

+ + INTERVIEWER: WRITE IN FROM CAPI SCREEN

Serial Person number

First name Interviewer number Month

+ +

Understanding Society

262400332

IP16 GB

The General Data Protection Regulation (GDPR) sets out the rules under which we process and use your personal details, such as your name, address, and date of birth.

Your personal details are only used so we can:

- contact you each year to invite you to help us with another round of the survey
- send you information about some of the results of the study

Your personal details are never made available to any other companies or individuals outside the Understanding Society team at the Institute for Social and Economic Research, Kantar and NatCen Social Research.

For more information about Understanding Society and data security please visit our website:

https://www.understandingsociety.ac.uk/participants/data-confidentiality

By completing and returning this questionnaire, you are indicating that you are happy for us to use your answers in this way.



COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered by marking an "x" in the box next to the answer you want to give, as in the example below.

Please complete the questionnaire in black or blue ink, keeping your answers within the boxes. This questionnaire will be read by a scanner so if you change your mind, please completely fill the box next to the mistake and then put an "x" in the box next to the correct answer.

Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example question

16

Did you have breakfast today?



When you have finished the questionnaire, please seal it in the envelope provided. You and your parent can then post this back to us, free of charge. If you have any questions or need help, please ask your parent to contact us using the details below:

Participant helpline: 0800 252 853

Email: contact@understandingsociety.ac.uk

1	Please write in your date of birth	YPDOE	3D		YF	DOB	М	
		Day			Month			
								_
2	Are you male or female?							
	YPSEX	Male						
		Female						
First	we have some questions about	technolo	ייי איי	se ar	nd screen	n tim	10	
11130	·							
3	Do you have any of the following d	evices, eit	her of	-		· ·		
					Smartpho	F	=	YPDEVICE1
	Mobi	le phone	other	than	·	F	_	YPDEVICE2
					A tab	F		YPDEVICE3 YPDEVICE4
		ı vı	D.	.	Televisi		_	YPDEVICE5
	A gaming console li		•				_	YPDEVICE6
		А іарто	p or a	eskto	p compu	ter [TEDEVICE
4	On a normal school day, how many smartphone, games console or con		you s	pend	using a ta	ablet,	TV,	
	YPTVVIDHRS				No	ne		
			l	ess t	han an ho	our		
					1 - 3 ho	urs		
					4 - 6 ho	urs		
				7 or	more ho	urs		
5	On a weekend, that is on a <u>Saturda</u> a tablet, TV, smartphone, games co				ny hours	do yo	ou sp	end using
	YPTVVIDHRW				No	ne		
			l	_ess t	han an ho	our		
					1 - 3 ho	urs		
					4 - 6 ho	urs		
				7 or	more ho	urs		

5

	<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>	<u> </u>	
12	On a weekend, that is on a <u>Saturday or Su</u> chatting or interacting with friends throug		
	YPNETCHTW	None	
		Less than an hour	
		1 - 3 hours	
		4 - 6 hours	
		7 or more hours	
13	How often do you feel lonely?	_	
	YPLONELY	Hardly ever or never	
		Some of the time	
		All of the time	
1.4			
14	Do you have your own personal mobile pl YPMOBU		
	.,,,,,,,,,	→ 15 → 16	
15	Is your mobile a smartphone? A smartphocan download apps, send emails and surf		
	YPSMARTPH Ye	es No	
The n	ext few questions are about you and	your family.	
16	In the past 7 days how many times have y	ou eaten an evening meal to	gether with the
	rest of your family who live with you?	., [
	YPEATLIVU	None	
		1 - 2 times	
		3 - 5 times	
		6 - 7 times	
17	Do you feel supported by your family, tha	t is the people who live with	vou?
	YPFAMSUP I feel supported by my family in r	_	,
	I feel supported by my family	T T	
	I do not feel supported by n		
	r do not reel supported by h	ing raining in the things rao	

18	Suppose you felt upset or worried about something and you wanted Who would you turn to first within your family? Please tick one box o	
	YPUPSET Mother	
	Step-mother	
	Father	
	Step-father	
	A brother or sister	
	A step-brother or step-sister	
	Another relative living with you	
	Another relative not living with you	
	No-one within my family	
19	In the past month, how many times have you stayed out after 9.00pm without your parents knowing where you were?	n at night
	YPLATE Never	
	1 - 2 times	
	3 - 9 times	
	10 or more times	
20	Do you have any brothers or sisters living with you at home? Please include any step-brothers and step-sisters. YPSIBLING Yes No 21 No 23	
21	How often do any of your brothers or sisters do any of the following t	o you at home?
	Not much (1-3 times Never in last 6	Quite a lot more than 4 times in the last 6 months) A lot (a few times every week)
	YPSIBHIT Hit, kick or push you	
	YPSIBSTEAL Take your belongings	
	YPSIBVERAB Call you nasty names	
	YPSIBTEASE Make fun of you	

