YOUR OUESTIONNAIRE



Self-completion questionnaire (10-15 yrs)

YOUR QUESTIONIA

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Understanding Society

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The General Data Protection Regulation (GDPR) sets out the rules under which we process and use your personal details, such as your name, address, and date of birth.

Your personal details are only used so we can:

- contact you each year to invite you to help us with another round of the survey
- send you information about some of the results of the study

Your personal details are never made available to any other companies or individuals outside the Understanding Society team at the Institute for Social and Economic Research, Kantar Public and NatCen Social Research.

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https://www.understandingsociety.ac.uk/participants/data-confidentiality

COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered by marking an "x" in the box next to the answer you want to give, as in the example below.

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Please complete the questionnaire in black or blue ink, keeping your answers within the boxes. This questionnaire will be read by a scanner so if you change your mind, please completely fill the box next to the mistake and then put an "x" in the box next to the correct answer.

Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example question

Did you have breakfast today?

Yes X

When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.

3

+ + + + The next few questions are about your relationship with your How often do any of your brothers or sisters do any parents even if either of them live in a different household to you. of the following to you at home? Quite a lot (more than 4 Not much A lot (1-3 times in times in the (a few times Most children have occasional guarrels with their parents. Never last 6 months) last 6 months) every week) How often do you quarrel with your mother? Hit, kick, or push you **YPARGM** Most days YPSIBHIT More than once a week YPSIBSTEAL Take your belongings Less than once a week **YPSIBVERAB** Call you nasty names Hardly ever Make fun of you **YPSIBTEASE** Don't have a mother How often do you do any of the following to your brothers or How often do you quarrel with your father? sisters at home? Quite a lot **YPARGF** Most days (more than 4 A lot Not much (a few times (1–3 times in times in the Never last 6 months) last 6 months) every week) More than once a week Hit, kick, or push them **YPHITSIB** Less than once a week Hardly ever Take their belongings **YPSTEALSIB** Don't have a father **YPVERABSIB** Call them nasty names **YPTEASESIB** Make fun of them 8 9 + + +

+ + + + How would you rate your relationship with your step-mother or father, How often do you talk to your mother, about things that matter to you? or other person like this? Very good Most days **YPTLKM** YPSTEPREL More than once a week Less than once a week Hardly ever Don't have a mother Very poor How often do you talk to your father, about things that matter to you? Most days YPTLKF More than once a week Less than once a week Hardly ever Don't have a father Do you have a step-mother or father, or someone like this, living at home with you? **YPSTEPHAS** 10 11 + + +

For each item, please put an "x" in the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you aren't absolutely certain. Please give your answers on the basis of how things have been for you over the last six months. Not Somewhat Certainly true true true I try to be nice to other people. **YPSDQA** I care about their feelings I am restless, I cannot **YPSDQB** stay still for long I get a lot of headaches, **YPSDQC** stomach-aches or sickness I usually share with others YPSDQD (food, games, pens, etc.) I get very angry and often YPSDQE lose my temper I am usually on my own. I generally **YPSDQF** play alone or keep to myself YPSDQG I usually do as I am told I worry a lot YPSDQH I am helpful if someone is hurt, YPSDQI upset or feeling ill I am constantly fidgeting YPSDQJ or squirming I have one good friend YPSDQK or more

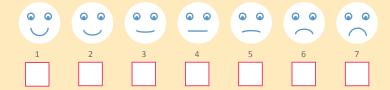
	Not true	Somewhat true	Certainly true	
I fight a lot. I can make other people do what I want			YPSDQL	
I am often unhappy, down-hearted or tearful			YPSDQN	Λ
Other people my age generally like me			YPSDQN	
I am easily distracted, I find it difficult to concentrate			YPSDQO	
I am nervous in new situations. I easily lose confidence			YPSDQP	
I am kind to young children			YPSDQC	l
I am often accused of lying or cheating			YPSDQR	
Other children or young people pick on me or bully me			YPSDQS	
I often volunteer to help others (parents, teachers, children)			YPSDQT	
I think before I do things			YPSDQU	
I take things that are not mine from home, school or elsewhere			YPSDQV	
I get on better with adults than with people my own age			YPSDQW	1
I have many fears, I am easily scared			YPSDQX	
I finish the work I'm doing			YPSDQY	

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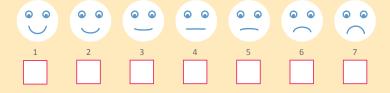
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The next few questions are about how you feel about different aspects of your life. The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy. Please put an "x" in the box which comes closest to expressing how you feel about each of the following things...

