

Self-completion questionnaire (10-15 yrs)

+					+
INTERVIEWER: WR	ITE IN FROM CA	PI SCREEN			
Serial				Person numb	er
First name		Interviewe	r number	Month	
			1 1		
+					+

Understanding Society

COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered by marking an "x" in the box next to the answer you want to give, as in the example below.

Please complete the questionnaire in black or blue ink, keeping your answers within the boxes. This questionnaire will be read by a scanner so please mark your changed your mind please completely fill the box to show the mistake and then put an "x" in the box next to the correct answer.

Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example question

Did you have breakfast today?

Yes X

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.

3

+ + + + The next few questions are about your relationship with your How often do any of your brothers or sisters do any parents even if either of them live in a different household to you. of the following to you at home? Quite a lot (more than 4 Not much A lot (1-3 times in times in the (a few times Most children have occasional guarrels with their parents. Never last 6 months) last 6 months) every week) How often do you quarrel with your mother? **YPARGM** Hit, kick, or push you Most days **YPSIBHIT** More than once a week Take your belongings **YPSIBSTEAL** Less than once a week Call you nasty names YPSIBVERAB Hardly ever Make fun of you Don't have a mother **YPSIBTEASE** How often do you do any of the following to your brothers or How often do you quarrel with your father? sisters at home? Quite a lot **YPARGF** (more than 4 A lot Most days Not much (a few times (1–3 times in times in the Never last 6 months) last 6 months) every week) More than once a week Hit, kick, or push them Less than once a week **YPHITSIB** Hardly ever Take their belongings **YPSTEALSIB** Don't have a father Call them nasty names **YPVERABSIB** Make fun of them **YPTEASESIB**

+

+

9

8

+ + + + How would you rate your relationship with your step-mother or father, How often do you talk to your mother, about things that matter to you? or other person like this? **YPTLKM** Very good Most days **YPSTEPREL** More than once a week Less than once a week Hardly ever Don't have a mother Very poor How often do you talk to your father, about things that matter to you? **YPTLKF** Most days More than once a week Less than once a week Hardly ever Don't have a father Do you have a step-mother or father, or someone like this, living at home with you? **YPSTEPHAS** 10 + 11 +

+ + +

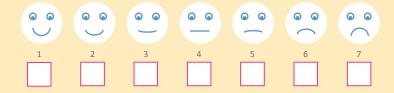
Now for some questions about how you see yourself as a person. For each item, please put an "x" in the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you aren't absolutely certain. Please give your answers on the basis of how things have been for you over the last six months. Not Somewhat Certainly true true true I try to be nice to other people. I care about their feelings **YPSDQA** I am restless, I cannot stay still for long _YPSDQB I get a lot of headaches, stomach-aches or sickness YPSDQC I usually share with others (food, games, pens, etc.) **YPSDQD** I get very angry and often lose my temper **YPSDQE** I am usually on my own. I generally play alone or keep to myself YPSDQF I usually do as I am told **YPSDQG** I worry a lot **YPSDQH** I am helpful if someone is hurt, upset or feeling ill **YPSDQI** I am constantly fidgeting or squirming **YPSDQJ** I have one good friend or more **YPSDQK**

	Not true	Somewhat true	Certainly true
I fight a lot. I can make other people do what I want YPSDQL			
I am often unhappy, down-hearted or tearful			
Other people my age generally like me YPSDON			
I am easily distracted, I find it difficult to concentrate			
I am nervous in new situations. I easily lose confidence YPSDOP			
I am kind to young children YPSDOO			
I am often accused of lying or cheating			
Other children or young people pick on me or bully me			
I often volunteer to help others (parents, teachers, children) YPSDQT			
I think before I do things YPSDQU			
I take things that are not mine from home, school or elsewhere			
I get on better with adults than with people my own age YPSDQW			
I have many fears, I am easily scared YPSDQX			
I finish the work I'm doing YPSDOY			

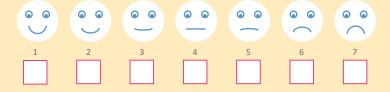
+ + + + 13

The next few questions are about how you feel about different aspects of your life. The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy. Please put an "x" in the box which comes closest to expressing how you feel about each of the following things...