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How often do you do any of the following to your brothers or sisters	at home?
Not much Never Never in last 6 months)	Quite a lot (more than 4 times in the last 6 months) A lot (a few times every week)
YPHITSIB Hit, kick or push them	
YPSTEALSIB Take their belongings	
YPVERABSIB Call them nasty names	
YPTEASESIB Make fun of them	
The next few questions are about your relationship with your pareither of them live in a different household to you.	rents even if
Most children have occasional quarrels with their parents. How ofte with your mother? YPARGM	en do you quarrel
Most days	
More than once a week	
Less than once a week	
Hardly ever	
Don't have a mother	
How often do you quarrel with your father? YPARGF Most down	. 🗀
Most days	
More than once a week	
Less than once a week	H
Hardly ever	
Don't have a father	
How often do you talk to your mother, about things that matter to y	ou?
YPTLKM Most days	
More than once a week	
Less than once a week	
Hardly ever	
Don't have a mother	

26	How often do you talk to your father, about things that matter to you	?				
	YPTLKF Most days					
	More than once a week					
	Less than once a week					
	Hardly ever					
	Don't have a father					
	De la barra de la constitución de Calbarra de la Ca		ı			
27	Do you have a step-mother or step-father, or someone like this, living at home with you?					
	YPSTEPHAS Yes 28					
	No 29					
20	How would you rate your relationship with your step-mother or step-	fath	er. or	oth	ıer	
28	person like this? YPSTEPREL		.,	00		
	Very good					
	Good					
	Fair					
	Poor					
	Very poor					
29	This question is about the adults you live with. Some young people liv	e in	more	e tha	an	
23	one home so there are two columns below: If you only live in one hor fill in Column A. If you live in two homes (not including holiday or sun					
	please fill in Columns A and B. Please tick all of the adults that live in	youi				
	Colun Onl first h	y/		lumn and ho		
	YPH0MEA1 Mother				YPHOM	IEB1
	YPH0MEA2 Father				YPHOM	1EB2
	YPH0MEA3 Step-mother				YPH0	MEB3
	YPHOMEA4 Step-father				YPHON	4EB4
	YPH0MEA5 Grandmother				YPHOI	MEB5
	YPH0MEA6 Grandfather				YPHOI	MEB6
	YPH0MEA7 Other adult				YPHOM	1EB7
	YPHOMEA8 I live in a foster home				YPHOM	1EB8

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30

Strengths and Difficulties Questionnaire

Now for some questions about how you see yourself as a person. For each item, please tick the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you aren't absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

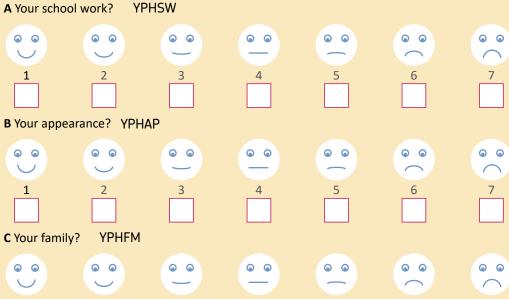
	Not true	Somewhat true	Certainly true
I try to be nice to other people. I care about their feelings YPSDQA			
I am restless, I cannot stay still for long YPSDQB			
I get a lot of headaches, stomach-aches or sickness YPSDQC			
I usually share with others (food, games, pens, etc.) YPSDQD			
I get very angry and often lose my temper YPSDQE			
I am usually on my own. I generally play alone or keep to YPSDQF myself			
I usually do as I am told YPSDQG			
I worry a lot YPSDQH			
I am helpful if someone is hurt, upset or feeling ill YPSDQI			
I am constantly fidgeting or squirming YPSDQJ			
I have one good friend or more YPSDQK			
I fight a lot. I can make other people do what I want YPSDQL			
I am often unhappy, down-hearted or tearful YPSDQM			
Other people my age generally like me YPSDQN			
I am easily distracted, I find it difficult to concentrate YPSDQ0			
I am nervous in new situations, I easily lose confidence YPSDQP			
I am kind to young children YPSDQQ			
I am often accused of lying or cheating YPSDQR			
Other children or young people pick on me or bully me YPSDQS			
I often volunteer to help others (parents, teachers, children) YPSDQ	Т		
I think before I do things YPSDQU			
I take things that are not mine from home, school or elsewhere YPSDQV			
I get on better with adults than with people my own age YPSDQW			
I have many fears, I am easily scared YPSDQX			
I finish the work I'm doing. YPSDQY			

