## YOUR OUESTIONINARE

Self-completion questionnaire (10-15 yrs)

## $=3 \sin 2$

INTERVIEWER: WRITE IN FROM CAPI SCREEN
Serial

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## 而



## COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered simply by ticking the box next to the answer, as in the example below. Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question

## Example question

Q16 Did you have breakfast today?

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.

1 Please write in your date of birth.
Day $\square$
YPDOBD
Month $\square$
YPDOBM
Year $\square$
YPDOBY

2 Please tick whether you are male or female.
YPSEX
Male $\square$ Female $\square$

3 Do you ever use a computer at home? This includes computers for playing games but not games consoles.

## YPCOMP



4 How often do you use a computer at home for doing schoolwork or course work?

## YPPCHW



5 How many hours do you spend using the computer at home for playing games on a normal school day?

## YPCPGS

None $\square$
Less than an hour $\square$
$1-3$ hours $\square$
$4-6$ hours $\square$
7 or more hours $\square$

6 How often do you use the computer at home for connecting to the Internet, including for playing games?

## YPCINTNT



7 Do you belong to a social web-site such as Bebo, Facebook or MySpace?

## YPSOCWEB

Yes


How many hours do you spend chatting or interacting with friends through a social web-site like that on a normal school day?

## YPNETCHT



9 Do you or anyone else in your house have a games console such as Playstation, X-Box, Wii or something like that?

## YPCONSOL



10 How many hours do you spend playing games on a games console on a normal school day?

## YPCONSTM

How many hours do you spend watching TV, including video and DVDs, on a normal school day?

YPTVVIDHRS
None $\square$
Less than an hour $\square$
$1-3$ hours $\square$
$4-6$ hours $\square$
7 or more hours $\square$

12 Do you have your own personal mobile phone?

## YPMOBU

Yes $\square$
No $\square$

How many close friends do you have - friends you could talk to if you were in some kind of trouble?

YPNPAL $\square$

## The next few questions are about you and your family.

14
In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you?

YPEATLIVU

$$
\begin{array}{r}
\text { None } \square \\
1-2 \text { times } \square \\
3-5 \text { times } \square \\
6-7 \text { times } \square
\end{array}
$$

15 Do you feel supported by your family, that is the people who live with you?

YPFAMSUP I feel supported by my family in most or all of the things I do

I feel supported by my family in some of the things I do

I do not feel supported by my family in the things I do

16
Suppose you felt upset or worried about something and you wanted to talk about it. Who would you turn to first within your family? Please tick one box only.

YPUPSET

| Mum or stepmum | $\square$ |
| ---: | :--- |
| Dad or stepdad | $\square$ |
| step-brother/sister) | $\square$ |

Another relative living with you $\square$
Another relative not living with you $\square$
No-one within my family $\square$

In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were?

## YPLATE

| Never | $\square$ |
| ---: | :--- |
| 1-2 times | $\square$ |
| 3-9 times | $\square$ |
| 10 or more times | $\square$ |

18 Do you have any brothers or sisters living with you at home?
YPSIBLING

Yes $\square$
No

How often do any of your brothers or sisters do any
of the following to you at home?

|  | Never | Not much (1-3 times in last 6 months) | Quite a lot (more than 4 times in the last 6 months) | A lot (a few times every week) |
| :---: | :---: | :---: | :---: | :---: |
| Hit, kick, or push you YPSIBHIT |  |  | $\square$ |  |
| Take your belongings YPSIBSTEAL |  |  |  |  |
| Call you nasty names YPSIBVERAB |  |  |  |  |
| Make fun of you YPSIBTEASE |  |  |  |  |

How often do you do any of the following to your brothers or sisters at home?


23 How often do you talk to your mother, about things that matter to you?

YPTLKM


24 How often do you talk to your father, about things that matter to you?

YPTLKF

How would you rate your relationship with your step-mother or father, or other person like this?

YPSTEPREL
$\square$

25 Do you have a step-mother or father, or someone like this, living at home with you?

## YPSTEPHAS



Now for some questions about how you see yourself as a person
For each item, please tick the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you aren't absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

| I try to be nice to other people. YPSDQA I care about their feelings | Not true $\square$ | Somewhat true $\square$ | Certainly true $\square$ |
| :---: | :---: | :---: | :---: |
|  I am restless, I cannot <br> stay still for long  |  |  |  |
| I get a lot of headaches, stomach-aches or sickness |  | $\square$ | $\square$ |
| $\begin{aligned} & \text { I usually share with others } \\ & \text { (food, games, pens, etc.) } \end{aligned}$ |  |  |  |
| I get very angry and often YPSDQE lose my temper |  |  |  |
| I am usually on my own. I generally YPSDQF play alone or keep to myself |  |  |  |
| I usually do as I am told |  |  |  |
| YPSDQH I worry a lot |  |  |  |
| I am helpful if someone is hurt, Ypset or feeling ill |  |  |  |
| I am constantly fidgeting or squirming |  |  |  |
| I have one good friend or more | $\square$ | $\square$ |  |