A Your school work? YPHSW



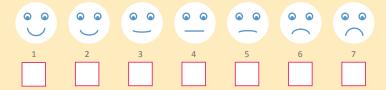
B Your appearance? YPHAP



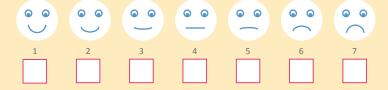
C Your family? YPHFM



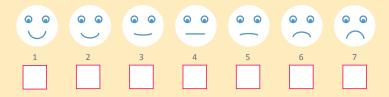
D Your friends? YPHFR



E The school you go to? YPHSC



F Which best describes how you feel about your life as a whole? YPHLF



+	+
And how often would you say you yourself misbehave or cause trouble in your classes?	Do you <u>physically</u> bully other children at school by hitting or pushing them around, threatening them or stealing their things?
YPMISBSCH In most or all of your classes	YPFRPBULLY Never
Less often but in more than half of your classes	Not much (1–3 times in the last 6 months)
In about half your classes	Quite a lot (more than 4 times in the last 6 months)
Now and then	A lot (a few times every week)
This is not a problem at all	
Now some questions about bullying at school.	How often do you bully children in other ways at school such as calling them names, leaving them out of games or spreading nasty stories about them on purpose?
How often do you get <u>physically</u> bullied at school, for example getting hit, pushed around or threatened, or having belongings stolen?	YPFROBULLY Never
YPFRPBULLI Never	Not much (1–3 times in the last 6 months)
Not much (1–3 times in the last 6 months)	Quite a lot (more than 4 times in the last 6 months)
Quite a lot (more than 4 times in the last 6 months)	A lot (a few times every week)
A lot (a few times every week)	Here are some questions about money and any work you may do.
How often do you get bullied in other ways at school such as getting	Which of the following describes what you <u>usually</u> do with your money?
called names, getting left out of games, or having nasty stories spread about you on purpose?	YPSAVE I save up to buy things I want
YPFROBULLI Never	I save money and try not to spend it
Not much (1–3 times in the last 6 months)	I spend money as soon as I get it
Quite a lot (more than 4 times in the last 6 months)	I generally do not have pocket money
A lot (a few times every week)	
+ 22 +	+ 23 +

+	+
How much money did you receive last week to spend on yourself? Please include pocket money and any allowance you get. But if you	Who do you look after? Please add an 'x' for all that apply.
have a job, do not include money you earned.	Mother/Father YPCAWHO1
YPPKMP Write in number of £ and pence	Grandfather/Grandmother YPCAWHO2
	Brother/Sister YPCAWHO3
Did you do any paid work last week?	Another adult relative YPCAWHO4
	Another adult who is not a relative YPCAWHO5
YPWKLW Yes 49	Another child relative YPCAWHO6
No	Another child who is not a relative YPCAWHO7
How many hours paid work did you do last week? If you have more than one job please write in the total hours worked at all of them. YPWHRS Write in hours	About how many hours a week would you say that you usually spend looking after or doing things for them? YPCAHRS Write in hours
	How often do you have to miss school to do this?
What was your total pay last week? If you earned money from more than one job, please write in the total you earned from all of them.	YPCASCH Never
YPPAY Write in number of £ and pence	Once a week or more often
	Once or twice a month
	Here are a few questions about health, nutrition and exercise.
The next questions are about taking care of others	55 In general, would you say your health is
Some people your age may have to look after other people. This could be a brother or sister, a relative or someone else who is	VDCDIJI TIJ Excellent
disabled or sick. Is there anyone like this who lives here with you that you have to look after on a regular basis?	YPSRHLTH Very good
	Good
YPCARE Yes – in this household 52	Fair
No	Poor
+ 24 +	+ 25 +

+	+
Do you have a long-term health problem or disability that limits your day-to-day activities? By long term we mean anything that has lasted, or is expected to last, at least 3 months. YPLTDIS Yes, limited a lot Yes, limited a little No	How many days in a usual week do you eat crisps or sweets or have fizzy drinks such as Coke or lemonade? YPJFD Every day, or nearly every day About once a week Every now and then Never or hardly ever
YPBREAKFST Everyday 4-6 days 1-3 days Never or hardly ever How many days in a usual week do you eat fast food such as McDonalds, Burger King, KFC or other take-aways like that? YPFFDWK Every day, or nearly every day About once a week Every now and then Never or hardly ever	How many portions of fresh fruit or vegetables do you eat on a typical day? One portion is one piece of fruit or one serving of a vegetable or salad item. YPFRUTPPD 5 or more portions 3-4 portions None Do you think that you are YPHLWTR About the right weight Underweight Slightly overweight Very overweight Don't know
+ 26 +	+ 27 +

+				+		+
Do you ever diet or try to	olose	weight?				How many days in a usual week do you play sports, do aerobics or do some other keep fit activity?
YPTRYDIET Ye	es, all	the time				YPPSPRT Every day
Yes, son	ne of	the time				5-6 days
	N	o, never				3-4 days
						1-2 days
What type of exercise do you do, including things like cycling or walking		Less often than once a week				
to school, or what sports do you play? Please put an "x" in the box for each one you do.			Never or hardly ever			
Walking, including			Cricket			never or hardly ever
walking the dog		YPEXTYPE1	Cricket	YPE	XTYPE10	65 What is the main way you usually travel to school?
Swimming or diving		YPEXTYPE2	Athletics	YPE	XTYPE11	
						YPTRVL2SCH Walk all the way
Cycling		YPEXTYPE3 M	artial Arts	YPE	XTYPE12	Ride a bike
Jogging or running		YPEXTYPE4 Ho	orse riding	VPE	XTYPE13	By bus or tube
		IFLXIIFL 4			William Control	By car
Tennis, squash or badminton		YPEXTYPE5 G	ymnastics	YPE	XTYPE14	By train
Keep fit, aerobics			Dance			Some other way/combination
or gym training		YPEXTYPE6	Dance	YPE>	XTYPE15	
Football			oe of sport or activity	YPE	XTYPE16	Do you ever smoke cigarettes at all? Please do not include electronic
			,			cigarettes (e-cigarettes). YPEVRSMO
Rugby		YPEXTYPE8				Yes 67
Netball, basketball or hockey		YPEXTYPE9				No
or flockey		II LATITES				
+	2	8		+		+ 29 +

+ + + + Please pick one answer by adding an 'x' on the list for each of the following questions. Which of the following groups do you think you belong to? **YPRACE** White Asian or Asian British British Indian English Pakistani Scottish Bangladeshi Welsh Chinese Northern Irish Any other Asian background Irish Black / African / Caribbean / Black British Gypsy or Irish Traveller Caribbean Any other White Background African Any other Black background Mixed White and Black Caribbean Other White and Black African Arab White and Asian Any other ethnic group Any other mixed background 32 + 33 + + +

