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COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered simply by ticking the box next to the answer, as in the example below. Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example Question

Q16 Did you have breakfast today?



When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.

Please write in your date of birth.	Do you belong to a social web-site such as Bebo, Facebook or MySpace?
Day Month Year	YPSOCWEB Yes 6
YPDOBM YPDOBY	No ☐ → 7
Please tick whether you are male or female.	
Male Female YPSEX	
How many hours do you spend watching TV, including video and DVDs, on a normal school day?	How many hours do you spend chatting or interacting with friends through a social web-site like that on a normal school day?
YPTVVIDHRS None	YPNETCHT None
Less than an hour	Less than an hour
1-3 hours	1-3 hours
4-6 hours	4-6 hours
7 or more hours	7 or more hours
How many hours do you spend watching TV, including video and DVDs, on a weekend, that is on Saturday or Sunday?	
YPTVVIDHRW None	7 Do you ever play multi-player online games?
Less than an hour	YPMULPGMS Yes
1-3 hours	No
4-6 hours	
7 or more hours	

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	s, how many times have you ea th the rest of your family who l		How many close fri if you were in some			friends	ou could to	alk to
YPEATLIVU	None		YPNPAL	Write in n	umber			
	1 or 2 times							
	3- 5 times		Do you have a stead	dy boyfrie	nd or girl	friend?		
	6- 7 times		YPSBFGF		Ye N			
housework in an a	hours do you spend doing or h average week, such as time sp , cleaning or doing laundry?		Please say whether or strongly disagree					
Don't	do any housework		to yourself.		Strongly agree	Agree	Disagree	Strong disagr
YPHRSHSWRK	Less than one hour		l feel I have a num good qu					
	1-3 hours 4-6 hours		I feel that I do not have to be pr					
	7 or more hours		I certainly feel useless at	times				
_			I am able to do things a as most other					
	n, how many times have you st without your parents knowing v		l am a likeable μ	person				
YPLATE	Never		l can usually so own pro					
	1-2 times 3-9 times		All in all, I am ir to feel I am a					
	10 or more times		At times I feel I am no good	d at all				

Strongly disagree

YPESTA

YPESTI

YPESTB

YPESTJ

YPESTC

YPESTK

YPESTE

YPESTF

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	Now some questions abo	out how you spend your free time.	
	14 How often do you		15 And how often do you
		Tick one box for each line	Tick one box for each line
YPFP!	ARTY Go to a party, dance, disco, or nightclub	At least At least Several Once a Never/ Most once a once a times a year or almost days week month year less never	Go to youthclubs, scouts, YPFYTHCLUB girl guides or other organised activities At least At least Several Once a very once a times a year or almost week month year less never
YPFC1	LNEMA Go to the cinema		YPFL IBRARY school library)
YPFPA	INT Do painting, drawing, printmaking or sculpture		Go to museums or galleries YPFMUSEUM
YPFTHEA	Go to the theatre (for example ATRE play, pantomime or opera)		Go to visit an historic place YPFHISTPLC or stately home
YPFPC	ART Use a computer to create original artworks or animation		Do voluntary or community work (including doing this YPFVOLUNT as part of school)
YPFL	VESPT Go to watch live sport		Go to a political meeting/ march, rally or demonstration
YPFG	Go to a pub or bar		YPFPOLITM Over the past month how many books have you read for pleasure?
YPFHN	Just hang around/mess about GHM near your home		Please do not include comics or magazines. If you have not read any books please enter zero.
YPFH	Just hang around/mess about in the high street or the town/city centre		YPNBUKS Write in number of books

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Please read each of the that best applies to you.		nd tick the box	18	Do you play a m	nusical instrument?		
		for each line		YPMUS	INST	/es	
We discuss books at home	Often Sometimes	Rarely Never				No	
We discuss TV programmes we			19	Which of the fo	llowing regular classes do yo ick all the things you do.	u do ou	tside schoo
PGETBUK My parents/other adults at home buy me books as gifts					Ми	sic	YPOSC
My parents/other adults						Art	YPOSC
take me to museums or art galleries					Dar		YPOSC
YPFADSPT My parents/other adults take me to watch sporting events					Sp		YPOSC
My parents/other adults					Tutorials for school subje		YPOSO YPOSO
take me to the theatre or to see a dance performance or classical music					None of the		YPOS
			9	Something else (WRITE IN)			YPOSC

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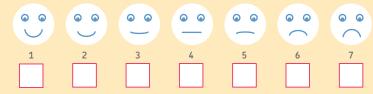
The next few questions are about how you feel about different aspects of your life.

