good	
			Good	
			Fair	
			Poor	
36		ties? By long te	rm we mean	isability that limits your anything that has lasted,
YPLTD	IS	Yes, limite	d a lot	
		Yes, limited	a little	
			No	
37	Do you ever smo cigarettes (e-ciga			o not include electronic
YPEVR	SMO		Yes	→ 38
			No	→ 39

Please read the statements below and statement that describes you best.	tick the box beside the
YPSMOFRQ I have smoked only once or twice	
I used to smoke but I don't now	
I sometimes smoke, but not every week	
I usually smoke between one and six cigarettes a week	
I usually smoke more than six cigarettes a week	
Have you ever used e-cigarettes/vaping	g?
YPEVRESMO I have never used e-cigarettes	
I have only tried using e-cigarettes once or twice	
I used e-cigarettes in the past, but never use them now	
I sometimes use e-cigarettes but less than once a month	
I use e-cigarettes at least once a month but less than once a week	
I use e-cigarettes at least once a week	

Just to remind you, all your answers are confidential and will not be seen by anyone in your household.

Have you ever had an alcoholic drink? That is a whole drink, not just a sip.

YPEVRALC Yes 41

How many times in the last <u>four weeks</u> have you had an alcoholic drink?

YPDKLM

Most days

Once or twice a week

2 or 3 times

Once only

Never

42

42

42

42

42

43

Thinking back over the last four weeks, how many times (if any) have you had five or more drinks on one occasion? (A 'drink' is one pint/bottle/can of beer or cider, 2 alcopops, one small glass of wine, a single measure of spirits).

YP5ALCDR

None

Once

Twice

Three to five times

Six to nine times

Ten times or more

On how many occasions (if any) have you been intoxicated or drunk from drinking alcohol, for example staggered when walking, not being able to speak properly, throwing up or not remembering what happened?					
0 1-2 3-5	6-9 10-19 20-39 40 or more				
In your lifetime	YPDRNKLT				
During the last twelve months	YPDRNKYR				
During the last four weeks	YPDRNK4W				
44 Have you ever tried any of the following	ng?				
	Yes No				
Glue/solvent sniffing	YPDRGSOL				
Cannabis (also known as weed, marijuana, dope, hash or skunk)	YPDRGMJ				
Any other illegal drug (including ecstasy, cocaine, speed)	YPDRGOTH				
45 How many times have you ever used o	r taken any illegal drugs?				
YPFRDRG Never					
Once or twice					
Three or four times					
Five to ten times					
More than ten times					

+					+
How difficult do marijuana or ha			be for you t	o get can	nabis (weed,
YPEASMJ		Impossib	ole		
	V	ery diffic	ult		
	Fa	irly diffic	ult		
		Fairly ea	sy		
		Very ea	sy		
		Don't kno)W		
How much do you think people risk harming themselves, physically and in other ways, if they Put an "x" in one box for each line					
	No	Slight	Moderate	Great	Don't
	risk	risk	risk	risk	know

	No risk	Slight risk	Moderate risk	Great risk	Don't know
Smoke cigarettes occasionally					YPSMRSK1
Smoke one or more packs of cigarettes per day					YPSMRSK2
Have one or two alcoholic drinks nearly every day					YPALCRSK1
Have four or five alcoholic drinks nearly every day					YPALCRSKZ
Have five or more alcoholic drinks each weekend					YPALCRSK

48

And how much do you think people risk harming themselves, physically and in other ways, if they...

Put an "x" in one box for each line

	Put an "x" in one box for each line				
	No risk	Slight risk	Moderate risk	Great risk	Don't know
Try cannabis (weed, marijuana or hash) once or twice					YPMJRSK1
Smoke cannabis (weed, marijuana or hash) occasionally					YPMJRSK2
Smoke cannabis (weed, marijuana or hash) regularly					YPMJRSK3
Try ecstasy once or twice					YPERSK1
Take ecstasy regularly					YPERSK2
Try an amphetamine (uppers, pep pills, speed) once or twice					YPAMRSK1
Take amphetamines regularly					YPAMRSK2

49	How often in the past month have you had a fight with someone that involved physical violence, such as hitting, punching, or kicking?					
YPFGH	None None					
	Once					
	2–5 times					
	6–9 times					
	10 or more times					
50	In the past year, have you deliberately that didn't belong to you?	broken or damaged property				
YPVAI	ND Never					
	Once or twice					
	Several times					
	Often					
51	In the past year, have you taken somet supermarket, or department store with					
YPSHO	OP Never					
	Once or twice					
	Several times					
	Often					

Please pick one answer by adding an "X" on the list for each of the following questions.

52	Which of th	e following	groups do	you think	you b	elong	to?
----	-------------	-------------	-----------	-----------	-------	-------	-----

YPRACE	White	Asian or Asian British
	British	Indian
	English	Pakistani
	Scottish	Bangladeshi
	Welsh	Chinese
Nort	hern Irish	Any other Asian background
Gypsy or Irish	Irish	Black/African/Caribbean/Black British
Any otl	ner White ckground	Caribbean
		African
White and Black (Mixed Caribbean	Any other Black background
White and Blad	ck African	Other
	and Asian	Arab
•	ner Mixed ckground	Any other ethnic group

What is your religion? If you have no re "No religion".	eligion put an "x" in the box
YPRELIGGB No Religion	
Church of England/Anglican	
Roman Catholic	
Church of Scotland	
Free Church or Free Presbyterian Church of Scotland	
Episcopalian	
Methodist	
Baptist	
Congretational/United Reform/URC	
Other Christian	
Christ (no denomination specified)	
Muslim/Islam	
Hindu	
Jewish	
Sikh	
Buddhist	
Other	
I don't know	

54	If you could vote for a political party which one would y	you vote for?
YPVTE30	3GB Conservatives	
	Labour	
	Liberal Democrats	
	Scottish National Party	
	Plaid Cymru	
	Green Party	
	UK Independence Party	
	The Brexit Party	
	Change UK - The Independent Group;	
	Other party	
	None	
55	How interested are you in politics?	
YPVTE	Very interested	
	Fairly interested	
	Not interested	

At what age would you like to leave hom

YPLVHM

Please write in age



What job would you like to do once you leave school or finish your full-time education?

YPSOC_TXT





Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer.

Or please return to the address below:

Kantar
Unit 6 Cliveden Office Village
Lancaster Road
Cressex Business Park
High Wycombe
Buckinghamshire
HP12 3YZ