|  | Not true | Somewhat true | Certainly true |
| :---: | :---: | :---: | :---: |
| I fight a lot. I can make other people YPSDQL do what I want |  | $\pm$ | $ـ$ |
| I am often unhappy, YPSDQM down-hearted or tearful |  |  |  |
| Other people my age <br> YPSDQN generally like me |  |  |  |
| I am easily distracted, I find it difficult YPSDQO to concentrate |  |  |  |
| I am nervous in new situations. YPSDQP I easily lose confidence |  |  | $\pm$ |
| I am kind to young children <br> YPSDQQ |  |  |  |
| I am often accused of lying <br> YPSDQR or cheating $\qquad$ |  |  |  |
| Other children or young people <br> YPSDQS pick on me or bully me |  |  |  |
| I often volunteer to help others <br> YPSDQT (parents, teachers, children) |  | $\square$ | $\pm$ |
| YPSDQU I think before I do things | $\square$ |  |  |
| I take things that are not mine from YPSDQV home, school or elsewhere |  |  |  |
| I get on better with adults than with YPSDQW people my own age |  |  |  |
| I have many fears, I am easily scared YPSDQX |  |  |  |
| YPSDQY I finish the work I'm doing |  |  |  |

The next few questions are about how you feel about different aspects of your life. The faces express various types of feelings. Below each face is a number where ' 1 ' is completely happy and ' 7 ' is not at all happy. Please tick the box which comes closest to expressing how you feel about each of the following things..

A Your school work? YPHSW


B Your appearance? YPHAP


C Your family? YPHFM


## D Your friends? YPHFR



E The school you go to? YPHSC


F Which best describes how you feel about your life as a whole? YPHLF


## 29 Overall, do you like living in this neighbourhood?

## YPLLKNBRD

Yes

No $\square$ How much do you worry that you might be a victim of a crime?

## YPCRWRA

| A big worry | $\square$ |
| ---: | :--- |
| A bit of a worry | $\square$ |
| An occasional doubt |  |
|  |  |
| Not a worry at all | $\square$ |

31 How safe would you feel walking alone in this area after dark?

## YPCRWORB



The next questions are about school and what you want to happen in the future.

How important do you think it is for you to do well in your GCSE exams or Standard Grades (if you live in Scotland)?

## YPACVWELL



33 The age young people must stay in education or training differs somewhat across the UK. What would you most like to do when you have completed your final GCSE / Standard Grade year at around age 16?

YPLVSC2DO


34 Would you like to go on to do further full-time education at a college or University after you finish school?

## YP2UNI



35
In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day or single lesson?

## YPTRUANT

Yes $\square$

No $\square$

36 My parents are interested in how I do at school.

YPPARSCH


37 My parents come to school parents evenings.

YPPAREVE
Always or nearly always $\square$
Sometimes $\square$
Hardly ever $\square$
Never $\square$
Not sure $\square$
trouble in your classes?

YPOTRMISB In most or all of your classes $\square$ Less often but in more than $\square$ half of your classes In about half your classes $\square$
Now and then $\square$
This is not a problem at all $\square$

39
And how often would you say you yourself misbehave or cause trouble in your classes?

YPMISBSCH in most or all of your classes
Less often but in more thanhalf of your classes
In about half your classes $\square$

Now and then $\square$
This is not a problem at all


## Now some questions about bullying at school.

40 How often do you get physically bullied at school, for example getting hit, pushed around or threatened, or having belongings stolen?

## YPFRPBBULLI

Never
Not much (1-3 times in the last 6 months) $\square$
Quite a lot (more than 4 times
in the last 6 months) $\qquad$

A lot (a few times every week) $\square$

How often do you get bullied in other ways at school such as getting called names, getting left out of games, or having nasty stories spread about you on purpose?

## YPFROBULLI

Never $\square$
Not much (1-3 times in the last 6 months) $\square$
Quite a lot (more than 4 times in the last 6 months) $\qquad$
A lot (a few times every week) $\square$

42 Do you physically bully other children at school by hitting or pushing them around, threatening them or stealing their things?

## YPFRPBULLY

Never $\square$
Not much (1-3 times in the last 6 months) $\square$
Quite a lot (more than 4 times in the last 6 months) $\qquad$
A lot (a few times every week)


43 How often do you bully children in other ways at school such as calling them names, leaving them out of games or spreading nasty stories about them on purpose?