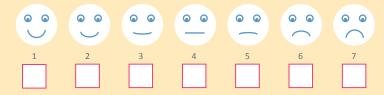
A Your school work? YPHSW



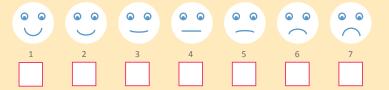
B Your appearance? YPHAP



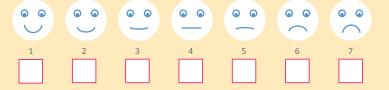
C Your family? YPHFM



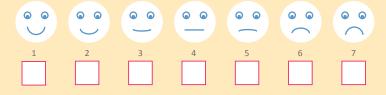
D Your friends? YPHFR



E The school you go to? YPHSC



F Which best describes how you feel about your life as a whole? YPHLF



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17

+ + + The next questions are about school and what you want to Would you like to go on to do further full-time education happen in the future. at a college or University after you finish school? YP2UNI How important do you think it is for you to do well in your GCSE exams or National Qualifications (if you live in Scotland)? Don't know Very important ypacvwell Important Not very important In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day Not at all important or single lesson? **YPTRUANT** The age young people must stay in education or training differs somewhat across the UK. What would you most like to do when you have completed your final GCSE / National Qualification year at around age 16? yplvsc2do Get a full-time job My parents are interested in how I do at school. Stay at school or college to do A levels/Highers Always or nearly always **YPPARSCH** Get an apprenticeship Sometimes Do some other form of training Hardly ever Do something else Never Don't know Not sure 18 19 + + +

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+	+
36 My parents come to school parents evenings.	And how often would you say you yourself misbehave or cause trouble in your classes?
Always or nearly always YPPAREVE	YPMISBSCH In most or all of your classes
Sometimes	Less often but in more than half of your classes
Hardly ever	In about half your classes
Never	Now and then
Not sure	This is not a problem at all
How often do other pupils at your school michehove or says	Now some questions about bullying at school.
How often do other pupils at your school misbehave or cause trouble in your classes?	How often do you get <u>physically</u> bullied at school, for example getting hit, pushed around or threatened, or having belongings stolen?
YPOTRMISB Loss often but in more than	YPFRPBULLI Never
Less often but in more than half of your classes	Not much (1–3 times in the last 6 months)
In about half your classes	Quite a lot (more than 4 times
Now and then	in the last 6 months) A lot (a few times every week)
This is not a problem at all	
	How often do you get bullied in <u>other ways</u> at school such as getting called names, getting left out of games, or having nasty stories spread about you on purpose?
	YPFROBULLI Never
	Not much (1–3 times in the last 6 months)
	Quite a lot (more than 4 times in the last 6 months)
	A lot (a few times every week)
+ 20 +	+ 21 +

+	+
Do you physically bully other children at school by hitting or pushing them around, threatening them or stealing their things? YPFRPBULLY Never Not much (1–3 times in the last 6 months) Quite a lot (more than 4 times in the last 6 months) A lot (a few times every week)	How much money did you receive last week to spend on yourself? Please include pocket money and any allowance you get. But if you have a job, do not include money you earned. YPPKMP Write in number of £ Did you do any paid work last week? YPWKLW Yes 46
How often do you bully children in other ways at school such as calling them names, leaving them out of games or spreading nasty stories about them on purpose? YPFROBULLY Never	How many hours paid work did you do last week? If you have more than one job please write in the total hours worked at all of them. YPWHRS Write in hours
Not much (1–3 times in the last 6 months) Quite a lot (more than 4 times in the last 6 months) A lot (a few times every week) Here are some questions about money and any work you may do.	What was your total pay last week? If you earned money from more than one job, please write in the total you earned from all of them. YPPAY Write in number of £ and pence
Which of the following describes what you usually do with your money? YPSAVE I save up to buy things I want I save money and try not to spend it I spend money as soon as I get it I generally do not have pocket money	The next questions are about taking care of others Some people your age may have to look after other people. This could be a brother or sister, a relative or someone else who is disabled or sick. Is there anyone like this who lives here with you that you have to look after on a regular basis? YPCARE Yes – in this household No 52
+	+ 23 +

