

# **Self-completion questionnaire (10-15 yrs)**

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erial								Person	number	
rst name	'	,			Intervie	wer num	ıber	 	/lonth	

Understanding Society

40311018 W12 NI The General Data Protection Regulation (GDPR) sets out the rules under which we process and use your personal details, such as your name, address, and date of birth.

Your personal details are only used so we can:

- contact you each year to invite you to help us with another round of the survey
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By completing and returning this questionnaire, you are indicating that you are happy for us to use your answers in this way.

### COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered by marking an "x" in the box next to the answer you want to give, as in the example below.

Please complete the questionnaire in black or blue ink, keeping your answers within the boxes. This questionnaire will be read by a scanner so if you change your mind, please completely fill the box next to the mistake and then put an "x" in the box next to the correct answer.

Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

### **Example question**

16

Did you have breakfast today?

Yes X

No 18

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.



None Less than an hour 1–3 hours 4–6 hours 7 or more hours

On a weekend, that you spend using a	tablet, T							
computer? yptvv	/ianrw	Nava						
None								
Less than an hour								
	1–3 hours							
		4–6 hou						
	7 or r	nore hou	rs					
6 How often do		of these	louises fa					
6 How often do you	use any o							
1	Every day	At least once a week	At least once a month	Less than once a month	Never			
Watching programmes, ypdvpvm videos or movies								
ypdvvc Video calling								
ypdvpg Playing games								
School work or studying								
Posting pictures, videos, ypdvcrt or other things								
_								
7 Are there other ac	tivities y	ou use th	ese device	es for? y	pdvacto			

### The next questions are about friendships and socialising.

8 How many close friends would you say you have? ypnpal

Write in number

These days, it is possible to make new friends via the internet. Do you have any close friends that you have never met in person?

Yes No

In a typical week, how often do you get together with friends in person (outside of school or work)? ypfndmeet

Every day or almost every day

Several times a week

About once a week

Less often

Never

In a typical week, how often do you get together with friends online (including on your mobile phone, on social media, or through online gaming)? ypfndonl

Every day or almost every day

Several times a week

About once a week

Less often

Never

12	Do you have a social	media profile o	or account or	any sites o	r apps?
	vpsocweb				

On a normal school day, how many hours do you spend chatting or interacting with friends through social media, gaming websites or apps? ypnetcht

None

Less than an hour

1–3 hours

4–6 hours

7 or more hours

On a weekend, that is on a <u>Saturday or Sunday</u>, how many hours do you spend chatting or interacting with friends through social media, gaming websites or apps? ypnetchtw

None

Less than an hour

1 - 3 hours

4 - 6 hours

7 or more hours

15 How often do you feel lonely? yplonely

Some of the time

All of the time

### The next few questions are about you and your family.

In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you? ypeatlivu

None
1–2 times
3–5 times
6–7 times

About how many hours do you spend doing or helping with housework in an average week, such as time spent tidying your bedroom, cooking, cleaning or doing laundry? yphrshswk

Less than one hour

1–3 hours

4–6 hours

7 or more hours

In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were? yplate

Never

1–2 times

3–9 times

10 or more times

parents do any of the follow			dn't have do ase select all	-
Tell you off or sh	nout at you		yppun1	
Ground you, stop you going out of from seeing y			yppun2	
Take away poo	ket money		yppun3	
Punish you in some	other way		yppun4	
None of	the above		yppun5	
20 Do you have a steady boyfr	iend or girl	friend	d? ypsbfgf	
Yes	No			
Please say whether you stro		_	_	
	, statement	s app	ny to yourse	11.
	Strongly agree	Agree		Strongly disagree
I feel I have a number of good ypesta qualities	Strongly			Strongly
I feel I have a number of good	Strongly			Strongly
I feel I have a number of good ypesta qualities  I feel that I do not have much to	Strongly			Strongly
I feel I have a number of good ypesta qualities  I feel that I do not have much to ypesti be proud of	Strongly			Strongly
I feel I have a number of good ypesta qualities  I feel that I do not have much to ypesti be proud of pestb I certainly feel useless at times  I am able to do things as well as	Strongly			Strongly
I feel I have a number of good ypesta qualities  I feel that I do not have much to ypesti be proud of  pestb I certainly feel useless at times  I am able to do things as well as ypestj most other people	Strongly			Strongly
I feel I have a number of good ypesta qualities  I feel that I do not have much to ypesti be proud of  pestb I certainly feel useless at times  I am able to do things as well as ypestj most other people  ypestc I am a likeable person	Strongly			Strongly