## YPFROBULLY

Never $\square$
Not much (1-3 times in the last 6 months) $\square$
Quite a lot (more than 4 times in the last 6 months)


A lot (a few times every week) $\qquad$

## Here are some questions about money and any work you may do.

44 Which of the following describes what you usually do with your money?
YPSAVE I save up to buy things I want $\square$
I save money and try not to spend it
$\square$
I spend money as soon as I get it

I generally do not have pocket money $\square$

45 How much money did you receive last week to spend on yourself? Please include pocket money and any allowance you get. But if you have a job, do not include money you earned.
YPPKMP Write in number of $£ \square$ and pence $\square$

46 Did you do any paid work last week?

YPWKLW


47 How many hours paid work did you do last week? If you have more than one job please write in the total hours worked at all of them.

## YPWHRS

Write in hours $\square$

What was your total pay last week? If you earned money from more than one job, please write in the total you earned from all of them.

YPPAY
Write in number of $£$ $\square$ and pence $\square$

## The next questions are about taking care of others

Some people your age may have to look after other people.
This could be a brother or sister, a relative or someone else who is disabled or sick. Is there anyone like this who lives here with you that you have to look after on a regular basis?


50 Who do you look after? Tick all that apply.

| Mother/Father | $\square$ |
| ---: | :--- |
| YPCAWHO1 |  |
| Grandfather/Grandmother | $\square$ |
| YPCAWHO2 |  |

51
About how many hours a week would you say that you usually spend looking after or doing things for them?

YPCAHRS
Write in hours


52 How often do you have to miss school to do this?

## YPCASCH

Here are a few questions about health and nutrition.
53 How many days in a usual week do you eat fast food such as McDonalds, Burger King, KFC or other take-aways like that?

YPFFDWK Every day, or nearly every day $\square$

About once a week $\square$
Every now and then $\square$

Never or hardly ever $\square$

54 How many days in a usual week do you eat crisps or sweets or have fizzy drinks such as Coke or lemonade?

YPJFD Every day, or nearly every day $\square$
About once a week $\square$

Every now and then


Never or hardly ever


Do you ever smoke cigarettes at all? Please do not include electronic cigarettes (e-cigarettes).

## YPEVRSMO

Yes

No $\square>57$

56 Please read the statements below and tick the box beside the statement that describes you best.
I have smoked only once or twice $\square$ YPSMOFRQ
I used to smoke but I don't now
I sometimes smoke, but not
every week $\square$

57 Do you ever use electronic cigarettes (e-cigarettes)?
YPEVRESMO
Yes $\square$
No $\square$

Just to remind you, all your answers are confidential and will not be seen by anyone in your household.

58
Do you have any friends who drink alcohol regularly, that is at least once a week?

## YPFRALCO

Yes $\square$
No $\square$

59 Have you ever had an alcoholic drink? That is a whole drink, not just a sip.

## YPEVRALC



60 And would you say that you drink regularly, that is at least once a week?

YPREGALCO
Yes $\square$
No $\square$

61 How many times in the last four weeks have you had an alcoholic drink?

YPDKLM


How often in the past month have you had a fight with
someone that involved physical violence, such as hitting, punching, or kicking?

YPFGHT


In the past year, have you deliberately broken or damaged property that didn't belong to you?

## YPVAND



In the past year, have you taken something from a shop, supermarket, or department store without paying?

## YPSHOP

## Please tick one answer on the list for each of the

 following questions.65 Which of the following groups do you think you belong to?

YPRACE

| White |  |
| ---: | :--- |
| British | $\square$ |
| English | $\square$ |
| Scottish | $\square$ |
| Welsh | $\square$ |
| Northern Irish | $\square$ |
| Irish | $\square$ |
| Gyy other White Background | $\square$ |

## Mixed



## Asian or Asian British

Indian $\square$
Pakistani $\square$
Bangladeshi
Chinese $\square$
Any other Asian background $\square$

## Black / African / Caribbean / Black British



Other
Arab $\qquad$
Any other ethnic group $\square$
$+$

66 And what is your religion? If you have no religion tick "No religion".
YPRELIGGB No religion $\square$


Free Church or Free Presbyterian
Church of Scotland
$\square$


67 If you could vote for a political party, which one would you vote for?

YPVTE3GB


68 How interested are you in politics?
YPVTE6

The final two questions are about what you want to do in the future.

69 At what age would you like to leave home?
YPLVHM $\square$ or finish your full-time education?

## Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer.

Or please return to the address below:

TNS UK Ltd, Buckingham House
Desborough Road, High Wycombe
Buckinghamshire HP11 2PR