The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy.

Please tick the box which comes closest to expressing how you feel about each of the following things...

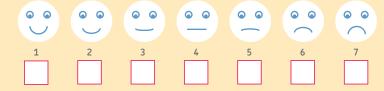
A Your school work?





B Your appearance?

YPHAP



C Your family?

YPHFM



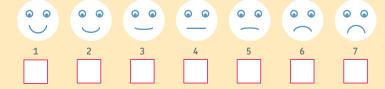
D Your friends?

YPHFR



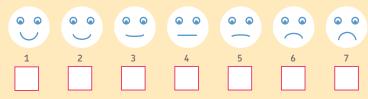
E The school you go to?

YPHSC



 ${f F}$ Which best describes how you feel about your life as a whole?





The next few questions are about any homework you might be asked to do by teachers at your school. 'Homework' is any work set for you by teachers which is to be done outside lessons even if you do the work at school after lessons rather than taking it home with you.	When you do ho term time, how your homework? Write in the
Do you ever get set any homework at school? YPHMWRK Yes No 28	25 And how many hon the weekend Write in the
How often are you given homework? Most days Once a week at least	Does anyone her even if it's only o
Sometimes, less than once a week Hardly ever Never	27 Who usually help
During an average week in term time, on how many evenings do you do any homework? Please just think about Monday to Friday evenings during term time. Write in the number of evenings you do homework YPHMWEVE	A brother or sister Another of the state of

24	When you do homework on a week-day ever time, how many hours do you usuall your homework?	
	Write in the number of hours	YPHMWKHRS
25	And how many hours do you usually spend on the weekend during term-time?	d doing homework
	Write in the number of hours	YPHMWKWE
26	Does anyone here at home help you with yeven if it's only occasionally? Yes No	YPHMWKHLP
27	Who usually helps you with your homewor	,
	Mum or stepmum	YPHMWKWHO1
	Dad or stepdad	УРНМЖКЖНО2
	A brother or sister (or stepbrother/sister)	УРНМИКИНО3
	Another relative living with you	УРНМЖКЖНО4
	Any non-relative living with you	ҮРНМЖКЖНО5
	No one, I do it myself	<u>ҮРНМЖКЖНО</u> 6

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The next questions happen in the futu	s are about school and what you want to ire.	
How important GCSE exams or YPACVWELL	do you think it is for you to do well in your Standard Grades (if you live in Scotland)? Very important Important Not very important Not at all important	Would you like to go on to do further full-time education at a college or university after you finish school? YP2UNI Yes No Don't know
At the moment What would your YPLVSC2DO	Get a full time job	In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day or single lesson? YPTRUANT Yes No

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Here are a few que	stions about health and nutrition.	
32 In general, would YPSRHLTH	d you say your health is Excellent Very good Good Fair Poor	How tall are you without shoes? Please use either feet and inches or metres and centimetres – whichever you know the best. WRITE IN Feet and inches YPHLHTTTXT Metres and centimetres Don't know YPHLHTDK
	ons of fresh fruit or vegetables do you eat on a portion is one piece of fruit or one serving of a	And how much do you weigh without clothes on? If you are not sure please write in your best guess. WRITE IN
YPFRUTPPD	5 or more portions 3 – 4 portions 1–2 portions	Stones and pounds YPHLWTSTXT Kilograms YPHLWTKTXT
	None None	Not sure and can't guess YPHLWTDK

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Do you think that you are YPHLWT: About the right weight	What type of exercise do you do, including things like cycling or walking to school, or what sports do you play? Please tick the box for each one you do.	
Underweight Slightly overweight	YPEXTYPE1 Walking, including walking the dog Cricket YPEX	TYPE1
Very overweight Don't know	YPEXTYPE2 Swimming or diving Athletics YPEX	TYPE1
	YPEXTYPE3 Cycling Martial Arts YPEX	TYPE1
Do you ever diet or try to lose weight? YPT	RYDIET	TYPE1
Yes, all the time Yes, some of the time	YPEXTYPE6 Keen fit perohics or	TYPE1
No, never	gym training	TYPE1
	YPEXTYPE8 Rugby	
	YPEXTYPE9 Netball, basketball or hockey	