Now some questions about how you spend your free time.							
How often do you							
	ı	Put an "x	" in one	box for	each line	е	
	Most days	At least once a week	At least once a month	Several times a year	Once a year or less	Never / almost never	
Go to a party, dance or ypfparty nightclub							
ypfcinema Go to the cinema							
ypfpaint Do painting, drawing, printmaking or sculpture							
ypftheatre Go to the theatre (for example play, musical, pantomime or opera)							
Use a computer to create original artworks or ypfpcart animation							
Go to watch live sport ypflvespt							
ypfgo2pub Go to a pub or bar							
Just hang around near ypfhnghm your home							
Just hang around in the high street or the town/city ypfhngtn centre							

23 And how often do yo	u					
_	ı	Put an "x	" in one	box for	each line	e
	Most days	At least once a week	At least once a month	Several times a year	Once a year or less	Never / almost never
Go to youth clubs, Scouts, Girl Guides or other ypfythclub organised activities						
Go to a library (not your ypflibrary school library)						
Go to museums or galleries ypfmuseum						
Go to visit an historic place ypfhistplc or stately home						
Do voluntary or community work (including doing this ypfvolunt as part of school)						
Go to a political meeting/ ypfpolitm march, rally or demonstration						
Over the past month Please do not include books please enter ze	comics	or maga	-		-	
Write in	number	of books	s			

Please read each of the following statements and put an "x" in the box that best applies to you.						
	Put an	"x" in one k	ox for ea	ch line		
	Often	Sometimes	Rarely	Never		
ypdisbuk We discuss books at home						
We discuss TV programme we ypdistv have watched at home						
My parents/other adults at home ypgetbuk buy me books as gifts						
My parents/other adults take me to museums or art galleries ypfadmus						
My parents/other adults take me ypfadspt to watch sporting events						
My parents/other adults take me to the theatre or to see a dance performance or classical music ypfadttr						
Do you play a musical instrument? ypmusinst						
Yes	No					

Which of the following regular classes do you do outside school, if any? Please put an "x" in the boxes next to all the things you do.

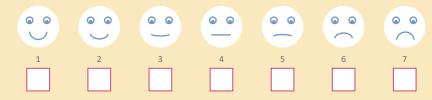
yposclas1	Music
yposclas2	Art
yposclas3	Dance
yposclas4	Sport
yposclas5	Tutorials for school subjects
yposclas6	Religious classes
yposclas7	None of these
yposclas8	omething else
yposclas8txt	(WRITE IN)

The next few questions are about how you feel about different aspects of your life.

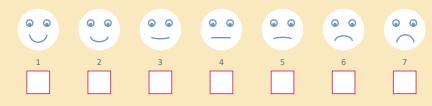
The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy.

Please put an "x" in the box which comes closest to expressing how you feel about each of the following things...

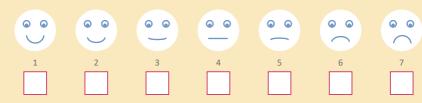
A Your school work? yphsw



B Your appearance? yphap



C Your family? yphfm



### **D** Your friends? yphfr















1











E The school you go to? yphsc















1













F Which best describes how you feel about your life as a whole? yphlf















1











+		
	+	

+

Overall, do you like living in your neigh	bourhood? ypllknbrn
Yes No	
How much do you worry that you migh	at be a victim of crime? ypcrwra
A big worry	
A bit of a worry	
An occasional doubt	
Not a worry at all	
How safe would you feel walking alone after dark? ypcrworb	in your neighbourhood
Very safe	
Fairly safe	
A bit unsafe	
Very safe	

The next questions are a	about school and	what you want to	2
happen in the future.			