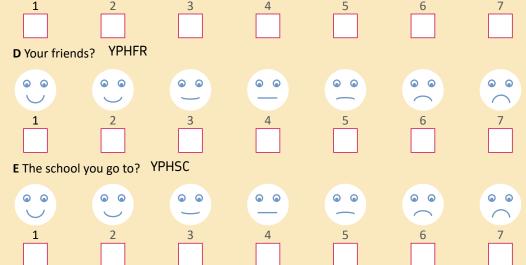
The next few questions are about how you feel about different aspects of your life.

The faces express various types of feelings. Below each face is a number where 31 '1' is completely happy and '7' is not at all happy.

Please put an "x" in the box which comes closest to expressing how you feel about each of the following things.

YPHSW





F Which best describes how you feel about your life as a whole? YPHLF



The next few questions are about any homework you might be asked to do by teachers at your school. 'Homework' is any work set for you by teachers which is to be done outside lessons even if you do the work at school after lessons rather than taking it home with you.

	,
32	Do you ever get set any homework at school? YPHMWRK
	Yes 33
	No
33	How often are you given homework? YPFHMWRK
	Most days
	Once a week at least
	Sometimes, less than once a week
	Hardly ever
	Never
34	During an average week in term time, on how many evenings do you do any homework? Please just think about Monday to Friday evenings during term time. Write in the number of evenings you do homework
35	When you do homework on a week-day evening during term time, how many hours do you usually spend doing your homework? YPHMWKHRS Write in the number of hours
36	And how many hours do you usually spend doing homework on the weekend during term-time? YPHMWKWE

Write in the number of hours

YPHMWKWH04 Another relative living with you

+			
	The n	next questions are about school and what you want to happen in	the
	39	How important do you think it is for you to do well in your GCSE exams, c Qualifications (if you live in Scotland)?	or National
		YPACVWELL Very important	
		Important	
		Not very important	
		Not at all important	
	40	The age young people must stay in education or training differs somewhat UK. What would you most like to do when you have completed your final National Qualification year at around age 16?	
		YPLVSCDO Get a full-time job	→ 43
		Stay at school or college to do A levels/Highers	→ 41
		Get an apprenticeship	→ 41
		Do some other form of training	→ 41
		Do something else	→ 41
		Don't know	→ 41
	41	Would you like to go on to do further full-time education at a college or Lafter you finish school?	Jniversity
		Yes	
		No	
		Don't know	
	42	Looking ahead to after you leave education, do you think that your gende it harder for you to get a job?	er will make
		Yes	
		No	
		Inapplicable - not planning to work	
		Don't Know	
	43	In the last 12 months, have you ever played truant, that is missed school permission, even if it was only for a half day or single lesson?	without

YPTRUANT

Yes

No

⊦																

Now	some questions about bullying.	
48	How often do you get <u>physically</u> bullied at school, for example getting around or threatened, or having belongings stolen?	g hit, pushed
	YPFRPBULLI Never	
	Not much (1 - 3 times in last 6 months)	
	Quite a lot (more than 4 times in last 6 months)	
	A lot (a few times every week)	
49	How often do you get bullied in <u>other ways</u> at school such as getting getting left out of games, or having nasty stories spread about you or YPFROBULLI Never	
	Not much (1 - 3 times in last 6 months)	
	Quite a lot (more than 4 times in last 6 months)	
	A lot (a few times every week)	
50	Do you <u>physically</u> bully other children at school by hitting or pushing threatening them or stealing their things?	them around,
	YPFRPBULLY Never	
	Not much (1 - 3 times in last 6 months)	
	Quite a lot (more than 4 times in last 6 months)	
	A lot (a few times every week)	
51	How often do you bully children in <u>other ways</u> at school such as callir leaving them out of games or spreading nasty stories about them on	
	YPFROBULLY Never	
	Not much (1 - 3 times in last 6 months)	
	Quite a lot (more than 4 times in last 6 months)	
	A lot (a few times every week)	
52	How often do you get bullied <u>online</u> , such as getting called hurtful na nasty stories spread about you, being bothered or threatened?	mes, having
	YPNETBULLI Never	
	Not much (1 - 3 times in last 6 months)	
	Quite a lot (more than 4 times in last 6 months)	
	A lot (a few times every week)	