How many days in a usual week do you play sports, do aerobics or do some other keep fit activity? Every day	Do you ever smoke cigarettes at all? YPEVRSMO Yes 42
5-6 days	No
1-2 days Less often than once a week Never or hardly ever	Please read the statements below and tick the box beside the statement that describes you best. YPSMOFRQ I have smoked only once or twice
What is the main way you usually travel to school?	I used to smoke but I don't now I sometimes smoke, but not
What is the main way you usually travel to school: YPTRVL2SCH Walk all the way Ride a bike	I usually smoke between one and six cigarettes a week
By bus or tube By car	I usually smoke more than six cigarettes week
By train Some other way/combination	Just to remind you, all your answers are confidential and will not be seen by anyone in your household.
	Have you ever had an alcoholic drink? That is a whole drink, not just a sip. YPEVRALC Yes
	No

How many times in the last four weeks have you had an alcoholic drink? YPDKLM Most days 45	On how many occasions (if any) have you been intoxicated or drunk from drinking alcohol, for example staggered when walking, not being able to speak properly, throwing up or not remembering what happened?
Once or twice a week 45 2 or 3 times 45 Once only 45	In your lifetime
Never 46 Thinking back over the last four weeks, how many times (if any) have you had five or more driples on one accession? (A 'driple' is	During the last four weeks YPDRNK 47 Have you ever tried any of the following? Yes No Glue/solvent sniffing YPDRGSOL
have you had five or more drinks on one occasion? (A 'drink' is one pint/bottle/can of beer or cider, 2 alcopops, one small glass of wine, a single measure of spirits). YP5ALCDR None Once	Cannabis (also known as marijuana, dope, hash or skunk) Any other illegal drug (including ecstasy, cocaine, speed) YPDRGMJ YPDRGOTH
Three to five times Six to nine times Ten times or more	How many times have you ever used or taken any illegal drugs? YPFRDRG Never Once or twice Three or four times
	Five to ten times More than ten times

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How difficult do you think it would be for you to get cannabis (marijuana or hash) if you wanted? YPEASMJ					And how much do you thi themselves, physically an						
Impossil	ole							Tick on	e box for	each line	2
Very diffic	ult						No risk	Slight risk	Moderate risk	Great risk	Don't know
Fairly diffic	ult					Try cannabis (marijuana or hash) once or twice					YPMJRSK1
Fairly ea						Smoke cannabis (marijuana or hash) occasionally					YPMJRSK
Don't kno						Smoke cannabis (marijuana or hash) regularly					YPMJRSK
						Try ecstasy once or twice					YPERSK1
How much do you think PEOPLE physically and in other ways, if t		ming then	nselves,			Try an amphetamine (uppers, pep pills, speed) once or twice					YPAMRSK1
		ne box for (each line			Take amphetamines regularly					YPAMRSK2
No risk	Slight risk	Moderate risk	Great risk	Don't know							
Smoke cigarettes occasionally				Y	PSMRSK1						
Smoke one or more packs of cigarettes per day				Y	PSMRSK2						
Have one or two alcoholic drinks nearly every day				Y	PALCRSK1						
Have four or five alcoholic drinks nearly every day				Y	PALCRSK2						
Have five or more alcoholic drinks each weekend				Y	PALCRSK3						

The next questions are about what you want to do in the future.	
52	At what age do you want to get married? If you don't want to get married then write in zero. Please write in age: YPAMAR
53	At what age would you like to start a family? If you don't want any children, write in zero. Please write in age: YPAPAR
54	Thinking about your own future, what would you like to be doing with your life in about ten years' time from now? Write in as much as you like in the space provided. YPFUTATXT

Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer

Or please return to the address below:

National Centre for Social Research Unit B2, Admiralty Park, Station Road, Holton Heath, Poole, BH16 6HX

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