How important do you think it is for you to do well in your GCSE exams or National Qualifications (if you live in Scotland)? ypacvwell

Very important	
Important	
Not very important	
Not at all important	

The age young people must stay in education or training differs across the UK. What would you most like to do when you have completed your final GCSE / National Qualification year at around age 16? yplvscdo

<b>→</b> 35	Get a full-time job
<b>3</b> 4	Stay at school or college to do A levels/ Highers
<b>→</b> 34	Get an apprenticeship
<b>→</b> 34	Do some other form of training
<b>3</b> 4	Do something else
<b>3</b> 4	Don't know

Would you like to go on to do further full-time education at a college or university after you finish school? yp2uni

Yes	
No	
on't know	

school without permission, even if it was only for a half day or single lesson? yptruant

No Yes

Here are a few questions about health.

35

36 In general, would you say your health is... ypsrhlth

> Excellent Very good Good Fair Poor

Do you have a long-term health problem or disability that limits your 37 day-to-day activities? By long term we mean anything that has lasted, or is expected to last, at least 3 months. ypltdis

> Yes, limited a lot Yes, limited a little No

38 About what time do you usually go to sleep on a school night? ypsleep1

> Before 9 pm 9 - 9:59 pm 10 - 10:59 pm 11 - midnight After midnight

39	About what time do you usually wake up in the morning on a
פכ	school day? ypsleep2

Before 6 am	
6 - 6:59 am	
7 - 7:59 am	
8 - 8:59 am	
After 9 am	

About what time do you usually go to sleep on the nights when you do not have school the next day? ypsleep3

Before 9 pm	
9 - 9:59 pm	
10 - 10:59 pm	
11 - midnight	
After midnight	

+					

you do not have school? ypsleep4

41

Before 8 am	
8 - 8:59 am	
9 - 9:59 am	
10 - 10:59 am	
11 - 11:59 am	
After Midday	

About what time do you wake up in the morning on the days when

42	During the last four weeks, how long did it usually take for you to
42	fall asleep? ypsleep5

0 - 15 minutes	
16 - 30 minutes	
31 - 45 minutes	
46 - 60 minutes	
More than 60 minutes	

During the last four weeks, how often did you awaken during your sleep time and have trouble falling back to sleep again? ypsleep6

All of the time	
Most of the time	
A good bit of the time	
Some of the time	
A little of the time	
None of the time	

Do you ever smoke cigarettes at all? P cigarettes (e-cigarettes/vaping). ypev	
Yes	<b>→</b> 45
No	<b>→</b> 46
Please read the statements below and statement that describes you best.	ypsmofrq
I have smoked only once or twice	
I used to smoke but I don't now	
I sometimes smoke, but not every week	
I usually smoke between one and six cigarettes a week	
I usually smoke more than six cigarettes a week	
Have you ever used e-cigarettes/vapir	ng? ypevresmo
I have never used e-cigarettes	
I have only tried using e-cigarettes once or twice	
I used e-cigarettes in the past, but never use them now	
I sometimes use e-cigarettes but less than once a month	
I use e-cigarettes at least once a month but less than once a week	
I use e-cigarettes at least once a week	

Just to remind you, all your answers are confidential and will not be seen by anyone in your household.

Have you ever had an alcoholic drink? That is a whole drink, not just a sip. ypevralc

How many times in the last <u>four weeks</u> have you had an alcoholic drink? ypdklm

Most days

Once or twice a week

2 or 3 times

Once only

49

49

Never

Thinking back over the last four weeks, how many times (if any) have you had five or more drinks on one occasion? (A 'drink' is one pint/bottle/can of beer or cider, 2 alcopops, one small glass of wine, a single measure of spirits). vp5alcdr

None

Once

Twice

Three to five times

Six to nine times

Ten times or more

On how many occasions (if any) have y from drinking alcohol, for example state being able to speak properly, throwing happened?	ggered when walking, not
0 1-2 3-5	6-9 10-19 20-39 40 or more
ypdrnklt In your lifetime	
During the last twelve ypdrnkyr months	
During the last four ypdrnk4w weeks	
Have you ever tried any of the following	ng?
Glue/solvent sniffing	Yes No ypdrgsol
Cannabis (also known as weed, marijuana, dope, hash or skunk)	ypdrgmj
Any other illegal drug (including ecstasy, cocaine, speed)	ypdrgoth
How many times have you ever used o	or taken any illegal drugs? ypfrdrg
Never	
Once or twice	
Three or four times	
Five to ten times	
More than ten times	