53	Do you bully others <u>online</u> by calling them hurtful names, spreading about them, bothering or threatening them?	nasty stories
	YPNETBULLY Never	
	Not much (1 - 3 times in last 6 months)	
	Quite a lot (more than 4 times in last 6 months)	
	A lot (a few times every week)	
54	In the last 12 months, have you been treated differently by others, in for any of these reasons? (cross all that apply)	a negative way,
	YPDISCRIMY1 Your gender	
	YPDISCRIMY2 Your age	
	YPDISCRIMY3 Your ethnicity	
	YPDISCRIMY4Your health or disability	
	YPDISCRIMY5 Your religion	
	YPDISCRIMY6 Your physique (tall/short, fat/thin)	
	YPDISCRIMY7 Your language or accent	
	YPDISCRIMY97 Other reason	
	YPDISCRIMY96 None of these	
Here	are some questions about money and any work you may do.	
55	Which of the following describes what you <u>usually</u> do with your mon	ev?
	YPSAVE I save up to buy things I want	
	I save money and try not to spend it	
	I spend money as soon as I get it	
	r spend money as soon as right it	
56	How much money did you receive last week to spend on yourself? Please include pocket money and any allowance you get. But if you have a job, do not include money you earned.	YPPKMP
	Write in number of £ and pence	
57	Did you do any paid work last week? YPWKLW Yes No 60	

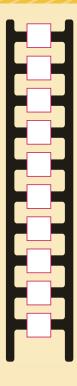
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58	How many hours paid work did you do last week? If you have more than one job please write in the total hours worked at all of them.
	Write in the number of hours YPWHRS
59	What was your total pay last week? If you earned money from more than one job, please write in the total you earned from all of them.
	Write in number of £ and pence
The n	YPPAYL YPPAYP ext questions are about taking care of others.
60	Some people your age may have to look after other people. This could be a brother or sister, a relative or someone else who is disabled or sick. Is there anyone like this who lives here with you that you have to look after on a regular basis?
	Yes - in this household \rightarrow 61 No \rightarrow 64
61	Who do you look after? (cross all that apply)
	YPCAWH01 Mother/Father
	YPCAWH02 Grandfather/mother
	YPCAWH03 Brother/Sister YPCAWH04 Another adult relative
	YPCAWH05 Another adult who is not a relative
	YPCAWH06 Another child relative
	YPCAWH07 Another child who is not a relative
62	About how many hours a week would you say that you usually spend looking after or doing things for them? YPCAHRS
	Please write in hours
63	How often do you have to miss school to do this?
	YPCASCH Never
	Once a week or more often
	Once or twice a month

Imagine that this ladder pictures how UK Society is set up. At the top of the ladder are the people who are the best off - they have the most money, the highest amount of schooling, and the jobs that bring the most respect. At the bottom are people who are the worst off - they have the least money, little or no education, no job, or jobs that no one wants or respects.

Now think about your family. Please tell us where you think your family would be on this ladder. Mark the rung that best represents where your family would be on this ladder with an 'x'.

YPSSSSFAM

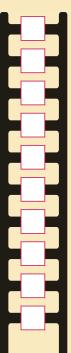


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Now assume that the ladder is a way of picturing your school. At the top of the ladder are the people in your school with the most respect, the highest grades, and the highest standing. At the bottom are the people whom no one respects, no one wants to hang around with, and have the worst grades.

Where would you place yourself on this ladder? Mark the rung that best represents where you would be on this ladder with an 'x'.

YPSSSSSCH



Here	are a few questions about health, nutrition	n and exercise.	
66	In general, would you say your health is		
	YPSRHLTH	Excellent	
		Very good	
		Good	
		Fair	
		Poor	
67	Do you have a long-term health problem or disa activities? By long term we mean anything that least 3 months. YPLTDIS		
		Yes, limited a lot	
		Yes, limited a little	
		No	
CO	tte over de ce cel de ce cell cellesed	16-42	
68	How many days a week do you usually eat breal YPBREAKFST		
	TERCAREST	Everyday	
		4 - 6 times	
		1 - 3 times	
	I	Never or hardly ever	
69	On how many days in a usual week do you eat f King, Kentucky Fried Chicken or other take-away		onalds, Burger
	YPFFDWK Every day	or nearly every day	
		About once a week	
		Every now and then	
	1	Never or hardly ever	
70	How many days in a usual week do you eat suga and chocolates?	ary foods, like biscuits,	cakes, sweets
	YPSUGFD Every day	or nearly every day	
		About once a week	
		Every now and then	
	ı	Never or hardly ever	