+	+	+	+
Who do you look after? Please add an 'x Mother/Father Grandfather/Grandmother Brother/Sister Another adult relative Another adult who is not a relative Another child relative	YPCAWHO1 YPCAWHO2 YPCAWHO3 YPCAWHO4 YPCAWHO5 YPCAWHO6	day-to-day activ	long-term health problem or disability that limits your vities? By long term we mean anything that has lasted, to last, at least 3 months. Yes, limited a lot Yes, limited a little No
Another child who is not a relative	YPCAWHO7	54 How many days	s a week do you usually eat breakfast?
About how many hours a week would you spend looking after or doing things for the spend looking after or doing the spend looking after or doing things for the spend looking after or doing	ou say that you usually nem?	YPBREAKFST	Everyday 4-6 days 1-3 days Never or hardly ever
Once a week or more often Once or twice a month		McDonalds, Bui	s in a usual week do you eat fast food such as rger King, KFC or other take-aways like that? day, or nearly every day
Here are a few questions about health, 52 In general, would you say your health is.		YPFFDWK	About once a week Every now and then
YPSRHLTH Excellent Very good Good Fair Poor			Never or hardly ever
+ 24	+	+	25 +

+		+	+			+
	ays in a usual week do you eat crisps or sweets or have uch as Coke or lemonade?		Do you ever diet or try to	o lose weight?		
Ever YPJFD	y day, or nearly every day		YPTRYDIET Ye	es, all the time		
11310	About once a week		Yes, son	ne of the time		
	Every now and then			No, never		
Never or hardly ever How many portions of fresh fruit or vegetables do you eat on a typical			What type of exercise do to school, or what sports each one you do.			
day? One por salad item.	rtion is one piece of fruit or one serving of a vegetable or		Walking, including walking the dog	YPEXTYPE1	Cricket	YPEXTY
YPFRUTPPD	5 or more portions 3-4 portions		Swimming or diving	YPEXTYPE2	Athletics	YPEXT
	1-2 portions		Cycling	YPEXTYPE3	Martial Arts	YPEXT
_	None		Jogging or running	YPEXTYPE4	Horse riding	YРЕХТ
Do you think	that you are		Tennis, squash or badminton	YPEXTYPE5	Gymnastics	YPEXT
YPHLWTR	About the right weight Underweight		Keep fit, aerobics or gym training	YPEXTYPE6	Dance	
	Slightly overweight		Football	YPEXTYPE7 Oth	er type of sport	YPEXT
	Very overweight Don't know		Rugby	YPEXTYPE8	o. activity	
			Netball, basketball or hockey	УРЕХТҮРЕ9		
+	26	+	+	27		+

+	+	+
How many days in a usual week do some other keep fit activity?	you play sports, do aerobics or do	Please read the statements below and add an 'x' beside the statement that describes you best. YPSMOFRQ
YPPSPRT Every	day	I have smoked only once or twice
5-6 d 3-4 d		I used to smoke but I don't now
1-2 d	ays	I sometimes smoke, but not every week
Less often than once a w Never or hardly e		I usually smoke between one and six cigarettes a week
Never of Haruly e	vei	I usually smoke more than six cigarettes a week
62 What is the main way you usually t	avel to school?	
YPTRVL2SCH Walk all the v	vay	Have you ever used e-cigarettes? YPEVRESMO
Ride a b	ike	I have never used e-cigarettes
By bus or to	car	I have only tried using e-cigarettes once or twice
By tı		I used e-cigarettes in the past,
Some other way/combinate		but never use them now
		I sometimes use e-cigarettes but less than once a month
Do you ever smoke cigarettes at all cigarettes (e-cigarettes).	Please do not include electronic	I use e-cigarettes at least once a month but less than once a week
YPEVRSMO Yes 64		I use e-cigarettes at least once a week
No	→ 65	
+ 28	+	+ 29

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Thank you for your help

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Please place the questionnaire in the envelope and hand it back to your interviewer.

31

Or please return to the address below:

Kantar
Unit 6
Cliveden Office Village
Lancaster Road
Cressex Business Park
High Wycombe
HP12 3YZ

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