-	-	

How difficult do marijuana or ha	-		-	to get car	nnabis (weed,
		Impossib	le		
	V	ery difficu	ılt		
	Fa	irly difficu	ılt		
		Fairly ea	sy		
		Very ea	sy		
	I	Don't kno	w		
How much do you and in other wa	ys, if they		harming th		
	No risk	Slight risk	Moderate risk	Great risk	Don't know
Smoke cigarette: ypsmrsk1 occasionally					
Smoke one or more packs of cigarettes pe ypsmrsk2 day	r				
Have one or two alcoholic drinks nearly ypalcrsk1 every day	<b>y</b>				
Have four or five alcoholic drinks nearly ypalcrsk2 every day	<b>y</b>				
Have five or more alcoholic drinks each ypalcrsk3 weekend	n				

And how much do physically and in o	-			ng thems	elves,
	Pu	t an "x" i	n one box f	or each li	ine
	No risk	Slight risk	Moderate risk	Great risk	Don't know
ypmjrsk1 Try cannabis (weed, marijuana or hash) once or twice					
ypmjrsk2 Smoke cannabis (weed, marijuana or hash) occasionally					
ypmjrsk3 Smoke cannabis (weed, marijuana or hash) regularly					
Try ecstasy once or ypersk1 twice					
ypersk2 Take ecstasy regularly					
Try an amphetamine pamrsk1 (uppers, pep pills, speed) once or twice					
Take amphetamines					

ypamrsk2 regularly

-	1	
	•	

	How often in the west wenth how you	, had a fight with someone that
56	How often in the past month have you involved physical violence, such as hitti	
		7,718
	None	
	Once	
	2–5 times	
	6–9 times	
	10 or more times	
57	In the past year, have you deliberately that didn't belong to you? ypvand	broken or damaged property
	that didn't belong to you: ypvand	
	Never	
	Once or twice	
	Several times	
	Often	
58	In the past year, have you taken sometl supermarket, or department store with	• •
	supermarket, or department store with	ypsnop
	Never	
	Once or twice	
	Several times	
	Often	

Please pick one answer by adding an "X" on the list for each of the following questions.

Which of the following groups do you think you belong to? yprace

Wh	ite	Asian or Asian Briti	ish
British		Indian	
English		Pakistani	
Scottish		Bangladeshi	
Welsh		Chinese	
Northern Irish		Any other Asian background	
Irish		Plack/African/Caribboan/Pla	s ele
Gypsy or Irish Traveller		Black/African/Caribbean/Black British	
Any other White		Caribbean	
background		African	
Mix White and Black Caribbean	æd	Any other Black background	
		0+	her
White and Black African			ner
White and Asian		Arab	
Any other Mixed background		Any other ethnic group	

What is your religion? If you have no re "No religion". ypreligni	eligion put an "x" in the box
Catholic	
Presbyterian	
Church of Ireland	
Methodist	
Baptist	
Free Presbyterian	
Brethren	
Protestant – not specified	
Other Christian	
Buddhist	
Hindu	
Jewish	
Muslim	
Sikh	
No religion	
Any other religion	
I don't know.	

61	If you could vote for a political party which <u>one</u> would you vote for?
	vnyte3i

Ulster Unionist	
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SDLP	
000	

Green Party	Green	Party	
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JK Independence Party
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## 62 How interested are you in politics? ypvte6

\ /- ·-· ·	the second second	
very	interested	



The next questions are about what you want to do in the future.		
63	At what age do you want to get married? ypamar If you don't want to get married then write in zero.	
	Please write in age	
64	At what age would you like to start a family? If you don't want any children, write in zero. ypapar	
	Please write in age	
65	Thinking of your own future, what would you like to be doing with your life in about ten years' time from now?  ypfutatxt Write in as much as you like in the space provided.	
66	At what age would you like to leave home? vplyhm	
00	<b>,,</b>	
	Please write in age	

What job would you like to do once you leave school or finish your 67 What job would you ypsoc\_txt

# Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer.

Or please return to the address below:

Kantar
Unit 6 Cliveden Office Village
Lancaster Road
Cressex Business Park
High Wycombe
Buckinghamshire
HP12 3YZ