		/////
74	Do you think that you are	
	YPHLWTR About the right weight	
	Underweight	
	Slightly overweight	
	Very overweight	
	Don't know	
7.5		
75	Do you ever diet or try to lose weight?	
	YPTRYDIET Yes, all the time	
	Yes, sometimes	
	No, never	
76	What type of exercise do you do, including things like cycling or walki what sports do you play? Please put an "x" in the box for each one you	
	YPEXTYPE1 Walking (including walking the dog)	
	YPEXTYPE2 Swimming or diving	
	YPEXTYPE3 Cycling	
	YPEXTYPE4 Jogging or running	
	YPEXTYPE5 Tennis, squash or badminton	
	YPEXTYPE6 Go to the gym	
	YPEXTYPE7 Football	
	YPEXTYPE8 Rugby	
	YPEXTYPE9 Netball, Basketball or Hockey	
	YPEXTYPE10 Cricket	
	YPEXTYPE11 Athletics	
	YPEXTYPE12 Martial arts	
	YPEXTYPE13 Horse riding	
	YPEXTYPE14 Gymnastics	
	YPEXTYPE15 Dance	
	YPEXTYPE16 Other type of sport or activity	

77	How many days in a usual week do you play sports or do some other activity?	physical	
	YPPSPRT Every day		
	5 - 6 days		
	3 - 4 days		
	1 - 2 days		
	Less often than once a week		
	Never or hardly ever		
78	What is the main way you usually travel to school?		
	YPTRVL2SCH Walk all the way		
	Ride a bike		
	By bus or tube		
	By car		
	By train		
	Some other way/combination		
	De view even avealue sina method at all 2 Diamas de met in alcuda		
79	Do you ever smoke cigarettes at all? Please do not include electronic cigarettes (e-cigarettes/vaping)		
	YPEVRSMO Yes 30		
	No No 81		
80	Please read the statements below and cross the box beside the stater describes you best.	ment that	
	YPSMOFRQ I have smoked only once or twice		
	I used to smoke but I don't now		
	I sometimes smoke, but not every week		
	I usually smoke between one and six cigarettes a week		
	I usually smoke more than six cigarettes a week		

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Have you ever used e-cigarettes/vaping?	
YPEVRESMO I have never used e-cigarettes	
I have only tried using e-cigarettes once or twice	
I used e-cigarettes in the past, but never use them now	
I sometimes use e-cigarettes but less than once a month	
I use e-cigarettes at least once a month but less than once a week	
I use e-cigarettes at least once a week	
Just to remind you, all your answers are confidential and will not anyone in your household.	be seen by
Do you have any friends who drink alcohol regularly, that is at least once a week? YPFRALCO Yes No	
Have you ever had an alcoholic drink? That is a whole drink, not just YPEVRALC Yes No 84 No 86	: a sip.
And would you say that you drink regularly, that is at least once a week? YPREGALCO Yes No	
How many times in the last <u>four weeks</u> have you had an alcoholic diversity of the last <u>four weeks</u> . How many times in the last <u>four weeks</u> have you had an alcoholic diversity of the last four weeks. How many times in the last <u>four weeks</u> have you had an alcoholic diversity of the last four weeks. How many times in the last <u>four weeks</u> have you had an alcoholic diversity of the last four weeks. How many times in the last <u>four weeks</u> have you had an alcoholic diversity of the last four weeks. How many times in the last <u>four weeks</u> have you had an alcoholic diversity of the last four weeks.	
2 or 3 times	

Once only

Never

+			
Please pick one answer by adding an 'x' or questions.	n the list for each of the f	ollo	wing
86 If you could vote for a political party which	ch <u>one</u> would you vote for?		
YPVTE3GB	Conservatives		
	Labour		
	Liberal Democrats		
	Scottish National Party		
	Plaid Cymru		
	Green Party		
	UK Independence Party		
	The Brexit Party		

How interested are you in politics?

YPVTE6

Very interested

Fairly interested

Not interested

Other party

None

Change UK - The Independent Group

In the next 25 years

In the next 50 years

In the next 100 years

Never

Beyond the next 100 years

Thank you for your help

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Please place the questionnaire in the envelope provided and return it to the address below, free of charge:

Kantar Public PO Box 1071 High Wycombe HP12 3WY

